



JACARDI

Joint action
cardiovascular diseases
and diabetes

Action Plan on Synergies with Action Grants



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Glossary of Acronyms

Acronym	Description
CVDs	Cardiovascular diseases
DM	Diabetes Mellitus
EU	Europe
JACARDI	Joint Action on CARdiovascular diseases and DIabetes
MS	Member States
NCDs	Non-communicable diseases

Keywords

JACARDI; Action Grants; Synergies; Cardiovascular Diseases; Diabetes

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Action Plan on synergies with Action Grants

Executive Summary

The concept of "Synergies by Design" underpins the collaborative approach between JACARDI and nine action grants focused on "Prevention of NCDs – Cardiovascular Diseases, Diabetes, and Other NCDs." Synergies by Design, as embedded in the grant agreement, establishes a systematic framework for aligning and integrating activities across these projects to maximize impact and ensure cohesive action against non-communicable diseases (NCDs).

This Action Plan on synergies was developed based on a survey sent by the JACARDI Coordination Team to representatives of the Action Grants in May 2024. The survey focused on four synergy domains: 1) dissemination; 2) sustainability; 3) equity; and 4) implementation. By comparing objectives, strategies, and activities across these four key areas, the survey aimed to identify synergies and complementarities to support the development of potential joint actions that can be strengthened and maximized in the coming years.

This collaborative approach is intended to strengthen the impact of all involved projects on the prevention and management of non-communicable diseases within the framework of the EU4Health Programme.

1. Introduction

1.1 Non-Communicable Diseases (NCDs) in the EU

Non-Communicable Diseases (NCDs) pose a significant public health challenge in the European Union (EU), accounting for a substantial disease burden and economic cost. Cardiovascular diseases (CVDs), cancer, diabetes, and chronic respiratory diseases are among the leading NCD, responsible for a majority of premature deaths. These conditions are often preventable through addressing risk factors like tobacco use, unhealthy diets, physical inactivity, and harmful alcohol consumption. The EU has recognized the urgency of this issue and has launched initiatives to combat NCD, aiming to reduce their impact through prevention, early detection, and improved treatment.

In particular, CVDs remain the leading cause of death in the EU, affecting about 63 million people. The prevalence of diabetes has also risen dramatically, with the number of adults living with the condition nearly doubling in the past decade, reaching 32.3 million in 2019. These chronic diseases pose a significant threat to individual health and well-being, while also straining healthcare systems and hindering social and economic development.

1.2 The EU's Response: Action Grants on NCD Prevention

The EU has adopted a comprehensive approach to addressing NCDs through targeted funding mechanisms. By allocating resources to both Joint Actions and Action Grants, the EU supports diverse projects focused on the prevention and management of NCDs. This strategy encourages collaboration among Member States, advances research and innovation, and empowers communities to implement effective interventions. By addressing key risk factors and tackling health inequalities, the EU aims to reduce the burden of NCDs significantly and enhance the health and well-being of its citizens.

A notable example is the Joint Action on Cardiovascular Diseases and Diabetes (JACARDI), alongside Action Grants on “prevention of NCDs – cardiovascular diseases, diabetes, and other NCDs.”

To maximize the impact of European Commission funding for NCD prevention and control, fostering synergies by design between JACARDI and other Action Grants is critical. Identifying commonalities, complementarities, and opportunities for collaboration among these projects can enhance knowledge sharing, resource optimization, and overall effectiveness. This integrative approach will strengthen the EU's strategy for NCD prevention, promoting more cohesive and impactful outcomes across Member States.

1.3 Synergies by design

The concept of Synergies by Design is grounded in the principle of synergy, defined as the interaction or cooperation between entities that produces a combined effect greater than the sum of their individual efforts. Within this framework, Synergies by Design refers specifically to the intentional and structured alignment of activities, objectives, and resources across projects to enhance collective outcomes.

The concept of Synergies by Design is a cornerstone of the collaborative framework between JACARDI and nine Action Grants on “prevention of NCDs – cardiovascular diseases, diabetes, and other NCDs”. Rooted in the grant agreement, this approach establishes a structured mechanism for aligning and integrating activities across projects to maximize their collective impact. By fostering collaboration in key domains—dissemination, sustainability, equity, and implementation—Synergies by Design aims to create a unified

strategy that enhances resource efficiency and knowledge sharing. Key milestones, such as the establishment of the Transversal Synergy Group, synergy meetings, and a final conference, ensure continuous engagement and progress toward a cohesive Action Plan. This approach is designed to amplify the effectiveness of each project while promoting a harmonized effort to tackle NCDs within the framework of the EU4Health Programme, ultimately contributing to healthier, more equitable outcomes for European population.

1.4 Overview of JACARDI and the Action Grants

JACARDI aims to reduce the burden of CVD and diabetes (DM) in EU countries, both at individual and societal level. JACARDI is designed to integrate validated best practices and/or (cost-)effective interventions across countries and regions through transnational pilot initiatives, complementing and reinforcing existing policies and programs. The initiative covers the entire "patient journey", from improving health literacy and awareness of CVD/DM, travelling through screening and primary prevention among high-risk populations, reaching people living with CVD/DM and their care providers, improving service pathways, self-management, and labour participation. JACARDI also addresses transversal and intersectional aspects, e.g., promoting equity in health, social, cultural, and ethnic diversity and the improvement of data availability. The activities are distributed into 11 Work Packages (WPs): 5 transversal WPs, with one innovative WP on the development of a common methodological framework and integrative approach, and 6 technical WPs. The wide coverage of JACARDI is secured by the involvement of 21 EU countries and 81 partners. The widespread implementation of 143 pilots will ensure broad coverage and geographic extension, while the adoption of a common implementation and assessment methodology will minimise the risks of failure and facilitate the analysis of success and context factors. The resulting roadmap will serve as proof-of-concept case studies with the potential to extend and scale-up experiences at the national/regional level. JACARDI will enhance cross-national collaboration, maximising the exploitation of lessons learned through a clear strategy, engaging groups of interest, promoting integration and sustainability of approaches to achieve high-level impact, including the implementation of effective interaction, cooperation and co-creation between science and policy. The project consortium is composed of 81 partners covering 21 European countries. The project started on 01 November 2023 and has a duration of 48 months.

RESIL-Card project aims to develop a resilience assessment tool to help EU healthcare professionals and health systems self-assess their preparedness and improve their resilience for future crises, focusing on CVD care. By using the resilience assessment tool, the project will ensure that care delivery structures will take into account knowledge-based criteria and essential variables that impact their resilience, and work towards improving care for patients with CVD while ensuring care continuity during crises. The project will identify major gaps/barriers, good practices and lessons learnt from the COVID-19 pandemic – including digital tools implemented and still used - regarding CVD care efficiency and resilience in times of crisis to develop and pilot test a resilience assessment tool. The project will disseminate its findings to all relevant stakeholders and contribute to reduce care access inequalities thanks to better integrated and resilient cardiovascular care pathways. The project consortium is composed of 4 partners supported by NGOs, patient organisations, and healthcare providers. The project started on 1 December 2023 and has a duration of 36 months.

Perfecto project aims to prevent CVDs by detecting familial hypercholesterolemia (FH) early through pediatric screening. FH is a genetic condition that causes very high cholesterol and is a major risk factor for CVD. Despite being the most common genetic disease, less than 10% of people with FH are diagnosed. Early detection and treatment can significantly improve health outcomes. It will develop communication tools and raise awareness about FH among the public, medical professionals, and policymakers. A particular focus will be on reaching underserved populations such as Roma communities, migrants, and Ukrainians

displaced by the war. The project builds on a successful model for pediatric FH screening submitted by FH Europe and partner countries in 2020. The project is led by FH Europe Foundation, a network of patient organizations, and has five consortium partners from across Europe. The project officially began in December 2023 and will last 30 months.

PreAct project aims to educate and promote preventive health practices for CVDs and diabetes. The project will create a web platform (PRACT) to educate people about preventing CVDs and diabetes and will last for 36 months with 3 more work packages to be added later. The consortium is composed by a group of experienced academics/researchers from different scientific fields such as Sports Science, Nutrition (Democritus University of Thrace-DUTH, Greece), Physical Therapy (National University of Ukraine, NUUPES), and Public Health (PUC, Bulgaria) in collaboration with clinical experts (MED-DUTH), medical staff, cardio-doctors and endocrinologist, (UWA, University of Cyprus) and endocrinology researchers (IEM, Ukraine), together with experienced professionals with managerial skills (PUC), aiming to collectively work and promote innovative health preventive actions. Additionally, the partners with people who are in a disadvantaged position, such as Roma students (9SCH-Thrace area), Roma women or women living in the mountainous villages of Xanthi prefecture (IDX), people with disabilities (Mobility issues, (PER), and war refugees from the Ukrainian war (OPO), will give their point of view in order to make addition or corrections if necessary, for the successful design of PRACT. The project started in December 2023 and will last 36 months

PIA project aims to reduce NCDs risks through various activities for a consortium of five Red Cross-national societies across five countries. The project started in December 2023 and will last 24 months.

CaregIVR project uses immersive virtual reality to promote cardiovascular health among informal caregivers. The main goals are: increase caregiver health literacy through virtual reality, workshops, and online resources; improve caregiver skills in providing post-stroke care; prevent CVDs in caregivers through education and healthy lifestyle promotion; reduce health inequalities. The project targets Portugal, Italy, Spain, and Poland. . Partners include the Atlântica School of Health, Warsaw School of Economics, University of Florence and University of Huelva. The project was launched in November 2023 and has a duration of 36 months.

Preventia project aims to reduce health inequalities and the spread of NCDs through training, networking, and awareness campaigns. The consortium is composed by 7 organizations from 5 different EU countries, including Belgium (project headquarters), Lithuania, Croatia, Greece and Italy. The project started in January 2024 and will last 36 months.

PROVIDE project (Prediction and Prevention of Cardiovascular Disease in Diabetes) which develops a system for predicting and preventing CVDs in diabetic patients using innovative telehealth technology. It also analyzes ECG data to predict and prevent CVDs through innovative telehealth technology. The Consortium is made by nine partners from Spain, France, Italy, and Poland, with collaboration among physicians, bioengineers, and physicists. The project started in November 2023 and has a duration of 36 months.

DUSE project (Countering Diabetes Using Interdisciplinary Educative Programs) aims to develop and test a school-based educational program to raise awareness and knowledge about diabetes prevention in children and adolescents; utilize mobile app technology to promote healthy lifestyles, including good nutrition and daily exercise; encourage behavioral changes to prevent the onset of NCDs like diabetes. It has a Consortium composed by four EU countries (Italy, Greece, Romania, Ukraine) and five partners: University of Bologna (coordinator, Italy), Democritus University of Thrace (Greece), Association for All Suceava

(Romania), League of Tolerance Frankivsk (Ukraine), Research Institute of Sant'Orsola Hospital (Italy). The project started January 31st 2024 and will last for 3 years.

The Project PODiaCar aims to fight pediatric obesity from predictive tool to healthy educational programs. Thus, the main project goal is to create a multidimensional model to combat childhood obesity and its health risks. The Consortium is made up of wide geographical range across Europe (Italy, Spain, Luxembourg, Malta). The core Partners are Buzzi Children's Hospital (coordinator, Italy), University of Pavia (Italy), University of Granada (Spain), Lunex University (Luxembourg), Asomi College of Science (Malta). It has also the following Associated Partners: OBM, Associazione Ospedale dei Bambini Milano ETS (Italy), Fondazione Amici dell'infanzia (Italy), AAGD Lombardia Onlus (Italy). The project started in December 2023 and has a duration 36 months.

Box 1. Action Grants starting and ending date

Action Grants	Starting Date	End Date	Duration in month
RESIL-Card	01/12/2023	30/11/2026	36 months
Perfecto	01/12/2023	31/05/2026	30 months
PreAct	01/12/2023	30/11/2026	36 months
PIA	01/12/2023	30/11/2025	24 months
CaregIVR	01/11/2023	31/10/2026	36 months
Preventia	01/01/2024	31/12/2026	36 months
PROVIDE	01/11/2023	31/10/2026	36 months
DUSE	01/01/2024	31/12/2026	36 months
PODiaCar	01/12/2023	30/11/2026	36 months

2. Methodology: synergies framework

Synergies by Design, as embedded in the grant agreement, establishes a systematic framework for aligning and integrating activities across these projects to maximize impact and ensure cohesive action against non-communicable diseases.

Key milestones and deliverables for this initiative are reported in the JACARDI Grant Agreement and include:

- MS16: the Establishment of the Transversal Synergy Group
- MS46: the 1st Synergies Meeting
- MS47: the 2nd Synergies Meeting
- MS48: the Final Synergies Conference.

These events are complemented by deliverables D5.4 and D5.5, respectively focusing on developing the "Action Plan of Synergies with Action Grants" and providing a comprehensive "Final Report on Synergies."

JACARDI and the Action Grants have adopted a multi-step methodology to collaboratively determine the most effective approach for identifying common synergies and defining action points to be implemented in the coming months.

- **Step 1 - Online presentation meeting**
[February 2024]

On February 29, 2024, the first online introductory meeting between JACARDI and the nine Action Grants was conducted. This meeting provided a valuable opportunity to gain an overview of the projects and to immediately identify initial points of convergence.

- **Step 2 - Working space on Microsoft Teams**
[March 2024]

Following the meeting, the JACARDI Coordination Team established a shared space on the Microsoft Teams platform to facilitate the exchange of relevant documents with the Action Grants.

- **Step 3 - Survey on Synergies Framework to define commonalities**
[May - September 2024]

In preparation for Deliverable 5.4, Action Plan on Synergies with Action Grants, the JACARDI Coordination Team developed and distributed a survey (Annex 1) to support the analysis of shared objectives and areas of collaboration between JACARDI and the Action Grants. This survey aims to guide the design of targeted activities that enhance each project's contribution, maximize the collective impact, and prevent duplication of efforts.

The survey is structured into multiple sections:

Section 1: Comparative analysis of project objectives

Section 2: Focused areas of interest:

- **Dissemination**

In this section, the Action Grants were asked to provide a brief description of their dissemination and communication plans, including the tools and deliverables used. They were also asked to indicate any areas of alignment with JACARDI's dissemination strategy, based on its outlined approach.

- **Sustainability**

In this section, the Action Grants were asked to describe their sustainability plans, detailing the methodology, strategy, tools, involved stakeholders, and timeline for ensuring the long-term impact of their activities.

- **Equity**

In this section, the Action Grants were asked to describe their target population and outline any methodologies, strategies, or tools employed to incorporate an equity perspective into their activities.

- **Implementation**

The Implementation section followed the Patient Journey concept adopted in JACARDI, encompassing six dimensions of the integrated care, which are translated into the JACARDI technical Work Packages: *Health Literacy, Data Availability, Screening, Healthcare Pathways, Patients' self-management, Labour participation*. In this section, the Action Grants were asked to identify implementation activities aligned with one or more of the six dimensions of the Patient Journey.

The survey was sent out on May 23, 2024. The analysis of the survey responses enabled the development of an initial draft of the *Action Plan on Synergies*, focusing on the detailed description of each project and highlighting common areas of interest and collaboration. This preliminary draft serves as a foundation for fostering greater alignment among the participating initiatives. The draft was shared with both the Action Grants and the JACARDI Work Package leaders to encourage critical reflection and gather feedback on potential synergistic activities. This collaborative review process aims to refine and strengthen the proposed actions ahead of the *Meeting on Synergies* (Milestone 19), where consensus on joint activities will be reached.

By involving all key stakeholders early in the process, this approach ensures that the final Action Plan will be well-informed, actionable, and aligned with the broader objectives of both JACARDI and the Action Grants.

- **Step 4 - First Synergies Meeting (MS46)**
[October 2024]

On October 28, 2024, the event "*SYNERGIES BY DESIGN – Cooperation between JACARDI and the Related Action Grants on Cardiovascular Diseases and Diabetes*" was co-organized with HaDEA and held at the Spazio Europa venue in Rome. The event brought together key stakeholders, including HaDEA's Director Marina Zanchi, Head of Unit Florina Telea, and Assistant to the Director Ugo Guarnacci, along with the JACARDI Coordination Team, JACARDI Work Package leaders and representatives from the Action Grants.

The primary objective of this in-person meeting was to conduct a hands-on session focused on defining and advancing synergetic activities between JACARDI and the Action Grants. This collaborative effort aimed to establish a comprehensive framework for implementing these activities in the coming months.

During the meeting, the Transversal Synergies Group (M16) was officially established, comprising the JACARDI Coordination Team, JACARDI WP leaders, and representatives from the nine Action Grants.

Meeting Agenda and Activities

The meeting commenced with a welcoming address by Marina Zanchi, setting the stage for a day of collaborative discussions. Following this, plenary sessions were held to present and propose synergetic activities led by the horizontal WPs: WP2: Communication; WP4: Sustainability; WP5.3: Equity Perspective.

After the plenary, participants were divided into working groups based on JACARDI's technical WPs. Each Action Grant joined the WP most aligned with their overarching objectives, enabling in-depth discussions on shared goals and project-specific synergies.

To ensure actionable outcomes, JACARDI WP leaders completed a structured template outlining the agreed-upon action points. This document will serve as a critical foundation for defining and implementing the joint activities described in this deliverable.

The event concluded with closing remarks from Head of Unit Florina Telea, who emphasized the significance of fostering synergies across European initiatives working towards common objectives.

The event successfully established a solid framework for future cooperative efforts, reinforcing the shared commitment to enhancing public health through integrated, cross-project collaboration.

- **Step 5 – Action Plan on Synergies with Action Grants (D5.4)**
[October 2024]

This Deliverable 5.4 aims to present the rationale behind the "synergies by design" approach between JACARDI and the nine Action Grants, as well as the methodology adopted for the definition, implementation, and monitoring of these synergies.

The deliverable has been coordinated by the JACARDI Coordination Team in close collaboration with the coordinators of the Action Grants.

- **Step 6 - Synergies in Action**
[November 2024 - Ongoing]

Through this Deliverable 5.4 and future practical meetings, the outlined synergies will be implemented, fostering a collaborative framework. These efforts aim to create a dynamic approach for sharing methodologies, tools, and results, enhancing the collective impact of both JACARDI and the Action Grants.

By integrating diverse expertise and aligning on strategic objectives, this approach will not only strengthen individual projects but also contribute to the development of innovative solutions that address common challenges. These synergies are designed to maximize resource efficiency, promote best practices, and ensure that outcomes are widely disseminated and adopted across various initiatives. The ongoing collaboration will serve as a foundation for continuous learning and improvement, reinforcing the shared commitment to advancing cardiovascular disease and diabetes prevention and management across Europe.

- **Step 7 – Second Synergies Meeting (MS47)**
[November 2025]

Originally scheduled for April 2025, the Second Synergies Meeting will be held in November 2025, following an agreement with the HaDEA Project Officer. This rescheduling follows the postponement of the First Synergies Meeting—also requested by HaDEA—and allows sufficient time for the implementation of the initial joint activities described and outlined in the present Deliverable 5.4. The meeting will take place online to ensure broad participation across all involved participants and in alignment with JACARDI's commitment to minimising its environmental footprint.

The Second Synergies Meeting will serve multiple purposes:

- to present the progress made so far in terms of synergy-building between JACARDI and the Action Grants
- to reflect on the initial outcomes and impact of the activities carried out
- to strengthen collaboration for the upcoming phases
- and to foster a space for mutual learning and strategic exchange among EU-funded projects working towards common goals.

This meeting will contribute to further consolidating a shared vision and coordinated efforts in addressing NCDs and related health challenges at the European level.

- **Step 8 – Final Conference on Synergies with Action Grants (MS48)
[By October 2026]**

The Final Conference on Synergies between JACARDI and the Action Grants is planned to take place by October 2026; the precise date will be defined in agreement with the Action Grants and HaDEA. This event will represent a key milestone to present the synergies developed throughout the projects, the impact achieved, and the legacy that extends beyond the individual initiatives.

The conference will serve as a platform to:

- showcase concrete synergies developed and their impact
- reflect on enabling factors and barriers encountered in building synergies across EU-funded projects
- and identify good practices for effective inter-project cooperation.

Moreover, it will be an opportunity to highlight and formalise a shared commitment to continued collaboration toward common public health objectives, fostering a sense of continuity and strategic alignment across initiatives. This moment of collective reflection and forward-looking dialogue will support the development of more integrated and impactful European health actions in the future.

- **Step 9 – Final Report on Synergies with Action Grants (D5.5)
[October 2026]**

This final deliverable will provide a comprehensive overview and assessment of the synergies developed between JACARDI and the nine EU-funded Action Grants. Coordinated by the JACARDI Coordination Team, in close collaboration with the Action Grants, the report will document:

- the joint activities carried out, as outlined in the present Deliverable 5.4 and subsequent updates
- the outcomes and added value of collaborative efforts in terms of visibility, knowledge exchange, stakeholder engagement, and alignment of objectives
- key success factors and challenges encountered in building and sustaining inter-project synergies

- lessons learned and concrete good examples for fostering collaboration across EU-funded health initiatives
- recommendations for future synergy-building.

The report will also include insights and feedback gathered during the Second Synergies Meeting and the Final Conference on Synergies, serving as both a reflective and forward-looking document.

This deliverable will contribute to strengthening strategic coordination among European public health actions and offer a valuable reference for policymakers, project coordinators, and EU institutions seeking to maximise the impact of collaborative approaches in addressing NCDs and related challenges.

Box 2. Overview of Key Steps and Outputs in the Synergies Process between JACARDI and the Action Grants

Step	Key Outputs	Timeline
Step 1 – Online presentation meeting	Introductory online meeting with Action Grants; initial convergence points identified.	February 2024
Step 2 – Working space on Microsoft Teams	Creation of shared MS Teams workspace to exchange documents and facilitate communication.	March 2024
Step 3 – Survey on Synergies Framework	Survey distributed and analysed to identify shared objectives and define potential areas of collaboration across 4 domains: Dissemination, Sustainability, Equity, Implementation.	May–September 2024
Step 4 – First Synergies Meeting (MS46)	In-person event in Rome with HaDEA and Action Grants. Establishment of the Transversal Synergies Group. Drafting of joint actions and WP-specific synergies.	October 2024
Step 5 – Action Plan on Synergies with Action Grants (D5.4)	A comprehensive plan aims to present the rationale behind the "synergies by design" approach between JACARDI and the nine Action Grants, as well as the methodology adopted for the definition, implementation, and monitoring of these synergies.	October 2024
Step 6 – Synergies in Action	Implementation of synergetic activities as per Deliverable 5.4; continuous collaboration, knowledge exchange, and alignment across projects.	November 2024 – Ongoing
Step 7 – Second Synergies Meeting (MS47)	Online follow-up meeting to assess progress, reflect on outcomes, strengthen collaboration, and promote peer learning.	November 2025
Step 8 – Final Conference on Synergies with Action Grants (MS48)	Closing event to present impact and legacy of synergies, identify success factors and barriers, and promote continued inter-project cooperation.	By October 2026
Step 9 – Final Report on Synergies with Action Grants (D5.5)	Comprehensive report documenting synergies, joint actions, outcomes, lessons learned, and recommendations for future collaboration.	October 2026

3. Results from the Survey on Synergies Framework

In September, the JACARDI Coordination Team retrieved all the surveys from the Action Grants. Please refer to Annex 2 for the full survey documentation.

4. Action Plan on Synergies

Based on the analysis of the Synergies Framework Survey responses and the insights gathered during the Hands-on Synergies Meeting, it is clear that JACARDI and the associated Action Grants present numerous actionable opportunities for meaningful synergies.

WP1 - Coordination Team

The JACARDI Coordination Team is responsible for:

Action 1.1: Coordinating the Transversal Synergies Group to ensure effective collaboration across all involved parties. The Transversal Synergies Group has been established during the first Synergies meeting held in Rome, and is composed by the JACARDI Executive board members and the representative of the nine Action Grants

Action 1.2: Managing the shared space on Microsoft Teams to facilitate seamless communication and document sharing between JACARDI and the Action Grants.

Action 1.3: Monitoring overall synergies to ensure that all activities are conducted and Milestones and Deliverables are achieved on schedule.

Action 1.4: Organizing meetings and responsible for Deliverables, ensuring alignment with project objectives and timelines.

Action 1.5: Maintaining relationships with HaDEA representatives, ensuring continuous engagement and alignment with European-level directives and expectations.

Transversal synergies Action Plan

WP2 - Communication and Dissemination

Based on the analysis of the *Synergies Framework Survey* responses and insights from the *Hands-on Synergies Meeting*, it is evident that the JACARDI and the related Action Grants have significant potential to enhance their dissemination activities through synergistic collaboration.

By aligning communication strategies, sharing tools, coordinating events, and integrating dissemination deliverables, these projects can substantially increase their overall effectiveness and impact. This coordinated approach ensures that their collective efforts contribute meaningfully to reducing the burden of non-communicable diseases across the EU.

Action Grants are encouraged to incorporate sustainable, long-term communication strategies, leveraging JACARDI's established network and resources to amplify their reach and create lasting impact. By adopting a collaborative dissemination approach, they can pool resources, exchange best practices, and extend their messages to a broader audience, ultimately leading to more significant public health outcomes and a stronger, unified voice in the fight against NCDs.

Below are the agreed-upon action points:

Action 2.1: Website Integration

A dedicated subpage showcasing the synergies between JACARDI and the nine related EU-funded Action Grants will be developed under the "Our Synergies" section of the JACARDI website. This subpage will serve multiple strategic purposes:

- Purpose and rationale: It will provide a clear explanation of the rationale behind the synergies between JACARDI and the Action Grants, outlining the added value and mutual benefits of these synergies.
- Visibility and information access: Each Action Grant will be briefly described, accompanied by its official logo and a direct link to its dedicated website (if available). This approach aims to enhance the visibility of all projects and facilitate easy access to essential information for stakeholders and the general public.
- Fostering cross-synergies: Beyond strengthening the direct relationship between JACARDI and the Action Grants, the subpage will act as a knowledge hub to encourage cross-collaboration among the Action Grants themselves. This will support mutual learning, exchange of practices, and alignment of objectives across initiatives.
- Strategic alignment: The initiative will highlight the importance of fostering synergies across multisectoral and multistakeholder EU-funded projects, promoting a coordinated approach to addressing common public health challenges and maximising collective impact.

The WP2 Leadership Team informed the Action Grants about this activity and accessed information on their projects through their official websites and the descriptive texts included in the present document, which had been previously reviewed and approved by each respective representative. The use of logos was also formally requested. All content was reviewed and validated by the JACARDI Coordination Team. The webpage structure was coordinated by the Task 2.3 leaders, with the support of the contracted Art Director. The subpage will be publicly available on the JACARDI website by Winter 2025.

Team involved: WP2 JACARDI, Action Grants.

Timeline: 2025–2027

Added Value/Expected Outcome:

This activity will enhance mutual visibility by increasing bilateral website traffic, strengthening the collective digital footprint of JACARDI and the Action Grants. It will facilitate seamless information sharing, promote engagement among stakeholders, and contribute to a more coherent and coordinated communication strategy across EU-funded initiatives.

Action 2.2: Social Media Coverage

To strengthen the collective digital outreach and ensure consistent communication across platforms, JACARDI will enhance its social media engagement strategy by actively promoting the work of the nine Action Grants through its official LinkedIn account. As part of this effort, JACARDI will publish a minimum of one post per each synergistic activities conducted covering the Action Grants involved, highlighting relevant milestones, achievements, or collaborative initiatives. Content for these posts will either be directly requested from the respective Action Grant, or drafted by the JACARDI WP2 communication team and subsequently submitted to the Action Grant for review and approval prior to publication. This flexible and collaborative approach allows tailored communication based on the nature of the content and the timing of each project's key moments. All posts will include shared hashtags to foster a more coherent and recognisable digital presence across the involved initiatives.

This activity will be closely coordinated with the broader communication and dissemination plans of JACARDI and aligned with relevant EU-level campaigns when applicable, to maximise reach and policy visibility.

Team involved: WP2 JACARDI, all Action Grants.

Timeline: Starting January 2025

Added Value/Expected Outcome:

This initiative will significantly increase the visibility of both JACARDI and the Action Grants on social media, expanding their digital footprint, attracting new audiences, and reinforcing a shared narrative around EU-funded actions in the field of non-communicable diseases. By ensuring alignment in messaging and visual coherence, it will contribute to a more unified, impactful, and strategic online communication presence.

Action 2.3: Newsletter Collaboration

JACARDI will coordinate the inclusion of content from the Action Grants in its institutional newsletters. Upon invitation by WP2, each Action Grant will be encouraged to submit draft content specific to their project, which will be featured in an upcoming edition of the JACARDI Newsletter. This initiative aims to foster mutual visibility, promote knowledge exchange, and showcase the progress, outcomes, and innovations of the Action Grants to the broader JACARDI community and stakeholders.

The first newsletter activity is planned by September 2025 and could be also implemented in conjunction with key milestones and strategic moments, such as major meetings, collaborative efforts, or shared activities. JACARDI WP2 team will send invitation emails to contribute to the newsletter in advance. Action Grants are also actively invited to proactively suggest relevant results, success stories, or key highlights that could be featured not only in the newsletter but also in the News section of the JACARDI website. This two-way engagement mechanism is intended to strengthen communication channels and amplify the collective impact of EU-funded actions in the area of non-communicable diseases.

Team involved: WP2 JACARDI, all Action Grants.

Timeline: At least one JACARDI newsletter per year, with the first edition planned by September 2025.

Added Value/Expected Outcome:

This action will actively engage, inform, and update internal and external stakeholders, while providing a dedicated platform for structured and targeted dissemination of content from each Action Grant. It will foster stronger audience interaction, increase project visibility, and support alignment and coherence in the communication strategies of JACARDI and the Action Grants. Ultimately, it contributes to building a shared narrative across initiatives working toward common health objectives.

Action 2.4: Regular Communication Meetings

To ensure ongoing collaboration and alignment, biannual communication meetings will be organised by JACARDI WP2 with the communication teams of the nine Action Grants. These meetings will serve as a dynamic platform for:

- sharing project updates and upcoming milestones
- coordinating joint communication opportunities (e.g. awareness campaigns, social media initiatives, publications)

- aligning event calendars to maximise participation and visibility
- exchanging communication materials and toolkits when relevant.

In addition, these sessions will provide a valuable space for peer learning and collective reflection. Action Grant teams will be encouraged to share good practices, lessons learned, and successful approaches to dissemination and stakeholder engagement. Challenges and barriers encountered in communication activities will also be openly discussed, with the goal of identifying common solutions and enhancing overall outreach effectiveness.

Team involved: WP2 JACARDI, all Action Grants.

Timeline: First meeting scheduled for April 2025, with meetings held biannually thereafter.

Added Value/Expected Outcome:

These regular meetings will reinforce cross-project collaboration and build a strong community of practice among communication teams. By fostering trust, transparency, and mutual support, they will enhance the strategic coherence, consistency, and quality of dissemination activities across JACARDI and the Action Grants. Ultimately, this will lead to improved visibility, more effective engagement of target audiences, and greater collective impact at the EU level.

Action 2.5: Knowledge and Result Sharing

Throughout the communication meetings and exchange opportunities described above, mutual sharing of resources, tools, experiences, and communication products will be actively encouraged. This includes dissemination materials, guidelines, and successful outreach strategies developed within each project.

For example, JACARDI will share and discuss its Checklist on Inclusive and Accessible Communication with the Action Grants. This tool, developed to ensure equity and accessibility in all communication efforts, reflects one of the core values of the Joint Action and serves as a practical resource for enhancing inclusivity across EU-funded initiatives. This tool will be circulated by THL to the Action Grants in September 2025 via email.

Moreover, to mark the conclusion of the Action Grants and to promote visibility of their final outcomes, JACARDI will support the organisation of a joint webinar through the EU Health Policy Platform or other suitable EU-wide communication channels. The event will provide an opportunity to present key results, share lessons learned, and encourage knowledge uptake among stakeholders, including other projects, policymakers, practitioners, and civil society organisations.

Team involved: WP2 JACARDI, Action Grants.

Timeline: Checklist on Inclusive and Accessible Communication by September 2025;
One final webinar to be planned in 2026.

Added Value/Expected Outcome:

This initiative will deepen stakeholder engagement and foster the circulation of knowledge and good practices across projects. It will contribute to amplifying the visibility and uptake of results from both JACARDI and the Action Grants. Furthermore, it will serve as a launchpad for future collaboration, promoting sustainability and long-term impact in public health communication at the European level.

WP2 Communication and Dissemination synergistic actions between JACARDI and Action Grants

Action	Key Outputs	Timeline	Action Grants involved
2.1: Website Integration	A publicly accessible web subpage will be created on the JACARDI website featuring a description of the nine Action Grants, including their objectives, scope, and key areas of work, with the official logo and a direct link to their respective websites (where available)	By Winter 2025	All Action Grants
2.2: Social Media Coverage	At least one post per each synergistic activities conducted covering the Action Grants involved published on the official JACARDI LinkedIn account. Posts will include shared hashtags. Content will be co-developed or validated with each Action Grant.	2025-2026	All Action Grants
2.3: Newsletter Collaboration	At least one JACARDI Newsletter per year featuring dedicated contributions from the Action Grants. Action Grants will be invited to submit content and proactively suggest relevant highlights for inclusion in the newsletter and/or JACARDI website.	One Newsletter by September 2025; One Newsletter by September 2026	All Action Grants
2.4: Regular Communication Meetings	Biannual online meetings held with all Action Grant communication teams	6 May 2025; 25 November 2025; Spring 2026; Autumn 2026	All Action Grants
2.5: Knowledge and Result Sharing	Mutual sharing of communication tools and materials. JACARDI Checklist on Inclusive and Accessible Communication shared with all Action Grants. One final webinar organised via the EU Health Policy Platform or similar EU channels to disseminate final results and lessons learned	Checklist on Inclusive and Accessible Communication by September 2025; One final webinar to be planned in 2026.	All Action Grants

WP4 - Sustainability

The sustainability strategies of the JACARDI and the related Action Grants demonstrate a strong alignment in terms of objectives. This alignment presents significant opportunities for collaboration, particularly in areas such as stakeholder engagement, policy advocacy, and the dissemination of best practices.

By harmonizing sustainability efforts, we can enhance our collective impact, creating a more resilient and enduring framework for addressing non-communicable diseases across the EU. Coordinated actions will not only amplify the reach and effectiveness of their outcomes but also ensure that the benefits extend well beyond the initial project timelines, fostering long-term improvements in public health policy and practice.

Below are the agreed-upon action points:

Action 4.1: Sustainability from Day Zero

In Spring 2025, JACARDI will organise a joint sustainability workshop designed to embed sustainability principles from the very beginning of each project. This workshop will bring together key representatives from JACARDI and the nine Action Grants, particularly those responsible for sustainability planning and project outcomes. The objective is to foster a shared understanding of sustainability, build capacity around early-stage planning for the long-term use and exploitation of results, and provide concrete tools to support sustainable impact beyond the duration of EU funding.

Participants will engage in hands-on discussions, peer exchange, and guided exercises to begin shaping tailored sustainability roadmaps for their projects. Tools and practices will be shared to ensure that project teams are equipped with actionable approaches that are realistic and adaptable to their context. This early intervention will help mitigate the risk of underutilised results and strengthen the future uptake of project outcomes by relevant stakeholders.

The initiative will be coordinated by JACARDI WP4 and will serve as a foundational moment for creating a common culture of sustainability across the involved initiatives.

Team Involved: WP4 JACARDI, all Action Grants

Timeline: Spring 2025

Added Value:

This early-stage workshop will present an opportunity to share concrete tools and methodology to embed sustainability into the planning and implementation. It will improve each project's ability to ensure uptake, transferability, and long-term use of results, while fostering a collaborative culture of sustainability across initiatives from the outset.

Action 4.2: Reinventing the Wheel? – Informed discussions with Action Grants

In Autumn-Winter 2025, JACARDI will conduct a series of one-on-one or small group discussions with interested Action Grants to provide tailored feedback and support on their sustainability strategies. These focused consultations will help address project-specific challenges and reinforce key areas such as stakeholder mobilisation, institutional alignment, or results exploitation. This action will also serve to consolidate learning across projects and identify systemic gaps or opportunities for cross-project reinforcement. The discussions will be coordinated by JACARDI WP4 experts on sustainability.

Team Involved: WP4 JACARDI, all Action Grants expressing a need for enhanced sustainability support and demonstrating interest in strengthening their sustainability practices.

Timeline: Autumn–Winter 2025

(1) Sustainability checklist for Action Grants including examples from JACARDI sustainability planning guidelines, and including a general outline of Action Grant Sustainability roadmap (both developed based on the JACARDI Booklet to support pilot journey and on JACARDI Deliverable 5.1 JACARDI Methodological framework) will be shared with Action Grants with an invitation to attend informed discussions (September 2025); (2) informed discussions scheduled within winter 2025 based on the progress of the respective Action Grant: (a) Sustainability checklist for Action Grants filled in by Action Grant team shared with WP4 at least 2 weeks before the Informed discussion; (b) essential elements from Sustainability checklist relevant for Sustainability roadmap discussed during an informed discussion (90 min, web-based) among JACARDI WP4 team and Action Grant team to identify priority areas, opportunities and rank them according to the potential impact; (c) identified priority areas and opportunities including the ranking according to the potential impact as main inputs to the draft Sustainability roadmap will be reported by Action Grant team and shared with JACARDI WP4 team no more than 2 weeks after the informed discussion; (d) JACARDI WP4 team will be available for additional ad hoc meetings with Action Grants upon their request.

Added Value:

These tailored dialogues will help individual Action Grants refine and strengthen their sustainability strategies, addressing real-time challenges with hands-on advice. The action will improve project-specific planning while contributing to a broader ecosystem of shared knowledge and sustainable impact across JACARDI and related EU-funded initiatives.

Action 4.3: Let's Walk the Talk – Advanced Sustainability Workshop

Scheduled for Spring 2026, this final joint workshop will serve as an advanced session to evaluate the progress made by each project in implementing their sustainability strategies. Building on the outputs of the first workshop and the practical experience gained during their work, the session will provide space for in-depth reflection, peer learning, and targeted strategy refinement. Action Grants will be encouraged to present their advanced drafts of sustainability roadmaps and assess progress, barriers, and enablers encountered so far. The session will further offer methodological guidance on consolidating sustainability efforts and will support participants in developing robust approaches for stakeholder engagement, policy uptake, and long-term financing. The workshop will be designed as an interactive working session, with an emphasis on real cases, shared challenges, and collective problem-solving.

Team Involved: WP4 JACARDI, all Action Grants

Timeline: Spring 2026

Added Value:

This final workshop will consolidate the collective sustainability efforts of JACARDI and the Action Grants by providing a dedicated space to reflect on the lessons learned throughout project implementation. It will serve as a strategic opportunity to review and refine advanced drafts of Action Grants' Sustainability roadmap, assess the maturity of long-term impact strategies, and identify successful models for continuity and integration into systems, services, or policies. By fostering cross-project dialogue and peer learning, the workshop will also contribute to building a common understanding of the enablers and barriers encountered, and will support the transfer of actionable insights to future EU-funded initiatives. Ultimately, it will enhance the capacity of participating teams to ensure the durability, scalability, and uptake of results beyond the funding period.

WP4 Sustainability synergistic actions between JACARDI and Action Grants

Action	Key Outputs	Timeline	Action Grants involved
4.1: Sustainability from Day Zero	Joint workshop delivering practical tools and shared methodology to integrate sustainability into project planning.	Spring 2025	All Action Grants
4.2: Reinventing the Wheel? – Informed discussions with Action Grants	One-on-one or small group consultations offering tailored feedback to strengthen sustainability strategies and address project-specific challenges.	Autumn–Winter 2025	Interested Action Grants requesting targeted support
4.3: Let’s Walk the Talk – Advanced Sustainability Workshop	Final interactive workshop to assess progress, share lessons learned, sustainability roadmaps, and consolidate long-term impact strategies across projects.	Spring 2026	All Action Grants

WP5.3 - Equity and Diversity Inclusion

The equity strategies of the JACARDI Joint Action and the related Action Grants demonstrate alignment, particularly in their shared commitment to addressing health inequalities and improving access for populations in vulnerable situations. One key area of synergy lies in implementing equity-focused strategies to reach marginalized groups, including migrants, refugees, and socio-economically disadvantaged communities. By sharing experiences and lessons learned, these projects can collectively refine their approaches to effectively meet the needs of these populations.

By uniting their efforts, these projects can create a greater, more sustainable impact on reducing health disparities across the EU. This collaborative approach ensures that activities remain inclusive, culturally sensitive, and tailored to the specific needs of underrepresented communities, ultimately advancing health equity on a broader scale.

Below are the agreed-upon action points:

Action 5.1: Sharing JACARDI's 4Cs Framework on Equity and Diversity

In early 2025, JACARDI will share its “4Cs” Framework for Equity and Diversity with all nine Action Grants. Developed as a core component of the JACARDI Methodological Framework, the 4Cs approach offers a structured, actionable methodology for systematically embedding equity and diversity considerations throughout all stages of project implementation. To ensure effective uptake, the JACARDI WP5.3 team will offer short bilateral consultations with each interested Action Grant to help them map how the 4Cs principles can be adapted to their project scope, target groups, and operational contexts. This will also create space to identify synergies across projects addressing the needs of underserved, marginalised, or vulnerable communities.

Team involved: WP5 JACARDI, all Action Grants

Timeline: Early 2025

Added value:

This action will ensure that equity and diversity are not treated as add-ons but as core operational principles across all projects. Through the practical 4Cs framework and tailored guidance, Action Grants will be equipped to design more inclusive interventions, enhance the relevance of their actions to local contexts, and reduce health disparities more effectively. The structured yet adaptable nature of the 4Cs will facilitate consistent equity integration across initiatives while respecting project-specific approaches.

Action 5.2: Masterclasses on Equity and Diversity to enhance knowledge

As part of Task 5.3, JACARDI has developed a series of Masterclasses on specific themes related to equity, diversity, and inclusion, designed for the entire JACARDI Consortium. The series includes four interactive live sessions (approximately 1.5 hours each), each featuring practical examples, peer exchange, and contributions from external experts. In 2024, four Masterclasses were delivered on the following topics: Critical Reflection, Context and Data, Co-design, and Inclusive and Accessible Communication. These sessions were recorded and will be shared with all Action Grants via downloadable links via email. In 2025, a new round of live Masterclasses is planned, and all Action Grant teams will be formally invited to participate. To promote active engagement, Action Grants will also be encouraged to contribute real-life use cases and challenges from their own project experience, which will serve as starting points for discussion and cross-learning during the sessions.

Team involved: WP5 JACARDI, all Action Grants

Timeline: Live Masterclass event is planned for Spring 2025.

Added value:

The Masterclasses will strengthen the technical and operational capacity of Action Grant teams to integrate equity and diversity into their day-to-day activities. Participants will gain new knowledge, exchange real-life experiences, and develop a shared vocabulary for equity-oriented work across EU health projects. Ultimately, this initiative will foster a learning community that enhances collective impact and supports the sustainability of equity-sensitive approaches beyond the duration of the projects.

WP5.3 Equity and Diversity inclusion synergistic actions between JACARDI and Action Grants

Action	Key Outputs	Timeline	Action Grants involved
5.1: Sharing JACARDI's 4Cs Framework on Equity and Diversity	Distribution of the 4Cs Framework to all Action Grants; bilateral consultations to support integration of equity and diversity principles into project activities if needed	Early 2025	All Action Grants
5.2: Masterclasses on Equity and Diversity to Enhance Knowledge	Invitation to JACARDI Masterclasses; dissemination of 2024 recorded sessions	Spring 2025 (live sessions); recorded shared	All Action Grants

Implementation synergies Action Plan

WP6 - Health Literacy and Awareness

Action 6.1: Sharing Health Literacy methodologies and tools

Starting from January 2025, JACARDI WP6 will collaborate with selected Action Grants to integrate health literacy principles into their interventions using a participatory approach based on the Ophelia methodology. This collaboration will promote the use of evidence-based tools to assess the health literacy strengths and needs of target populations, co-design tailored interventions, and ensure that communication materials and activities are accessible, culturally appropriate, and context-specific. The initiative will include technical exchanges, tailored workshops, and the joint development of educational resources to embed health literacy in community outreach and prevention efforts. Special focus will be placed on high-risk groups—including children, refugees, and other underserved communities—to improve their possibility to access, understand, and act on health information related to NCDs prevention and care.

Operationally, opportunities and synergistic actions will be defined in agreement with the interested Action Grants following an initial introductory meeting aimed at exploring specific needs, priorities, and potential areas of integration with JACARDI activities.

Team involved: WP6 JACARDI; PIA, CaregIVR, Preventia, DUSE, PreAct (Action Grants)

Timeline: From January 2025

Added value:

The synergy has the potential to strengthen the co-design and co-creation approach promoted by Ophelia methodology and JACARDI by developing resources, tools, and health literacy activities that are more comprehensive and tailored to the needs of the target population, ultimately promoting equitable health outcomes.

WP6 Health Literacy synergistic actions between JACARDI and Action Grants

Action	Key Outputs	Timeline	Action Grants involved
6.1: Sharing Health Literacy methodologies and tools	Technical collaboration to enhance the Ophelia methodology within Action Grants and adapt the co-design methodology.	From January 2025	PIA, CaregIVR, Preventia, DUSE, PreAct

WP8 - Screening high-risk population

Action 8.1: Collaborative development, validation, and dissemination of standardized screening protocols for CVD and DM

JACARDI WP8 works in collaboration with selected Action Grants like Perfecto, PreAct, PIA, and PROVIDE to develop standardized screening protocols for CVD and DM. The goal is to align screening approaches across initiatives and facilitate the use of harmonized, evidence-based tools tailored to diverse population groups. This action will include sharing the first version of the Milestone 29 (MS29) “A short guide to screening for individuals at high(er) risk of developing cardiovascular disease and type 2 diabetes” with the Action Grants. In this way, the Action Grants will have the possibility to comment on the MS29 to contribute to an upcoming updated version of the document towards the end of the JACARDI project. Ad hoc meetings can be organized with the Action Grants if needed. Bilateral technical exchanges with Action Grants developing screening platforms or methodologies to identify shared criteria, indicators, validating methods, and implementation tools will be applied when applicable.

Team involved: WP8 JACARDI; Perfecto, PreAct, PIA, PROVIDE (Action Grants)

Timeline: MS29 will be shared with the Action Grants in autumn 2025 enabling knowledge sharing and capacity building in screening protocols. The Action Grants will have a chance to comment on the current version, and their comments will be considered when forming the updated version of MS29 towards the end of the JACARDI project.

Added Value:

This action fosters cross-project collaboration and mutual learning between JACARDI and complementary EU-funded initiatives. By jointly validating standardized screening protocols, the partners ensure methodological consistency, reduce duplication of efforts, and enhance the quality and applicability of tools across different population groups and healthcare settings. The iterative feedback process, whereby Action Grants can review and contribute to MS29, strengthens the scientific robustness and practical relevance of the guidance. Ultimately, this collaboration promotes harmonization, scalability, and sustainability of screening practices for CVD and diabetes at the European level.

Action 8.2: Capacity building on screening high-risk population

This action focuses on leveraging the expertise, experience, and tools developed within JACARDI WP8 and its pilots, including screening protocols, training materials, and outcomes. The collaboration with Action Grants will facilitate sharing and dissemination of standardized protocols, along with educational tools aimed at enhancing CVD and DM prevention efforts.

Team involved: WP8 (JACARDI); Perfecto, PreAct, PIA, and PROVIDE (Action Grants)

Timeline: Members from the Action Grants will be invited to participate in an online Training and capacity building workshop organized by task 8.3 in Helsinki, Finland in 24.-25th of November 2025.

Added Value: This action maximizes the impact by ensuring that evidence-based screening protocols and training materials are not only developed but also effectively transferred to healthcare professionals and stakeholders across Europe. Through joint capacity-building activities, it enhances knowledge exchange, strengthens professional competencies, and promotes consistent implementation of screening practices.

WP8 Screening high-risk population synergistic actions between JACARDI and Action Grants

Action	Key Outputs	Timeline	Action Grants involved
8.1: Collaborative development, validation, and dissemination of standardized screening protocols for CVD and DM	The MS29 “A short guide to screening for individuals at high(er) risk of developing cardiovascular disease and type 2 diabetes” will be shared with the Action Grants to receive their comments.	Autumn 2025	Perfecto, PreAct, PIA, and PROVIDE
8.2: Capacity building on screening high-risk population	Action Grants will be invited to participate in an online Training and capacity building workshop organized by task 8.3 in Helsinki, Finland in 24.-25th of November 2025	November 2025	Perfecto, PreAct, PIA, and PROVIDE

WP9 - Integrated healthcare pathways

Action 9.1: Sharing Pathway Mapping Methodology and Results

JACARDI WP9 will organise a dedicated knowledge exchange session to present the methodology, process, and results of the pathway mapping exercises conducted across several pilots. This participatory session will be open to all Action Grants and relevant stakeholders, offering a detailed walkthrough of the mapping tools and approaches used to analyse care pathways for CVD and diabetes. The session will also explore lessons learnt, key bottlenecks identified, and opportunities for service integration or redesign. Time will be allocated for discussion and peer exchange, encouraging Action Grants to share their own experiences and identify potential opportunities to apply or adapt the methodology in their local or national contexts.

Team involved: WP9 JACARDI, all Action Grants

Timeline: December 2025

Added value:

This action will promote mutual learning and cross-project discussion. It will support the uptake of structured approaches to service analysis and design, contributing to better coordination of care and person-centred service models. The session will also catalyse networking among Action Grants working on similar health system challenges, laying the groundwork for future collaborations and shared learning beyond the project lifecycle.

Action 9.2: Webinar on Building Resilience in Health Systems

JACARDI will organise a joint presentation or masterclass focusing on health system resilience, co-developed with the RESIL-Card Action Grant. The session will showcase practical tools and approaches to strengthening resilience in healthcare delivery, drawing on the RESIL-Card framework and the real-world experience of JACARDI WP9 pilots. This interactive event will include presentations from RESIL-Card experts, case examples from JACARDI pilots, and a dedicated discussion space to explore how resilience principles can be embedded into service pathways and sustainability plans.

Team involved: WP9 and WP4 (JACARDI), RESIL-Card (Action Grants)

Timeline: December 2025

Added value:

This action will aim to inspire JACARDI pilots to integrate resilience into their sustainability frameworks, enhancing the long-term impact of their efforts. By disseminating the RESIL-Card tool, other projects within the network will benefit from its application and insights. Additionally, this initiative will offer RESIL-Card a valuable opportunity to gather feedback from participants, which will contribute to refining and improving the tool for future use.

Action 9.3: Masterclass on Equity in Healthcare

JACARDI will organise a masterclass on equity in healthcare, coordinated by WP9 together with Task 5.3 and open to all Action Grants interested in strengthening their knowledge and practice around equity in health systems. This session will focus on operationalising equity across healthcare service design and delivery, with an emphasis on access, inclusivity, and cultural sensitivity.

The masterclass will feature contributions from equity experts and real-world examples from JACARDI WP9 pilots. To promote engagement and cross-learning, Action Grants will be invited to share specific questions, use cases or challenges, which will encourage dialogue.

Team involved: WP9 and WP5.3 (JACARDI), all Action Grants

Timeline: June 2025

Added value:

This action will foster capacity building and enhance learning on equity issues in healthcare, equipping participants with the knowledge and skills to address disparities effectively. By strengthening the understanding of inclusive healthcare practices across the participating projects, it will pave the way for the development of more equitable healthcare solutions, ensuring that populations in vulnerable situations benefit from improved access to care.

WP9 Integrated healthcare pathways synergistic actions between JACARDI and Action Grants

Action	Key Outputs	Timeline	Action Grants involved
9.1: Sharing Pathway Mapping Methodology and Results	Organisation of a knowledge exchange session presenting the pathway mapping methodology, tools, and results	December 2025	All Action Grants
9.2: Webinar on Building Resilience in Health Systems	Joint webinar/masterclass co-developed with RESIL-Card, showcasing resilience frameworks, tools, and pilot experiences	December 2025	RESIL-Card All Action Grants will be invited
9.3: Masterclass on Equity in Healthcare	Live masterclass on equity in healthcare pathways	June 2025	All Action Grants

WP10 - Patients' self-management

Action 10.1: Sharing practices and tools to CVDs/DM self-management

This action will establish a dedicated shared folder, coordinated by the JACARDI WP10 team, to facilitate the exchange of evidence-based practices and methodologies selected by WP10 pilots. The folder will serve as a central repository where JACARDI pilots can upload selected resources, and where Action Grants will be invited to contribute relevant materials from their own initiatives. The platform will be maintained as an open, evolving space to promote continuous knowledge exchange.

Team involved: WP10 JACARDI; all Action Grants

Timeline: Available from June 2025, open activity

Added value:

This initiative will foster collaboration and cross-learning among JACARDI and Action Grant partners by providing easy access to evidence-based practices and interventions on CVD and diabetes self-management. It will support the sharing of effective practices across different contexts, enhance capacity-building, and promote synergies in the areas of CVD and diabetes prevention and management.

Action 10.2: Sharing of the methodology (co-creation approach, assessment)

JACARDI WP10 will share via the dedicated shared folder the WP10 methodologies related to co-creation and pilots' assessment plans (e.g., selected outcomes, indicators, and measurement scales). Action Grants will be invited to upload relevant materials from their own projects, including participatory approaches and evaluation strategies, enabling mutual learning and benchmarking.

Team involved: WP10, Task 10.2/10.3 (JACARDI); all Action Grants

Timeline: Available from June 2025, open activity

Added value:

This action facilitates the dissemination and exchange of robust methodologies, including co-creation guidelines and evaluation frameworks, enhancing the quality and consistency of interventions across projects. By promoting user engagement in action development, it ensures that interventions are user-centered and tailored to real-world needs. Sharing assessment tools and outcomes fosters knowledge exchange, supports evidence-based decision-making, and enables projects to benchmark and refine their strategies. This collaborative approach strengthens the collective impact of efforts under the EU4Health program, advancing innovative, equitable, and sustainable solutions for NCD prevention and management.

Action 10.3: Disseminate the results of the interventions on self-management of CVDs/DM

This action seeks to organize an online event dedicated to disseminating the results and insights from interventions focused on self-management of CVDs and diabetes. Through the event findings, experiences, successes and challenges of the interventions will be shared. Additionally, it will offer an opportunity for other Action Grants to showcase their related activities, fostering cross-project collaboration and engagement.

Team involved: WP10 leadership, WP10 pilots JACARDI; all the interested Action Grants

Timeline: April-June 2026 (before the end of the Action Grants)

Added value:

The event will serve as a cornerstone for mutual learning, allowing stakeholders to exchange evidence-based practices, innovative solutions, and lessons learned from self-management interventions. It will also contribute to the broader development of a strategic roadmap for improving self-management practices for CVDs and diabetes across Europe, promoting scalability and sustainability. By bringing together diverse perspectives and experiences, this action enhances the collective impact of participating projects and strengthens the projects aims.

WP10 Patients’ self-management synergistic actions between JACARDI and Action Grants

Action	Key Outputs	Timeline	Action Grants involved
10.1: Sharing practices and tools for CVDs/DM self-management	Creation of a shared folder managed by WP10 where pilots upload selected evidence-based practices and tools. Action Grants can also contribute their materials. The platform will be open and continuously updated to support knowledge exchange.	Available from June 2025 – ongoing activity	All Action Grants
10.2: Sharing of the methodology (co-creation approach, assessment)	Upload of WP10 co-creation guidelines, outcomes, indicators, and assessment tools. Action Grants are encouraged to share their own evaluation frameworks and participatory methods.	Available from June 2025 – ongoing activity	All Action Grants
10.3: Disseminate the results of the interventions on self-management of CVDs/DM	Online event to share key findings, successes, and lessons learned	April–June 2026 (before project end)	All interested Action Grants

5. Conclusion

To maximize synergies between JACARDI and the nine related Action Grants, several concrete shared actions have been agreed on. These actions will leverage the strengths and objectives of each project, while fostering collaboration to achieve shared goals. Here are the joint efforts agreed across the key areas of dissemination, sustainability, equity, and implementation:

Dissemination

To enhance synergies in communication and dissemination between JACARDI and the nine Action Grants, a series of coordinated actions have been outlined. These include the creation of a dedicated webpage on JACARDI's website to introduce Action Grants projects and share updates to increase visibility. Social media posts will be co-developed, with JACARDI drafting at least two posts annually, starting January 2025, to maximize follower engagement. Regular newsletters will provide updates, with Action Grants contributing content for a special JACARDI edition in summer 2025. Biannual meetings, commencing January 2025, will foster collaboration among communication teams and synchronize content planning. Finally, webinars and shared training materials, including training materials on inclusive and accessible communications will be launched from mid-2025 to facilitate stakeholder engagement, knowledge sharing, and joint exposure. These actions aim to streamline efforts, amplify outreach, and strengthen collaborative impacts.

Sustainability

To strengthen sustainability and capacity building among JACARDI and the nine Action Grants, several joint activities are planned. Two sustainability workshops—"Sustainability Principle from Day Zero" in Spring 2025 and "Let's Walk the Talk" in Spring 2026—will be led by JACARDI WP4, involving Action Grants coordinators and partners, to enhance their ability to ensure the long-term impact of their results beyond project funding. Additionally, "Informed Discussions on Sustainability," facilitated by WP4 leaders in Autumn-Winter 2025, will offer tailored guidance based on the expressed needs and interests of individual AGs. These initiatives aim to build capacity, foster informed reflections, and promote the sustained exploitation of outcomes across all involved projects

Equity

To enhance equity between JACARDI and the nine Action Grants, two synergistic actions have been planned. First, JACARDI will share its "4Cs" framework on equity and diversity—part of its Methodological Framework—with all Action Grants to provide a structured approach for equity and diversity inclusion into their projects, aiming to reduce inequities through targeted actions. Second, JACARDI will coordinate masterclasses on equity and diversity inclusion in Spring 2025 inviting Action Grants and will also share recordings of previous sessions (four 1.5-hour lectures and four 30-minute lectures). These initiatives, led by WP5.3, aim to enhance partners' knowledge and skills in addressing equity and diversity within their respective projects.

Implementation

To foster the synergies between JACARDI and nine Action Grants, specific actions will be carried out on health literacy, screening high-risk populations, enhancing integrated care pathways and self-management. The actions include sharing of methodology, expertise, tools and findings, as well as joint development of standardised protocols.

6. GANTT CHART

Action	Key Outputs	Action Grants involved	Year 1 (Nov2023-Oct2024)				Year 2 (Nov2024-Oct2025)				Year 3 (Nov2025-Oct2026)			
			Q1 Nov Dec Jan	Q2 Feb Mar Apr	Q3 May Jun Jul	Q4 Aug Sep Oct	Q1 Nov Dec Jan	Q2 Feb Mar Apr	Q3 May Jun Jul	Q4 Aug Sep Oct	Q1 Nov Dec Jan	Q2 Feb Mar Apr	Q3 May Jun Jul	Q4 Aug Sep Oct
1.1 Transversal Synergies Group	Establishment of the Transversal Synergies Group, comprising the JACARDI Coordination Team, JACARDI WP leaders, and representatives from the nine Action Grants.	All Action Grants												
1.2 Shared work-space on Teams	Creation of a shared work-space on Microsoft Teams to facilitate seamless communication and document sharing between JACARDI and the Action Grants.	All Action Grants												
1.3 Monitoring	Constant monitoring of the overall synergies to ensure that all activities are conducted and Milestones and Deliverables are achieved on schedule.	All Action Grants												
1.4 Meetings and Deliverables	Progress towards Deliverables monitored through regular meetings, to ensure alignment with project objectives and timelines.	All Action Grants												
1.5 Relation with HaDEA	Relationships with HaDEA representatives, ensuring continuous engagement and alignment with European-level directives and expectations, are maintained through regular meetings.	All Action Grants												
2.1 Website Integration	A publicly accessible web subpage will be created on the JACARDI website featuring a description of the nine Action Grants, including their objectives, scope, and key areas of work, with the official logo and a direct link to their respective websites (where available)	All Action Grants												
2.2 Social Media Coverage	At least one post per each synergistic activities conducted covering the Action Grants involved published on the official JACARDI LinkedIn account. Posts will include shared hashtags. Content will be co-developed or validated with each Action Grant.	All Action Grants												
2.3 Newsletter Collaboration	At least one JACARDI Newsletter per year featuring dedicated contributions from the Action	All Action Grants												

7. Next steps and future directions

Through this Synergies Action Plan, which serves as a key tool for defining and implementing synergies between JACARDI and the Action Grants, we will begin executing the agreed-upon actions. Additional, targeted meetings will be scheduled for each specific action to ensure effective implementation and monitoring of progress.

To ensure the continued alignment and effectiveness of this initiative, the following key milestones and deliverables are crucial:

M47: 2nd Synergies Meeting [November 2025] – This event will serve as a critical opportunity to assess progress, share insights, and identify challenges. It will bring together representatives from JACARDI and Action Grants to discuss the ongoing efforts, refining strategies and ensuring the synergy framework is operationalized effectively.

M48: Final Synergies Conference [by October 2026] – This conference will mark the culmination of the Synergies by Design initiative with Action Grants, offering a platform for showcasing the results of collaborative efforts and sharing lessons learned. It will also serve to solidify the partnerships established throughout the project, ensuring long-term sustainability and impact.

In parallel to these milestones, the **Final Report on Synergies (D5.5) [October 2026]** will provide a comprehensive overview of the progress made, highlighting key achievements, challenges, and recommendations for future actions. This report will serve as a vital resource for all involved projects, documenting the lessons learned and ensuring that the synergies created during the project are not only maintained but expanded beyond the project's lifetime.

By focusing on these next steps, the initiative will continue to build on its momentum, fostering collaboration and driving systemic change in the prevention and management of non-communicable diseases.

As a final step to ensure close monitoring of the synergy activities and timely adherence to defined timelines, the JACARDI Coordination Team has developed a dedicated Excel-based monitoring tool. All JACARDI leaders responsible for the identified synergistic actions are invited to regularly update this tool by reporting the activities carried out, highlighting key elements, and including links to relevant resources for further reference. This tool aims to facilitate coordination, promote accountability, and support the ongoing exchange of knowledge and practices across the Joint Action and the Action Grants.

Box 3. Living-monitoring tool for synergistic actions between JACARDI and Action Grants

N	Activity	Timeline	Activities performed <i>provide a brief description</i>	Achieved <i>yes/no</i>	Effective Date <i>dd/mm/yyyy</i>	Note	Caregivr	DUSE	PERFECTO	PIA	PodiaCar	PREACT	Preventia	PROVIDE	RESIL-Card
2.1	Website Integration	By Winter 2025					yes	yes	yes	yes	yes	yes	yes	yes	yes
2.2	Social Media Coverage	2025-2026					yes	yes	yes	yes	yes	yes	yes	yes	yes
2.3	Newsletter Collaboration	One Newsletter by September 2025 One Newsletter by September 2026					yes	yes	yes	yes	yes	yes	yes	yes	yes
2.4	Regular Communication Meetings	6 May 2025; 25 November 2025; Spring 2026; Autumn 2026					yes	yes	yes	yes	yes	yes	yes	yes	yes
2.5	Knowledge and Result Sharing	Checklist shared in September 2025; One final webinar in 2026					yes	yes	yes	yes	yes	yes	yes	yes	yes

4.1	Sustainability from Day Zero	Spring 2025					yes	yes	yes	yes	yes	yes	yes	yes	yes
4.2	Let's Walk the Talk – Advanced Sustainability Workshop	Autumn–Winter 2025					yes	yes	yes	yes	yes	yes	yes	yes	yes
4.3	Reinventing the Wheel? – Informed discussions with Action Grants	Spring 2026					yes	yes	yes	yes	yes	yes	yes	yes	yes
5.1	Sharing JACARDI's 4Cs Framework on Equity and Diversity	Early 2025					yes	yes	yes	yes	yes	yes	yes	yes	yes
5.2	Masterclasses on Equity and Diversity to enhance knowledge	Spring 2025 (live sessions); recorded shared					yes	yes	yes	yes	yes	yes	yes	yes	yes
6.1	Sharing Health Literacy methodologies and tools	From January 2025					yes	yes	na	yes	na	yes	yes	na	na
8.1	Collaborative development, validation, and dissemination of standardized screening protocols for CVD and DM	Autumn 2025					na	na	yes	yes	na	yes	na	yes	na
8.2	Capacity building on screening high-risk population	November 2025					na	na	yes	yes	na	yes	na	yes	na

9.1	Sharing Pathway Mapping Methodology and Results	December 2025					yes	yes	yes	yes	yes	yes	yes	yes	yes
9.2	Webinar on Building Resilience in Health Systems	December 2025					na	na	na	na	na	na	na	na	yes
9.3	Masterclass on Equity in Healthcare	June 2025					yes	yes	yes	yes	yes	yes	yes	yes	yes
10.1	Sharing best practices and tools to CVDs/DM self-management	Available from June 2025 – ongoing activity					yes	yes	yes	yes	yes	yes	yes	yes	yes
10.2	Sharing of the methodology (co-creation approach, assessment)	Available from June 2025 – ongoing activity					yes	yes	yes	yes	yes	yes	yes	yes	yes
10.3	Disseminate the results of the interventions on self-management of CVDs/DM	April–June 2026 (before project end)					yes	yes	yes	yes	yes	yes	yes	yes	yes

ANNEXES

Annex 1. JACARDI and Action grants on “prevention of NCDs – cardiovascular diseases, diabetes and other NCDs” Framework for synergies

Dear Friends and Coordinators of Action Grants on “prevention of NCDs – cardiovascular diseases, diabetes and other NCDs”,

We have developed this questionnaire to facilitate the analysis of commonalities between your projects and the Joint Action JACARDI. This tool will help us design activities that strengthen each project’s role and maximize the value of our results, while avoiding overlap.

The questionnaire is divided into sections: the first section compares the objectives of the projects, followed by dedicated sections for each area of special interest:

- 1) dissemination
- 2) sustainability
- 3) equity
- 4) implementation.

Thank you for your collaboration and commitment.

General section

This general section compares project objectives. You will be asked to enter the general objective and specific objectives of your project and, having seen those of JACARDI, to indicate any similarities and possibilities for interaction from your point of view.

JACARDI	Action Grant
Main Objective	
Specific Objectives	

Dissemination

This section compares the dissemination elements of the projects. You will be asked to indicate the main features of the dissemination strategy of the project in which you are participating and, having seen those of JACARDI, to indicate any similarities and possibilities for interaction from your point of view.

JACARDI	Action Grant
Dissemination and communication	
Is there a communication strategy?	Is there a communication strategy?
If so, which tools are part of it?	If so, which tools are part of it?
What events will be organised?	What events will be organised?
Which international conferences are planned to be attended?	Which international conferences are planned to be attended?
Deliverables/Milestones on dissemination	Deliverables/Milestones on dissemination
Due date for deliverables/milestones	Due date for deliverables/milestones
Contact person for activity	Contact person for activity
Do you think there could be joint activity on this issue?	

Sustainability

This section compares the sustainability elements of the projects. You will be asked to indicate the main features of the sustainability strategy (if any) of the project in which you are participating and, having seen those of JACARDI, to indicate any similarities and possibilities for interaction from your point of view.

JACARDI	Action Grant
SUSTAINABILITY	
Is there a sustainability strategy/plan?	Is there a sustainability strategy/plan?
If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?	If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?
What events will be organised on this issue?	What events will be organised on this issue?
Have any elements of sustainability been identified? And what are they?	Have any elements of sustainability been identified? And what are they?
Does the plan include the involvement of European/national/local institutions?	Does the plan include the involvement of European/national/local institutions?
Deliverables/Milestones	Deliverables/Milestones
Due date for deliverables/milestones	Due date for deliverables/milestones
Contact person for activity	Contact person for activity
Do you think there could be joint activity on this issue?	

Equity

This section compares the equity elements of the projects. You will be asked to indicate the main features of the equity strategy (if any) of the project in which you are participating and, having seen those of JACARDI, to indicate any similarities and possibilities for interaction from your point of view.

JACARDI	Action Grant
EQUITY	
Is there an equity strategy/plan?	Is there an equity strategy/plan?
If so, with which elements and on which target population?	If so, with which elements and on which target population?
What events will be organised on this issue?	What events will be organised on this issue?
Does the plan include the involvement of European/national/local institutions?	Does the plan include the involvement of European/national/local institutions?
Deliverables/Milestones	Deliverables/Milestones
Due date for deliverables/milestones	Due date for deliverables/milestones
Contact person for activity	Contact person for activity
Do you think there could be joint activity on this issue?	

Implementation

This section compares the implementation elements of the projects. In view of the large number of pilots to be carried out under JACARDI (more than 150 in different geographical areas!), we would ask you to first send us the implementation experiences foreseen in your project, so that we can then highlight the possible interactions.

JACARDI	Action Grant
IMPLEMENTATION	
Is there an implementation plan/strategy?	Is there an implementation plan/strategy?
If so, what are the (main) on which topic(s) of the implementations?	If so, what are the (main) topic(s) of the implementations?
Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)?	Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)?
What is/are the geographical coverage of the implementations?	What is/are the geographical coverage of the implementations?
What are the expected results of the implementations?	What are the expected results of the implementations?
If there will be any webinars organised on this topic, which ones, when and what will they be about?	If there will be any webinars organised on this topic, which ones, when and what will they be about?
Deliverables/Milestones	Deliverables/Milestones
Due date for deliverables/milestones	Due date for deliverables/milestones
Contact person for activity	Contact person for activity
Do you think there could be joint activity on this issue?	

Annex 2. Results from the Survey on Synergies Framework

JACARDI	Action grant CaregIVR
Main Objective	
Support EU countries to reduce the burden of CVD and DM and related risk factors, both at individual and societal level, while assuring health systems sustainability and equity	CaregIVR project aims to empower informal caregivers and other vulnerable groups of people, increasing their literacy on CVD and promoting the development of quality skills in the provision of care to post-stroke patients, through innovative strategies such as immersive virtual reality.
Specific Objectives	
Enhance and promote the implementation of (cross-sectional) best practices, and pilot testing of innovative practices throughout the whole 'patient' journey	<p>Contribute to the increase of caregiver's health literacy levels through immersive virtual reality sessions, trainings, workshops, partnerships, and creation of several deliverables (website, chat room, app, eBook and leaflets).</p> <p>Contribute to the prevention of the pathologies with the creation of training programs for heart and cerebrovascular conditions through immersive virtual reality sessions, trainings, workshops, partnerships, and creation of several deliverables (website, chat room, app, eBook and leaflets);</p> <p>Prevent cardiovascular and cerebrovascular disease in caregivers, by conducting group sessions of physical activity, developing cognitive-behavioural strategies and creating an App with advice about healthy lifestyle (physical activity, nutrition and sleep)</p> <p>Promotion of caregivers physical and emotional health developing a website with a chatroom for discussion</p>
<p>Are there any synergies between the objectives or are there common objectives in your view?</p> <p>Our CaregIVR project is focused on informal caregivers and intends to increase caregiver's literacy through the creation of a real-life environment where they enter the world of the beneficiary of care, by experimenting through Immersive Virtual Reality the difficulties that the person in need of care experiences. These includes areas from mobilization to hygiene care, compliance with therapy, and mobility. In WP3 CaregIVR will develop Good Transnational Practices adapted to each country's reality (Italy, Poland, Portugal, Spain and Ukrain). In WP4 caregIVR will work on disseminating best practices about healthy lifestyle through an APP, and on the creation of a training pilot for caregivers about using IVR equipment and software to increase their literacy levels on Health (with the help also of a website with chat room). In WP5 caregIVR will implement actions to reduce health literacy inequalities among people belonging to vulnerable groups, including people displaced from Ukraine. This will include best practices, public health guidelines, workshops to vulnerable groups and partnerships with NGO's to spread the use of the project deliverables. The tools described above will be planned based on the felt needs of caregivers, patients and professionals, taking into account their age group, culture and gender. The whole patient journey, as stated in the JACARDI specific objective, is valorized as the history of caregivers, promoting their self-determination also in assistance.</p>	

JACARDI	Action grant CaregIVR
Dissemination and communication	
Is there a communication strategy? Yes	Is there a communication strategy? Yes
If so, which tools are part of it? The document details the 7 W's concept, the responsibility framework, including leadership within WP2 and expected contributions from project partners ("WHO"). A clearly defined methodology ("WHOM") is used to identify target audiences (stakeholder groups). The WHAT section provides details on the specific content and messages to	If so, which tools are part of it? The Plan identifies the strategies, methods and tools to be used, thus including communication objectives, target groups, communication contents, tools, methods to be used, and timings. The internal communication strategy (i.e., within the partnership) is based on the implementation of a detailed work plan, an effective organization of the

<p>be communicated, outlining the process for developing key messages and creating content.</p> <p>The HOW section defines the communication and dissemination framework, including workflow considerations such as inclusive and accessible communication practices and SEO best practices. The document addresses training and support for pilot projects in communication.</p> <p>The WHERE and WHEN section provides details on the specific communication channels and dissemination schedule, covering the JACARDI project website, social media strategy, scientific communication channels (publications and Science to Policy Strategy), and other communication channels such as press releases, newsletters, webinars, and national stakeholder events. JACARDI have developed a Brand Guide and a Visual and Communication Toolkit.</p>	<p>transnational project meetings, and an intranet space on the project website.</p> <p>The Dissemination Plan include local communities in each partner country and in a wider public dimension. The main target groups are global caregivers that play an important role in providing practical, emotional, physical, and social support to people facing chronic conditions, cognitive or physical impairment, simultaneously with their own individual health needs. The dissemination activities will cover all project duration and beyond and aim to spread the word on project objectives, activities, results and grant positive impacts after its closure, achieving more than 2000 people considering informal caregivers, the cardiovascular patients, the vulnerable groups, such as refugees and Ukrainians in particular, the NGO's, Municipalities and Councils, Stakeholders and public in general.</p> <p>The activities will include direct contacts with target groups, Focus Groups, promotion sessions, workshops, training, website with chat room and publishing articles.</p> <p>CaregIVR have already approved inside the consortium a Quality Plan, a Dissemination Plan, and a Risk Plan.</p>
<p>What events will be organised?</p> <p>Webinars: At least one open webinar per technical WP will be organised to disseminate results during the last year of the JA.</p> <p>Events: National stakeholder events will be organised to disseminate the results of JACARDI; twinning events and synergies with other Joint Actions or related projects will be prepared and supported</p>	<p>What events will be organised?</p> <p>CaregIVR launched the project in a presential meeting (KOM) between the consortium Entities. Each WP will have a presential meeting that will evaluate the results of the WP and approve a detailed plan for the development of the next WP. The final event of the project will be a common event with JACARDI.</p> <p>There will be also training and promotion sessions with caregivers and clustering activities with JACARDI</p>
<p>Which international conferences are planned to be attended?</p> <p>JACARDI have been presented to many national and international conferences. Currently, we have submitted relevant abstracts and workshop to EPH Conference 2024.</p>	<p>Which international conferences are planned to be attended?</p> <ul style="list-style-type: none"> • 6th Conference of Health Sciences Academic Network (Rede Académica das Ciências da Saúde), from 28th to 30th of August of 2024 • I International Congress - Community Health: From Health Promotion to Rehabilitation (I Congresso Internacional – Saúde Comunitária: Da Promoção da Saúde à Reabilitação) submitted to be implemented in Angola in February of 2025. • International Congress CIE 2025 Helsinki. 9th to 13th June. @ICNurses • 17th European Public Health Conference 2024. Sailing the waves of European public health: exploring a sea of innovation. 13 - 15 November 2024 Lisbon, Portugal
<p>Deliverables/Milestones on dissemination</p> <ul style="list-style-type: none"> • Communication and Dissemination Strategy (March 2024) • Newsletters: Five online newsletters (08/24-06/25-04/26-02/27-09/27) • Webinars: Minimum one open-for-all webinar per technical WP will be organised during the last year of the project • Dissemination Report (10/25 - 10/27) • Website (04/24) 	<p>Deliverables/Milestones on dissemination</p> <ul style="list-style-type: none"> • Clustering activities with JACARDI: March 2024; April 2025; October 2026 • State-of-Art Report about informal caregivers: April 2024 • Promotion Sessions of the project: May 2024 • Website with Chat Room: July 2025 • E-book and leaflets: July 2025 • Final Report: October 2026
<p>Due date for deliverables/milestones See above</p>	<p>Due date for deliverables/milestones See above</p>
<p align="center">Do you think there could be joint activity on this issue?</p>	

Yes, the clustering Activities with JACARDI shall include synergies in dissemination. We suggest CaregIVR participation in JACARDI webinars resuming actions and results obtained till the moment of each webinar.

JACARDI	Action grant CaregIVR
SUSTAINABILITY	
Is there a sustainability strategy/plan?	Is there a sustainability strategy/plan?
<p>Yes. At pilot level, JACARDI's sustainability approach aims to enable and support the uptake, maintenance, reinforcement and scaling up of the s pilot implementations, outputs and results, using a specific methodology based on the experience and results of previous JAs (CHRODIS+, JADECARE) and reports published by the OECD (Guidebook on Best Practices), the EU JRC (Science for Policy Handbook) and the sustainability criteria used to review best practices for the EC Best Practices Portal.</p> <p>Situation analysis at pilot site covers also the perspective of sustainability including stakeholders identification. In Pilot implementation plan, each pilot site will agree on and include at least one concrete action supporting sustainability The concrete action(s) will be reevaluated at each new PDSA cycle, together with stakeholder board.</p> <p>After the implementation of the activities will end, the pilots will extensively engage with key stakeholders in designing Sustainability action plan, with actions covering at least 2 years after JACARDI ends. At high policy level, JACARDI will work together with JAPreventNCD in establishing and working with Policy Decision Making Forum. JACARDI Joint Action level Sustainability plan will be developed.</p>	<p>Yes. The project sustainability will be guaranteed by the involvement, as main stakeholders, of the national associations, both of patients and caregivers, interested into the areas of STROKE patient management, health literacy promotion, healthy aging, etc These organizations are the reference points for our target into the society, and we will share all the information with them to sustain the promotion and the dissemination of the training activities. Here, all the organizations of the third sector (i.e., NGOs) of assistance, support, proximity are also included. These activities are included in tasks T4.4 and T5.3. Public institutions, schools, and local health authorities will be involved. They will participate informing the entire society about the training activities, the purposes, the activities carried out into the project, and helping raising awareness of the topic, generating the necessary word-of mouth to precisely engage the target audience of the project. Creation of partnerships with stakeholders that support patients and informal caregivers of other pathologies, enhancing the tools already used in this project. Actively share the project, in scientific health activities and activities to support informal caregivers, sensitizing other health professionals or students to work in their specific areas, replicating the model in other contexts and other pathologies. NGOs will be provided with the materials produced within the project – app, access to website, leaflets, e-books, as well as the software of IVR and will receive the methodological support to be able to further use these in helping the caregivers.</p> <p>Complementarity will involve:</p> <ol style="list-style-type: none"> 1. Scalability: Once the project is succeeded in the initial four countries, it will serve as a model for other EU countries facing similar challenges in stroke care and informal caregiving. The training materials and lessons learned will be easily adapted to different languages and cultures within the EU. 2. Collaboration: Collaborate with relevant EU organizations, such as the European Stroke Organization and the EuroCarers, to promote the project's adoption across member states. 3. Policy Advocacy: Advocate for policy changes at the EU level to recognize and support informal caregivers as essential partners in healthcare. Encourage the inclusion of caregivers training and support programs in national healthcare policies. 4. Technology Transfer: Share the virtual reality technology and training methodologies developed in this project with other EU countries interested in implementing similar caregiver training programs (goal of at least 5 countries, e.g., Estonia, Croatia, Bulgaria, Slovenia and Chipre). 5. Research and Data Sharing: Continue to collect data on the project's impact and share this

	<p>information with other EU countries to demonstrate the benefits of virtual immersive caregiver training.</p> <p>6. Training the Trainers: Train healthcare professionals and educators from other EU countries in the implementation of the caregiver training program, ensuring its sustainability and scalability.</p>
If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?	If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?
<p>4.1.1 Task: SWOT analysis (based on the JADECARE Sustainability framework) specifically focused on factors related to the sustainability of the pilot, supported by guidance material, templates and webinars</p> <p>4.1.2 Task: methodology and template for the development of individual Sustainability Action Plans (sustainability action plans delivered during year 4) JACARDI supported by guidance material, templates and webinars, and a special training for effective science to policy interaction and communication</p> <p>4.2.1 Task: A mixed methods approach, including structured interviews and surveys (for example Self-assessment of Competences for Pilot Activity Sustainability), will be utilised to collate information to facilitate consortium members to learn from each other's expertise and experiences in the various stages of the implementation process on how to achieve sustainable pilot implementation, outputs and results.</p>	<p>3.1 Task: Focus Group with informal and formal caregivers, professors, students, vulnerable groups and stakeholders, about the creation of the contents to disseminated.</p> <p>4.5 Task: Training lessons with Immersive Virtual Reality</p> <p>5.1 Task: Best practices about health literacy.</p> <p>5.2 Task: Public health guidelines: Development of public health guidelines to help caregivers to improve quality care and management of cardiovascular patients, particularly post-stroke disabled people.</p> <p>5.3 Task: Partnership with NGO's to spread the use of the produced deliverables. These partnerships will be made also in Ukraine and in the countries of each partner of this project to help vulnerable groups, and in particular displaced people from Ukraine. It will aim to develop Ukraine people health literacy about prevention of cardiovascular diseases, besides to increase literacy in all vulnerable groups and public in general.</p>
What events will be organised on this issue?	What events will be organised on this issue?
<p>Achieving sustainable exploitation of JACARDI results after the financing ends is high on agenda of every JACARDI General Assembly and Stakeholders meeting. At pilot level, sustainability is as a principle built within implementation framework of JACARDI pilots, and represented at every methodological meeting. At high-policy level, yearly meetings of Policy Decision Making forum is the main event. As the JACARDI will progress, several workshops at international conferences are foreseen to disseminate and communicate the intermediary results of JACARDI with respect to achieving sustainability.</p>	<p>The final event will be the one to present the sustainability plan.</p> <p>Throughout the project, relationships will be created with stakeholders who will help to perpetuate the project's actions. Sustainability issues will be also always present in the construction of the pilot and the other deliverables of the project.</p>
Have any elements of sustainability been identified? And what are they?	Have any elements of sustainability been identified? And what are they?
<p>At pilot level, the SWOT, supported by Milestone 12, will be based on the JADECARE Sustainability framework and cover its core elements: Policy environment; Ownership of the sustainability; and Culture of collaboration. Sustainability situation analysis will be part of the local situational analysis. Approach will be further developed based on inputs from Task 4.2, supporting learning and knowledge generation within JACARDI consortium.</p>	<p>The main tools for sustainability will be the best practices guides that will be produced and the training sessions to empower people using the immersive virtual reality program that will be created.</p> <p>On the other hand, we will have Clinical Practice Guidelines for Health professionals, which will also give a strong contribution to the sustainability of the project.</p>
Does the plan include the involvement of European/national/local institutions?	Does the plan include the involvement of European/national/local institutions?
<p>At each pilot level, a network of key stakeholders (stakeholders' board) representing national/ regional or local level will be established to develop and facilitate sustainability-supporting activities during the implementation, and will be the co-creators of Sustainability action plan. At high-policy level, a Policy Decision Making forum (PDMF) will be established, that will include representation from all relevant DGs and EC agencies as well as multisectoral representation of EU countries' presidencies (Council), links to health attaches, and representatives of relevant EU Parliament bodies.</p>	<p>Like in the JACARDI action, a network of key stakeholders representing national/ regional or local level will be established to develop and facilitate sustainability-supporting activities during the implementation and will be the co-creators of Sustainability action plan.</p> <p>During the project, as projected in WP 4 and 5 we will contact other NGO's and government entities considering the sustainability of the project during the following years.</p>

There are also several activities outside WP4 on Sustainability, that facilitate the involvement of other institutions, such as Advisory Board, JACARDI Stakeholder Board, and diverse interactions of partners within Technical WPs, related to their topic.	To ensure the support in the several domains that are important to caregivers, we will have also extended teams made up of several health professionals such as Physiotherapists, Nurses, Occupational Therapists and Nutritionists. Our universities have those kinds of specialists.
Deliverables/Milestones	Deliverables/Milestones
<ul style="list-style-type: none"> MS12 Methodology for context analysis and identification of key stakeholders Methodology, guidance and templates for context analysis and analysis and stakeholder network building made available to implementing partners MS13 Sustainability action plan methodology. Sustainability Action Plan methodology and templates provided to implementing partners MS14 Training on science-policy interaction and communication. Training of trainers and partners provided to increase their capacity to improve the translation of JACARDI results into policy <p>*Task 4.1. will develop the support to Technical WPs , so each Implementing Partner will develop a Sustainability Action Plan , covering a period of 2 years after the end of JACARDI, and will be linked to Deliverable 3 of each Technical WP,</p> <ul style="list-style-type: none"> D4.1 Report “Achieving sustainability of JACARDI interventions: lessons learned” 	<p>The following deliverables will include the sustainability action plan:</p> <p>D5.1 Measure of reducing inequalities on vulnerable groups such as migrants/refugees, people living under war conditions, people with disabilities, rurales and others.</p> <p>D5.2 Final conferences in each partners country.</p> <p>We expect also that the last deliverable about clustering activities with JACARDI also includes the sustainability action plan involving synergies between the projects.</p> <p>D1.5 Clustering activities with JACARDI</p>
Due date for deliverables/milestones	Due date for deliverables/milestones
<ul style="list-style-type: none"> MS12 Methodology for context analysis - M2- December 2023 MS13 Sustainability action plan methodology - M12 - October 2024 MS14 Training on science-policy interaction and communication-all trainings end by M36 -October 2026 D4.1 Report - August 2027 	<p>D1.5 Clustering activities with JACARDI – October 2026</p> <p>D5.1 Measure of reducing inequalities on vulnerable groups such as migrants/refugees, people living under war conditions, people with disabilities, rurales and others – October 2026</p> <p>D5.2 Final conferences in each partners country - October 2026</p>
Do you think there could be joint activity on this issue?	
Yes. Reaching the same stakeholders can allow important synergies, so, sharing stakeholders can be an important decision. Workshops and webinars results should be shared also.	

JACARDI	Action grant CaregIVR
EQUITY	
Is there an equity strategy/plan? Yes	Is there an equity strategy/plan? Yes
If so, with which elements and on which target population? The “4Cs” framework (Critical reflection; Context and data; Co-design; and inclusive and accessible Communications) for integrating equity and diversity principles. This framework is applied as a lens to be applied in the planned activities by WPs and pilots, elaborated in an equity and diversity maturity matrix aligned with the XV methodological steps for pilot implementation. Additionally, equity and diversity indicators were integrated into harmonized context analysis questionnaires for national focal points of each partner	If so, with which elements and on which target population? Our action-level indicators and related activities reflect our concern with equity. WP5 is also about Reducing health inequalities: <ul style="list-style-type: none"> The individuals involved have targets by age group Number of people reached have a target just for vulnerable groups (1/3 of total) CaregIVR project aims to empower informal caregivers and vulnerable people, The burden on informal caregivers can be

<p>country, as well as into the methodology for pilot assessment and reporting.</p> <p>In particular, equity and diversity perspectives are embedded in the harmonized stepwise methodology for sub-projects, supported with a practical Equity and diversity maturity matrix. The maturity matrix is based on the above JACARDI 4Cs Equity and diversity explanatory framework (Critical reflection; Context and data; Co-design; inclusive and accessible Communications). The content of the matrix is divided into concrete steps related to project planning and implementation, each with three levels of comprehensiveness at which equity and diversity perspectives can be applied in practice: Approaching, Meeting, Exceeding. The sub-projects are encouraged to strive for any of these three levels, considering their available resources and previous experiences in diversity inclusion.</p> <p>JACARDI cross-cuttingly integrate cultural and ethnic diversity, other social determinants and commercial determinants in pilot actions through these tools/activities:</p> <ul style="list-style-type: none"> • Explanatory framework: we have a joint vision and understanding • Glossary: we talk about the same things • Checklist and matrix tool: we have concrete tools • Expert consultations: we have support in implementation • Masterclasses: we learn and reflect together <p>Target population: population in vulnerable situations, including migrants, elderlies etc</p>	<p>significant, and they often experience high levels of stress and burnout, and we aim to reduce that problem, considering informal caregivers play a critical role in supporting people with disabilities caused by cerebrovascular disease, and the presence of caregivers increases the probability of access to rehabilitation services as well as facilitate or even promote the access to healthcare services.</p> <p>Vulnerable people will include migrants/ refugees, people living under war conditions, people with disabilities and others, including Ukrainians.</p>
<p>What events will be organised on this issue?</p> <ul style="list-style-type: none"> • Masterclasses have been already conducted • A workshop and abstracts have been submitted to EPH conference 	<p>What events will be organised on this issue?</p> <p>Events will all include this perspective, but there won't be an event just for this purpose.</p>
<p>Does the plan include the involvement of European/national/local institutions?</p> <p>Yes, the task 5.3 is linked with the Stakeholder and experts that have been selected for the Stakeholder advisory board (Lancet Migration European Hub), and Scientific Advisory Board. Considering that the activities of task 5.3 are included transversally all Consortium Partners will be involved.</p>	<p>Does the plan include the involvement of European/national/local institutions?</p> <p>Yes, public institutions, schools, and local/national institutions will be involved.</p> <p>They will participate informing the entire society about the training activities, the purposes, the activities carried out into the project, and help in raising awareness of the topic, generating the necessary word-of mouth to precisely engage the target audience of the project.</p>
<p>Deliverables/Milestones</p> <p>D5.1 Methodological framework</p>	<p>Deliverables/Milestones</p> <p>D5.1 - Measure of reducing inequalities on vulnerable groups</p>
<p>Due date for deliverables/milestones</p> <p>November 2024</p>	<p>Due date for deliverables/milestones</p> <p>October 2026</p>
<p>Do you think there could be joint activity on this issue?</p>	
<p>CaregIVR have a target for vulnerable people, so the project itself was built around the preoccupation with equity, but in a first analysis, we don't find a clear way to have synergies with JACARDI framework. We are open to all suggestions.</p>	

JACARDI	Action grant CaregIVR
IMPLEMENTATION	
<p>Is there an implementation plan/strategy?</p> <p>Yes</p>	<p>Is there an implementation plan/strategy?</p> <p>Yes.</p>
<p>If so, what are the (main) topic(s) of the implementations?</p> <p>JACARDI implementations follow the concept of the Patient Journey: <i>Health Literacy, Data Availability, Screening, Healthcare Pathways, Patients' self-management, Labour participation</i></p>	<p>If so, what are the (main) topic(s) of the implementations?</p> <p>Contribute to the increase of caregiver's health literacy levels through immersive virtual reality sessions. Implementing actions to reduce health literacy inequalities among people belonging to vulnerable groups.</p>

<p>Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)? Yes The methodological framework is built around 4 core activities and follows a 15-steps guidelines:</p> <ul style="list-style-type: none"> • Context Analysis • Preparation of pilot project plan • Implementation of the pilot • Multidimension assessment 	<p>Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)? Yes. The methodology is reflected in the WP:</p> <ul style="list-style-type: none"> • WP2: Comparison of local contexts and Transnational Analysis. • WP3: Development of Good Transnational Practices adapted to each country's reality (including 2 pilots – APP and IVR software). • WP4: Implementation of best practices using innovative tools (website, APP, IVR equipment). • WP5: Reducing health inequalities. <p>CaregIVR project sits on virtual immersive reality technology. CaregIVR therapy provides a virtual environment created using computer technologies to simulate a human machine interface, which will allow interaction with an environment within a simulated reality.</p> <p>Training will be articulated in different sessions, characterized by frontal and practical lessons. The first session will be functional to the knowledge and the experimentation of the key concepts about health literacy, organizational health literacy and their positive results in terms of improvement of health outcomes. Then, in the second session trainers learn what it is the stroke and its consequences, going in depth about the different type of assistance and care to apply according to the specific needs of each patient and the competences of each caregiver. The third session will include the acquisition of assistance and rehabilitative abilities and communicative skills by trainers. The last session will be practical, using knowledge and knowhow acquired.</p> <p>The IVR sessions will use the IVR headset and computer software and Caregivers participating in the research will get 360- degree medical illustrations that show changes resulting from poor diet and lack of physical activity (page 6 shows a more detailed description). Additionally, they will take advantage of an immersive visual experience in which the caregiver virtually enters the world of António, a 65-year-old man, and advances to the age of 70, where he returns home after a stroke, and will advance for another decade of life experiencing the progression of aging and disability.</p> <p>In addition, CaregIVR intends to create an innovative platform and app where is possible to exchange information between informal caregivers and other families and also between healthcare professionals through web collaboration, providing information and intervention strategies based on the best health evidence currently available. Creation of support material for long term caregivers and patients in website format, where it will be possible to participate in chat rooms that will allow experiences sharing and expansion of the social support network. Provision of an e-book and leaflets will also allow reaching caregivers in all formats.</p>
<p>What is/are the geographical coverage of the implementations?</p>	<p>What is/are the geographical coverage of the implementations?</p>

18 implementing countries	Italy, Poland, Portugal, and Spain
What are the expected results of the implementations? The widespread implementation of 143 pilots will ensure extensive coverage and geographic reach. By adopting a unified implementation approach and a multi-assessment methodology, the risk of failure will be minimized, and the analysis of success factors and contextual influences will be facilitated. The resulting roadmap, developed for each of the six thematic areas, will act as proof-of-concept case studies, offering the potential to scale and extend these experiences at national or regional levels. JACARDI will foster cross-national collaboration by maximizing the application of lessons learned through a well-defined strategy. This approach will actively engage key stakeholders, promote the integration and sustainability of methodologies, and achieve significant impact, including fostering effective interaction, cooperation, and co-creation between science and policy.	What are the expected results of the implementations? Test Pilots and then implement them.
If there will be any webinars organised on this topic, which ones, when and what will they be about? At least one webinar for each of the six technical WPs will be conducted to disseminate the results achieved.	If there will be any webinars organised on this topic, which ones, when and what will they be about? T5.5 Workshops to vulnerable groups using the IVR program created with the pilot
Deliverables/Milestones Implementation Plan (end of 2024) Final implementation report and Roadmap for scaling-up (Oct 2027) For each of the technical WPs	Deliverables/Milestones D3.2 Pilot - Software of IVR to increase health literacy. D3.3 Pilot - App with advice about healthy lifestyle (physical activity, nutrition, and sleep).
Due date for deliverables/milestones	Due date for deliverables/milestones D3.2 May 2025 D3.3 October 2025
Do you think there could be joint activity on this issue?	

JACARDI	Action grant DUSE
Main Objective	
Support EU countries to reduce the burden of CVD and DM and related risk factors, both at individual and societal level, while assuring health systems sustainability and equity	The DUSE goal is to promote new educational strategies to increase awareness in children and adolescents on how maintaining a healthy lifestyle can counteract the onset on NCD such as diabetes. Thus, the DUSE project aims at promoting self-efficacy of younger generations making them able to incorporate good nutrition and the constant practice of sport activity in their daily routine. This makes sense because changing unhealthy behaviours during adulthood is more difficult and ineffective than establishing healthy behaviours during childhood.
Specific Objectives	
Enhance and promote the implementation of (cross-sectional) best practices, and pilot testing of innovative practices throughout the whole 'patient' journey	<p>Transmit, spread and consolidate the culture of the good lifestyle in young people, improving the understanding of how important good nutritional habits and the constant practice of regular exercise are on health</p> <p>Contribute to the health improvement of the youth at risk population (infancy obesity and type 2 diabetes) improving parents' competences in nutritional and behavioural choices</p> <p>Deepen the knowledge on diabetes prevention for a large share of youth by monitoring the level of awareness on good healthy practices</p> <p>Provide Ukrainian refugee kids as well as kids in Ukraine with effective educational tools to manage their health despite the ongoing critical war situation.</p> <p>Advance the scientific knowledge on diabetes prevention by testing and evaluating specific educative protocols.</p>
<p>Are there any synergies between the objectives or are there common objectives in your view?</p> <p>We aim to support EU countries to reduce the burden of diabetes based on health education and health literacy in youth. We aim to make people aware that the constant practice of physical exercise together with a stable maintenance of good lifestyle can significantly improve their health. We believe that programs specifically addressed to young subjects can encourage them to follow the practice of regular of exercise as prevention for diabetes and NCDs in general. DUSE also aims at the health improvement of at-risk population (children with obesity or T2DM) and Ukrainian kids affected by the war situation.</p> <p>DUSE will broad the scientific knowledge of health benefits deriving from diabetes prevention. The specific didactic protocols will be evaluated in two school years in 4 countries leading the transferability at EU level. This research will clarify some behavioural mechanisms underlying diabetes prevention by providing observations in a large group of subjects for a long period of time.</p>	

JACARDI	Action grant DUSE
WP2 Dissemination and communication	
Is there a communication strategy? Yes	Is there a communication strategy? Yes
<p>If so, which tools are part of it?</p> <p>The document details the 7 W's concept, the responsibility framework, including leadership within WP2 and expected contributions from project partners ("WHO"). A clearly defined methodology ("WHOM") is used to identify target audiences (stakeholder groups). The WHAT section provides details on the specific content and messages to be communicated, outlining the process for developing key messages and creating content.</p> <p>The HOW section defines the communication and dissemination framework, including workflow considerations such as inclusive and accessible communication practices and SEO best practices. The</p>	<p>If so, which tools are part of it?</p> <p>WP6 is dedicated to dissemination and communication. The objectives of DUSE communication and exploitation work are to support the take-up of educational protocols aimed to the prevention of diabetes beyond the project consortium, targeting the relevant stakeholders, while giving visibility to the experiences carried out in the project cities, including success and failure factors and lessons learned. Moreover, external stakeholders and experts will be consulted to validate project results and provide valuable feedback.</p> <p>The various publications and events will support the accelerated deployment and development of educational practice addressed to healthy and at-risk population and will</p>

<p>document addresses training and support for pilot projects in communication.</p> <p>The WHERE and WHEN section provides details on the specific communication channels and dissemination schedule, covering the JACARDI project website, social media strategy, scientific communication channels (publications and Science to Policy Strategy), and other communication channels such as press releases, newsletters, webinars, and national stakeholder events. JACARDI have developed a Brand Guide and a Visual and Communication Toolkit.</p>	<p>raise awareness by sharing and disseminating results across and beyond Europe. The various channels and communication tools developed in WP5 will reach out to specific target groups with the objective to create a long-lasting legacy of the project results for the wide take up of project results. Through this framework, DUSE activities and results will reach a wider audience, leveraging more opportunities for take-up and exchange across Europe and further afield.</p> <p>The different activities implemented in these WP are enablers for raising awareness about DUSE with the following objectives:</p> <ul style="list-style-type: none"> • Define and implement a common strategy for effective and integrated communication and dissemination of DUSE activities and results • Develop and design the necessary tools for appropriate dissemination • Inform the relevant stakeholders at local, national, European and international levels and ensure a wide visibility of the project • Increase the project's visibility, thus broadening the project acceptance and influencing the uptake potential • Enhance media coverage and local awareness thanks to local workshops in the 5 countries • Inspire a wide uptake of sport practice for diabetic people across Europe
<p>What events will be organised?</p> <p>Webinars: At least one open webinar per technical WP will be organised to disseminate results during the last year of the JA.</p> <p>Events: National stakeholder events will be organised to disseminate the results of JACARDI; twinning events and synergies with other Joint Actions or related projects will be prepared and supported</p>	<p>What events will be organised?</p> <p>DUSE launched the project in a presential meeting (KOM) between the consortium Entities. We foresee one consortium meeting in presence each year.</p> <p>The final event of the project will be a common event with JACARDI.</p> <p>There will also be local events organized within the schools.</p>
<p>Which international conferences are planned to be attended?</p> <p>JACARDI have been presented to many national and international conferences. Currently, we have submitted relevant abstracts and workshop to EPH Conference 2024.</p>	<p>Which international conferences are planned to be attended?</p> <p>The consortium organized a workshop at the 32nd ICPESS meeting in Komotini (Greece) on May 31st 2024. We foresee the participation at several national and international congresses like SIF, SINU, SIO, SID meetings (Italy), ICPESS (Greece), IDF and IOVS (international).</p>
<p>Deliverables/Milestones on dissemination</p> <ul style="list-style-type: none"> • Communication and Dissemination Strategy (March 2024) • Newsletters: Five online newsletters (08/24-06/25-04/26-02/27-09/27) • -Webinars: Minimum one open-for-all webinar per technical WP will be organised during the last year of the project • Dissemination Report (10/25 - 10/27) • Website (04/24) 	<p>Deliverables/Milestones on dissemination</p> <p>MS10 Synergy with the JA: meeting 1 (M3)</p> <p>MS11 Synergy with the JA: meeting 2 (M12)</p> <p>MS12 Final common event of JA (M22)</p> <p>D6.1 Dissemination and communication plan (M4)</p> <p>D6.2 Dissemination material and templates (M4)</p> <p>D6.3 Planning of foreseen activities to develop synergies with the JA (M6)</p> <p>D6.4 Report on first period of activities to build and strengthen synergies with the JA (M15)</p> <p>D6.5 Final Report on a Joint Conference on Synergies (M25)</p> <p>D6.6 Dissemination materials and media (M34)</p> <p>D6.7 Report on communication events and international cooperation (M36)</p>
<p>Due date for deliverables/milestones</p> <p>See above</p>	<p>Due date for deliverables/milestones</p> <p>See above</p>
<p>Do you think there could be joint activity on this issue?</p>	

Yes, the clustering Activities with JACARDI could include synergies in dissemination. We suggest DUSE participation in JACARDI webinars resuming actions and results obtained till the moment of each webinar.

JACARDI	Action grant DUSE
SUSTAINABILITY	
Is there a sustainability strategy/plan?	Is there a sustainability strategy/plan?
<p>Yes. At pilot level, JACARDI's sustainability approach aims to enable and support the uptake, maintenance, reinforcement and scaling up of the s pilot implementations, outputs and results, using a specific methodology based on the experience and results of previous JAs (CHRODIS+, JADECARE) and reports published by the OECD (Guidebook on Best Practices), the EU JRC (Science for Policy Handbook) and the sustainability criteria used to review best practices for the EC Best Practices Portal.</p> <p>Situation analysis at pilot site covers also the perspective of sustainability including stakeholders identification. In Pilot implementation plan, each pilot site will agree on and include at least one concrete action supporting sustainability The concrete action(s) will be reevaluated at each new PDSA cycle, together with stakeholder board. After the implementation of the activities will end, the pilots will extensively engage with key stakeholders in designing Sustainability action plan, with actions covering at least 2 years after JACARDI ends. At high policy level, JACARDI will work together with JAPreventNCD in establishing and working with Policy Decision Making Forum. JACARDI Joint Action level Sustainability plan will be developed.</p>	<p>Yes. The DUSE project is designed to include numerous actions allowing its sustainability:</p> <ul style="list-style-type: none"> • The sport organizations (AJSPT and LOFT) have the required experience in teaching physical education at schools and promoting exercise programs. UNIBO has the scientific background and administrative experience to coordinate the project. In addition, the two universities (UNIBO and DUTH) and the hospital IRCSS AOUBO have all the personnel, instruments, laboratories and facilities necessary to create the educative material, perform the measurements and analysis. Several associations and scientific societies will participate in the dissemination of results. • The university courses and educative programs will be used, improved and implemented with additional knowledge derived from practice. • The actions taken by the DUSE methodology will find other stakeholders (e.g. doctors, sport educators, diabetic people, other universities, research centers) who, finding the work done and validated, will be eager to use it. <p>All partners pay constant attention to the environmental sustainability of their actions. In this direction, the project is intended to be a low environmental impact initiative. Particular attention will be given to recycling and reduction of waste (particularly plastic), put into effect through the placement of differentiated trash containers, the provision of tap water, the use of organic materials' table utensils, and the preferential supply of organic food and "zero food miles" (i.e. local products, in order to strike down environmental impact of transportation). Paper materials will be printed on recycled paper.</p>
If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?	If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?
<p>4.1.1 Task: SWOT analysis (based on the JADECARE Sustainability framework) specifically focused on factors related to the sustainability of the pilot, supported by guidance material, templates and webinars</p> <p>4.1.2 Task: methodology and template for the development of individual Sustainability Action Plans (sustainability action plans delivered during year 4) JACARDI supported by guidance material, templates and webinars, and a special training for effective science to policy interaction and communication</p> <p>4.2.1 Task: A mixed methods approach, including structured interviews and surveys (for example Self-assessment of Competences for Pilot Activity Sustainability), will be utilised to collate information to facilitate consortium members to learn from each other's expertise and experiences in the various stages of the implementation process on how to achieve sustainable pilot implementation, outputs and results.</p>	<p>Yes</p> <p>T3.1 - Educational training for children T3.2 - Educational training for adolescents T3.3 - Educational training for high-risk population T3.4 - Educational training for refugees T3.5 - University courses</p> <p>Lessons, dialogues, focus groups.</p>

What events will be organised on this issue?	What events will be organised on this issue?
<p>Achieving sustainable exploitation of JACARDI results after the financing ends is high on agenda of every JACARDI General Assembly and Stakeholders meeting. At pilot level, sustainability is as a principle built within implementation framework of JACARDI pilots, and represented at every methodological meeting. At high-policy level, yearly meetings of Policy Decision Making forum is the main event. As the JACARDI will progress, several workshops at international conferences are foreseen to disseminate and communicate the intermediary results of JACARDI with respect to achieving sustainability.</p>	<p>National and international events to share learning on project activities</p> <p>Workshop in congresses (like ICPESS, see above)</p> <p>Final conference event to share learning on project activities</p>
Have any elements of sustainability been identified? And what are they?	Have any elements of sustainability been identified? And what are they?
<p>At pilot level, the SWOT, supported by Milestone 12, will be based on the JADECARE Sustainability framework and cover its core elements: Policy environment; Ownership of the sustainability; and Culture of collaboration. Sustainability situation analysis will be part of the local situational analysis. Approach will be further developed based on inputs from Task 4.2, supporting learning and knowledge generation within JACARDI consortium.</p>	<p>The main tools for sustainability will be the best practices guides that will be produced during the project's life.</p>
Does the plan include the involvement of European/national/local institutions?	Does the plan include the involvement of European/national/local institutions?
<p>At each pilot level, a network of key stakeholders (stakeholders' board) representing national/ regional or local level will be established to develop and facilitate sustainability-supporting activities during the implementation, and will be the co-creators of Sustainability action plan. At high-policy level, a Policy Decision Making forum (PDMF) will be established, that will include representation from all relevant DGs and EC agencies as well as multisectoral representation of EU countries' presidencies (Council), links to health attaches, and representatives of relevant EU Parliament bodies. There are also several activities outside WP4 on Sustainability, that facilitate the involvement of other institutions, such as Advisory Board, JACARDI Stakeholder Board, and diverse interactions of partners within Technical WPs, related to their topic.</p>	<p>A network of key stakeholders will be established to develop and facilitate sustainability-supporting activities during the implementation (WP3).</p>
Deliverables/Milestones	Deliverables/Milestones
<ul style="list-style-type: none"> • MS12 Methodology for context analysis and identification of key stakeholders Methodology, guidance and templates for context analysis and analysis and stakeholder network building made available to implementing partners • MS13 Sustainability action plan methodology. Sustainability Action Plan methodology and templates provided to implementing partners • MS14 Training on science-policy interaction and communication. Training of trainers and partners provided to increase their capacity to improve the translation of JACARDI results into policy <p>*Task 4.1. will develop the support to Technical WPs , so each Implementing Partner will develop a Sustainability Action Plan , covering a period of 2 years after the end of JACARDI, and will be linked to Deliverable 3 of each Technical WP,</p>	<p>MS2 1st year children lessons completed (M18)</p> <p>MS3 1st year adolescent lessons completed (M18)</p> <p>MS4 1st year high-risk lessons completed (M18)</p> <p>MS5 1st year refugees' lessons completed (M18)</p> <p>MS6 2st year children lessons completed (M30)</p> <p>MS7 2st year adolescent lessons completed (M30)</p> <p>MS8 2st year high-risk lessons completed (M30)</p> <p>MS9 2st year refugees' lessons completed (M30)</p> <p>D3.1 Intermediate activity report (M18)</p> <p>D3.2 Final activity report (M33)</p>

<ul style="list-style-type: none"> D4.1 Report “Achieving sustainability of JACARDI interventions: lessons learned” 	
Due date for deliverables/milestones	Due date for deliverables/milestones
<ul style="list-style-type: none"> MS12 Methodology for context analysis - M2- December 2023 MS13 Sustainability action plan methodology - M12 - October 2024 MS14 Training on science-policy interaction and communication-all trainings end by M36 -ctober 2026 D4.1 Report - August 2027 	See above
Do you think there could be joint activity on this issue?	
Yes. We could work on stakeholders given that reaching the same stakeholders could allow very important synergies.	

JACARDI	Action grant DUSE
EQUITY	
Is there an equity strategy/plan? Yes	Is there an equity strategy/plan? Yes
<p>If so, with which elements and on which target population?</p> <p>The “4Cs” framework (Critical reflection; Context and data; Co-design; and inclusive and accessible Communications) for integrating equity and diversity principles. This framework is applied as a lens to be applied in the planned activities by WPs and pilots, elaborated in an equity and diversity maturity matrix aligned with the XV methodological steps for pilot implementation. Additionally, equity and diversity indicators were integrated into harmonized context analysis questionnaires for national focal points of each partner country, as well as into the methodology for pilot assessment and reporting.</p> <p>In particular, equity and diversity perspectives are embedded in the harmonized stepwise methodology for sub-projects, supported with a practical Equity and diversity maturity matrix. The maturity matrix is based on the above JACARDI 4Cs Equity and diversity explanatory framework (Critical reflection; Context and data; Co-design; inclusive and accessible Communications). The content of the matrix is divided into concrete steps related to project planning and implementation, each with three levels of comprehensiveness at which equity and diversity perspectives can be applied in practice: Approaching, Meeting, Exceeding. The sub-projects are encouraged to strive for any of these three levels, considering their available resources and previous experiences in diversity inclusion.</p> <p>JACARDI cross-cuttingly integrate cultural and ethnic diversity, other social determinants and commercial determinants in pilot actions through these tools/activities:</p> <ul style="list-style-type: none"> Explanatory framework: we have a joint vision and understanding Glossary: we talk about the same things Checklist and matrix tool: we have concrete tools Expert consultations: we have support in implementation Masterclasses: we learn and reflect together 	<p>If so, with which elements and on which target population?</p> <p>WP4 refers to aspects and perspective related to equity. The DUSE consortium is engaged in a fair and proper distribution of resources, opportunities, and outcomes among individuals by recognizing disparities. DUSE will examine and assess the extent to which fairness and justice are achieved in the context of prevention of NCDs and health maintenance. By considering the equity dimension, we aim to identify and address any inequalities or barriers that may exist, striving for more equitable and inclusive protocols.</p> <p>Thus, DUSE Control of Equity Dimension module will aim at reducing health inequalities by:</p> <ul style="list-style-type: none"> focusing on the social determinants of health, such as income, education, and living conditions, which significantly impact individuals' well-being. By addressing these root causes, we can bridge the gaps in health outcomes between various socio-economic groups (non-Ukrainian refugees, immigrants, Roma, vulnerable groups etc). creating health promotion and disease prevention strategies which can play a vital role in minimizing health disparities. By prioritizing these measures, we can make significant progress in reducing health inequalities and create a healthier, fairer society for all.

Target population: population in vulnerable situations, including migrants, elderlies etc	
What events will be organised on this issue? <ul style="list-style-type: none"> • Masterclasses have been already conducted • A workshop and abstracts have been submitted to EPH conference 	What events will be organised on this issue? All DUSE events will include this view. We have not programmed an event just for this purpose.
Does the plan include the involvement of European/national/local institutions? Yes, the task 5.3 is linked with the Stakeholder and experts that have been selected for the Stakeholder advisory board (Lancet Migration European Hub), and Scientific Advisory Board. Considering that the activities of task 5.3 are included transversally all Consortium Partners will be involved.	Does the plan include the involvement of European/national/local institutions? Yes, public institutions, schools, and local/national institutions will be involved. They will participate informing the entire society about the training activities, the purposes, the activities carried out into the project, and help in raising awareness about diabetes prevention.
Deliverables/Milestones D5.1 Methodological framework	Deliverables/Milestones D4.1 Control of Equity Dimension report (M13)
Due date for deliverables/milestones November 2024	Due date for deliverables/milestones See above
Do you think there could be joint activity on this issue?	
DUSE targets both general population and vulnerable people, so the project considers equity. DUSE and JACARDI could share the good practices for inclusion in dedicated workshops.	

JACARDI	Action grant DUSE
IMPLEMENTATION	
Is there an implementation plan/strategy? Yes	Is there an implementation plan/strategy? Yes
If so, what are the (main) topic(s) of the implementations? JACARDI implementations follow the concept of the Patient Journey: <i>Health Literacy, Data Availability, Screening, Healthcare Pathways, Patients' self-management, Labour participation</i>	If so, what are the (main) topic(s) of the implementations? WP3 goal is to carry out the core implementation actions of the project addressed to target beneficiaries.
Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)? Yes The methodological framework is built around 4 core activities and follows a 15-steps guidelines: <ul style="list-style-type: none"> • Context Analysis • Preparation of pilot project plan • Implementation of the pilot • Multidimension assessment 	Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)? Yes. After defining the test plan and recruiting target beneficiaries, the activities will be organized in two main streams: <ul style="list-style-type: none"> • to carry out educational courses in schools for teaching children/adolescents' diabetes prevention according to the DUSE protocols. • to carry out courses either in the universities for educating students/trainers according to the DUSE protocols. • to carry out educational courses in special centers for refugees to teaching diabetes prevention according to the DUSE protocols. • to carry out educational courses in schools for refugees to teaching diabetes prevention according to the DUSE protocols.
What is/are the geographical coverage of the implementations? 18 implementing countries	What is/are the geographical coverage of the implementations? Italy, Greece, Romania, Ukraine
What are the expected results of the implementations? The widespread implementation of 143 pilots will ensure extensive coverage and geographic reach. By adopting a unified implementation approach and a multi-assessment methodology, the risk of failure will be minimized, and the analysis of success factors and contextual influences will be facilitated. The resulting roadmap, developed for each	What are the expected results of the implementations? Test the educational protocols and then implement them.

<p>of the six thematic areas, will act as proof-of-concept case studies, offering the potential to scale and extend these experiences at national or regional levels. JACARDI will foster cross-national collaboration by maximizing the application of lessons learned through a well-defined strategy. This approach will actively engage key stakeholders, promote the integration and sustainability of methodologies, and achieve significant impact, including fostering effective interaction, cooperation, and co-creation between science and policy.</p>	
<p>If there will be any webinars organised on this topic, which ones, when and what will they be about? At least one webinar for each of the six technical WPs will be conducted to disseminate the results achieved.</p>	<p>If there will be any webinars organised on this topic, which ones, when and what will they be about? We have not foreseen webinars on this topic but we are open for suggestions.</p>
<p>Deliverables/Milestones</p> <p>Implementation Plan (end of 2024) Final implementation report and Roadmap for scaling-up (Oct 2027) For each of the technical WPs</p>	<p>Deliverables/Milestones</p> <p>MS2 1st year children lessons completed (M18) MS3 1st year adolescent lessons completed (M18) MS4 1st year high-risk lessons completed (M18) MS5 1st year refugees' lessons completed (M18) MS6 2st year children lessons completed (M30) MS7 2st year adolescent lessons completed (M30) MS8 2st year high-risk lessons completed (M30) MS9 2st year refugees' lessons completed (M30)</p> <p>D3.1 Intermediate activity report (M18) D3.2 Final activity report (M33)</p>
<p>Due date for deliverables/milestones</p>	<p>Due date for deliverables/milestones</p>
	<p>See above</p>
<p>Do you think there could be joint activity on this issue?</p>	

JACARDI	Action grant PERFECTO
Main Objective	
Support EU countries to reduce the burden of CVD and DM and related risk factors, both at individual and societal level, while assuring health systems sustainability and equity	Contribute to the reduction of CVD burden and health inequity. PERFECTO addresses the general objective by providing very tangible evidence of the positive impact of preventive measures via FH pediatric screening, on individuals and their families, population health and health systems. It will specifically generate interdisciplinary-based insights and practical knowledge to move forward with effectively tailoring communication and awareness raising among stakeholders from citizen to policy-level advocacy and thus contribute to the design, planning and implementation of the best practice FH pediatric screening in EU member states where access to such services is low and 'windows of opportunity' exist for potential implementation. PERFECTO will also inspire similar preventive actions and policy in other areas of cardiovascular diseases (CVD) shifting the narrative towards cardiovascular health (CVH), and potentially in screening for Type 1 Diabetes.
Specific Objectives	
Enhance and promote the implementation of (cross-sectional) best practices, and pilot testing of innovative practices throughout the whole 'patient' journey	Move forward the implementation of FH Pediatric Screening across Europe by creating a more enabling and supporting environment, focusing especially on countries where CVD burden is the highest and FH awareness is lower among wider stakeholders.
<p>Are there any synergies between the objectives or are there common objectives in your view?</p> <p>Support EU countries to reduce the burden of CVD (and potentially T1D) based on the early detection of familial CVD risk factors, both at individual and societal level, while assuring health systems sustainability and equity</p> <p>Enhance and promote the implementation of a best practice – FH paediatric screening/cholesterol testing, and pilot testing of innovative practices throughout the whole 'patient' journey</p>	

JACARDI	Action grant PERFECTO
WP2 Dissemination and communication	
Is there a communication strategy? Yes	Is there a communication strategy? Yes
<p>If so, which tools are part of it?</p> <p>The document details the 7 W's concept, the responsibility framework, including leadership within WP2 and expected contributions from project partners ("WHO"). A clearly defined methodology ("WHOM") is used to identify target audiences (stakeholder groups). The WHAT section provides details on the specific content and messages to be communicated, outlining the process for developing key messages and creating content.</p> <p>The HOW section defines the communication and dissemination framework, including workflow considerations such as inclusive and accessible communication practices and SEO best practices. The document addresses training and support for pilot projects in communication.</p> <p>The WHERE and WHEN section provides details on the specific communication channels and dissemination schedule, covering the JACARDI project website, social media strategy, scientific communication channels (publications and Science to Policy Strategy), and other communication channels such as press releases, newsletters, webinars, and national stakeholder events. JACARDI have developed a Brand Guide and a Visual and Communication Toolkit.</p>	<p>If so, which tools are part of it?</p> <p>PERFECTO, WP5 is dedicated to communication and dissemination, as part of it we have developed a Brand Guide and a Visual and Communication Strategy.</p> <p>PERFECTO's communications and dissemination activities will gradually increase as the project progresses. This will generate targeted awareness of PERFECTO and favourable conditions to facilitate exploitation.</p> <p>A preliminary Communications, Advocacy and Dissemination Plan will be continually monitored, updated and reported during the course of the project. This monitoring will be based on key performance indicators (KPI) identified by the consortium. In this sense, it will be a living document that evolves with and over the course of the project's duration, learning from the project's dissemination experiences and adapting to its changing needs.</p> <p>At the beginning of the project, we will hold a knowledge management seminar for all partners where we will discuss, define and agree on a C&D plan and relevant KPIs. Also, in the consortium agreement we will include consensus on authorship (including order) of outputs (CS and handbook), articles and mentioning the Vancouver recommendations as a criterion for co-authorship.</p> <p>An understanding of our main target groups and external stakeholders' interests, motivations and drivers are</p>

	<p>essential for effective dissemination and communication. However, audiences are often varied, with different levels of interest or power. Therefore, understanding where audiences might be located in terms of interest and power is important in order to clarify how we best ensure impact through targeted dissemination and communication. Consequently, one of the tasks in the beginning of the project is to clarify the interests, motivations and drivers of our audiences (the supporting expert groups will help in this regard). Furthermore, to ensure effective stakeholder engagement during the project we will address their interests whilst attempting to overcome some of the barriers they experience.</p> <p>PERFECTO will fully exploit the potentials of different social media channels to reach targeted stakeholders (YouTube, Twitter and LinkedIn), thus maximising project impact. A branded social media account for the project will be established on YouTube (e.g., for recorded webinars) while we will work with partners' Twitter and LinkedIn platforms with established followers. These social media accounts will be regularly updated to communicate key information about project's achievements and activities. All communication and dissemination material will clearly state that the project was funded by the EU4H programme. The communication activities will start in M1, with all PERFECTO partners' commitment to ensure relevant content, maximum visibility in designated channels and viral spread. The communication activities will continue until M30. After this date, the partners are committed to continue the activities in their own channels for up to 3 years after completion of the project. The following table provides an overview of the communications activities and channels, including a timeline.</p>
<p>What events will be organised? Webinars: At least one open webinar per technical WP will be organised to disseminate results during the last year of the JA. Events: National stakeholder events will be organised to disseminate the results of JACARDI; twinning events and synergies with other Joint Actions or related projects will be prepared and supported</p>	<p>What events will be organised? As part of the FH Europe Foundation Annual Network Meeting on the second weekend of November each year a dedicated session will be dedicated to FH paediatric screening</p>
<p>Which international conferences are planned to be attended? JACARDI have been presented to many national and international conferences. Currently, we have submitted relevant abstracts and workshop to EPH Conference 2024.</p>	<p>Which international conferences are planned to be attended? The list of international events is currently being revisited with the Consortium Partners. So far PERFECTO has been presented at the European Atherosclerosis Society the Global FH Registry meeting in Lyon, France.</p>
<p>Deliverables/Milestones on dissemination</p> <ul style="list-style-type: none"> • Communication and Dissemination Strategy (March 2024) • Newsletters: Five online newsletters (08/24-06/25-04/26-02/27-09/27) • -Webinars: Minimum one open-for-all webinar per technical WP will be organised during the last year of the project • Dissemination Report (10/25 - 10/27) • Website (04/24) 	<p>Deliverables/Milestones on dissemination</p>
<p>Due date for deliverables/milestones See above</p>	<p>Due date for deliverables/milestones</p>
<p style="text-align: center;">Do you think there could be joint activity on this issue?</p>	

JACARDI	Action grant PERFECTO
SUSTAINABILITY	
Is there a sustainability strategy/plan?	Is there a sustainability strategy/plan?
<p>Yes. At pilot level, JACARDI's sustainability approach aims to enable and support the uptake, maintenance, reinforcement and scaling up of the s pilot implementations, outputs and results, using a specific methodology based on the experience and results of previous JAs (CHRODIS+, JADECARE) and reports published by the OECD (Guidebook on Best Practices), the EU JRC (Science for Policy Handbook) and the sustainability criteria used to review best practices for the EC Best Practices Portal.</p> <p>Situation analysis at pilot site covers also the perspective of sustainability including stakeholders identification. In Pilot implementation plan, each pilot site will agree on and include at least one concrete action supporting sustainability The concrete action(s) will be reevaluated at each new PDSA cycle, together with stakeholder board. After the implementation of the activities will end, the pilots will extensively engage with key stakeholders in designing Sustainability action plan, with actions covering at least 2 years after JACARDI ends. At high policy level, JACARDI will work together with JAPreventNCD in establishing and working with Policy Decision Making Forum. JACARDI Joint Action level Sustainability plan will be developed.</p>	<p>The impact of PERFECTO will be ensured and sustained through the networks of the project partner umbrella organisations, in particular FH Europe, EPHA and EuroScan.</p> <p>Working on sustainability will be an ongoing activity to ensure competence building and the involvement of all participating countries, regions and public authorities.</p> <p>The FH ambassadors trained during the project will ensure a multiplicative effect in the post-project period era in countries and regions not participating directly in the project. Finally, while WP5 will specifically undertake actions to guide the sustainability and continuation of PERFECTO will optimise synergies with relevant contacts in participating countries, joint actions, relevant Horizon Europe partnerships, EIT Health and EU4H.</p>
If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?	If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?
<p>4.1.1 Task: SWOT analysis (based on the JADECARE Sustainability framework) specifically focused on factors related to the sustainability of the pilot, supported by guidance material, templates and webinars</p> <p>4.1.2 Task: methodology and template for the development of individual Sustainability Action Plans (sustainability action plans delivered during year 4)</p> <p>JACARDI supported by guidance material, templates and webinars, and a special training for effective science to policy interaction and communication</p> <p>4.2.1 Task: A mixed methods approach, including structured interviews and surveys (for example Self-assessment of Competences for Pilot Activity Sustainability), will be utilised to collate information to facilitate consortium members to learn from each other's expertise and experiences in the various stages of the implementation process on how to achieve sustainable pilot implementation, outputs and results.</p>	
What events will be organised on this issue?	What events will be organised on this issue?
<p>Achieving sustainable exploitation of JACARDI results after the financing ends is high on agenda of every JACARDI General Assembly and Stakeholders meeting. At pilot level, sustainability is as a principle built within implementation framework of JACARDI pilots, and represented at every methodological meeting. At high-policy level, yearly meetings of Policy Decision Making forum is the main event. As the JACARDI will progress, several workshops at international conferences are foreseen to disseminate and communicate the intermediary results of JACARDI with respect to achieving sustainability.</p>	

Have any elements of sustainability been identified? And what are they?	Have any elements of sustainability been identified? And what are they?
<p>At pilot level, the SWOT, supported by Milestone 12, will be based on the JADECARE Sustainability framework and cover its core elements: Policy environment; Ownership of the sustainability; and Culture of collaboration. Sustainability situation analysis will be part of the local situational analysis. Approach will be further developed based on inputs from Task 4.2, supporting learning and knowledge generation within JACARDI consortium.</p>	
Does the plan include the involvement of European/national/local institutions?	Does the plan include the involvement of European/national/local institutions?
<p>At each pilot level, a network of key stakeholders (stakeholders' board) representing national/ regional or local level will be established to develop and facilitate sustainability-supporting activities during the implementation, and will be the co-creators of Sustainability action plan. At high-policy level, a Policy Decision Making forum (PDMF) will established, that will include representation from all relevant DGs and EC agencies as well as multisectoral representation of EU countries' presidencies (Council), links to health attaches, and representatives of relevant EU Parliament bodies. There are also several activities outside WP4 on Sustainability, that facilitate the involvement of other institutions, such as Advisory Board, JACARDI Stakeholder Board, and diverse interactions of partners within Technical WPs, related to their topic.</p>	
Deliverables/Milestones	Deliverables/Milestones
<ul style="list-style-type: none"> • MS12 Methodology for context analysis and identification of key stakeholders Methodology, guidance and templates for context analysis and analysis and stakeholder network building made available to implementing partners • MS13 Sustainability action plan methodology. Sustainability Action Plan methodology and templates provided to implementing partners • MS14 Training on science-policy interaction and communication. Training of trainers and partners provided to increase their capacity to improve the translation of JACARDI results into policy <p>*Task 4.1. will develop the support to Technical WPs , so each Implementing Partner will develop a Sustainability Action Plan , covering a period of 2 years after the end of JACARDI, and will be linked to Deliverable 3 of each Technical WP,</p> <ul style="list-style-type: none"> • D4.1 Report "Achieving sustainability of JACARDI interventions: lessons learned" 	
Due date for deliverables/milestones	Due date for deliverables/milestones
<ul style="list-style-type: none"> • MS12 Methodology for context analysis - M2- December 2023 • MS13 Sustainability action plan methodology - M12 - October 2024 • MS14 Training on science-policy interaction and communication-all trainings end by M36 -ctober 2026 • D4.1 Report - August 2027 	

Do you think there could be joint activity on this issue?

JACARDI	Action grant PIA
Main Objective	
Support EU countries to reduce the burden of CVD and DM and related risk factors, both at individual and societal level, while assuring health systems sustainability and equity	PIA intends to develop a set of actions that contribute to the reduction of premature death related to NCDs – cardiovascular diseases and diabetes, with a focus on premature death, through: 1) promotion of educational actions for the reduction of risk behaviours in terms of health (healthy eating, physical exercise, reduction of alcohol and tobacco consumption); 2) training for action in a situation of cardiorespiratory arrest resorting to the training of students and teachers in cardiorespiratory resuscitation; 3) community empowerment through the creation of accessible educational content; 4) early identification of NCDs, through conducting health screenings and information sessions with vulnerable groups, including displaced people from Ukraine. The project focuses on empowering school communities and vulnerable groups, including displaced people, to adopt healthy lifestyles and prevent sudden death related to NCDs- cardiovascular diseases and diabetes.
Specific Objectives	
Enhance and promote the implementation of (cross-sectional) best practices, and pilot testing of innovative practices throughout the whole 'patient' journey	Develop a Pilot Program for the prevention of sudden death related to cardiovascular diseases, diabetes, and lifestyle risk factors, by reducing the burden of Non-Communicable Diseases (NCD's) and related risk factor, both in individual and societal level, namely by supporting the NCDs policies and corresponding action led by the Member states.
	Dissemination of evidence and best practices: Provide further evidence on the effectiveness of different approaches to structured integrated care programmes for NCD's and facilitate exchange of lessons, experiences, and best practices, adding to the global body of evidence which will enhance the capacity of countries to face challenges and sustain achievements, as well as to develop new solutions to address NCD's and progressively to implement universal health coverage.
	Reducing health inequalities and promoting diabetes and cardiovascular diseases prevention towards vulnerable people, including displaced people from Ukraine, through 2 types/strands of intervention: 1. Creation and dissemination of tailored health literacy and communication material; 2. Strengthening NCDs screening and information giving in medical consultations/activities.
Are there any synergies between the objectives or are there common objectives in your view?	
<p>In my view, there are clear synergies between the objectives of PIA and JACARDI in the areas of cardiovascular disease prevention, health education, capacity building, technology integration, and addressing health inequalities. Both projects aim to reduce the burden of CVD and diabetes through preventive measures, while ensuring that vulnerable populations have equitable access to these to health information. The potential for collaboration is significant, with opportunities to exchange knowledge, share best practices, co-develop tools and interventions, and scale successful models across the EU.</p> <p>Possibilities for synergies PIA and JACARDI:</p> <ol style="list-style-type: none"> 1. Prevention of cardiovascular diseases and Diabetes: exchange of best practices and strategies to reduce the incidence of NCD's- cardiovascular diseases and diabetes, through preventive measures, and creating a foundation for collaboration in interventions aimed at reducing the impact of these diseases at both the individual and societal levels. 2. Health Education and Capacity Building: PIA emphasizes health education in schools and training for volunteers, with the goal of increase health literacy and build capacity to address CVD and diabetes prevention. This is a potential for collaboration with JACARDI by developing and sharing PIA educational materials, training programs, and best practices that can be disseminated across different target groups and countries. 3. Technology and Data Collection: PIA projects will develop a mobile health monitoring tool with the objective to improv data collection and monitoring systems to track health outcomes. Both projects could benefit from a joint approach to integrating technology into health monitoring systems. For example, data gathered through the PIA mobile tool could inform JACARDI's policy recommendations, while JACARDI could provide insights on how to scale and improve the technology for broader implementation. - In the opinion of the PIA Project consortium, this would be the synergy with the most significant impact 	

4. Addressing Health Inequalities: This collaboration could enhance the reach and effectiveness of both projects, ensuring that preventive services are equitably distributed and accessible to vulnerable groups.

The potential for collaboration is significant, with opportunities to exchange knowledge, share best practices, co-develop tools and interventions.

JACARDI	Action grant PIA
WP2 Dissemination and communication	
Is there a communication strategy? Yes	Is there a communication strategy? Yes
<p>If so, which tools are part of it?</p> <p>The document details the 7 W's concept, the responsibility framework, including leadership within WP2 and expected contributions from project partners ("WHO"). A clearly defined methodology ("WHOM") is used to identify target audiences (stakeholder groups). The WHAT section provides details on the specific content and messages to be communicated, outlining the process for developing key messages and creating content.</p> <p>The HOW section defines the communication and dissemination framework, including workflow considerations such as inclusive and accessible communication practices and SEO best practices. The document addresses training and support for pilot projects in communication.</p> <p>The WHERE and WHEN section provides details on the specific communication channels and dissemination schedule, covering the JACARDI project website, social media strategy, scientific communication channels (publications and Science to Policy Strategy), and other communication channels such as press releases, newsletters, webinars, and national stakeholder events. JACARDI have developed a Brand Guide and a Visual and Communication Toolkit.</p>	<p>If so, which tools are part of it?</p> <p>Dissemination and communication activities will support all 5 Work Packages (WP) ensuring maximum visibility accessibility and impact of the project activities.</p> <p>PIA Project CDP aims to establish strategic objectives to promote awareness, Stakeholder involvement, disseminate scientific knowledge and positively influence behaviours and policies related to the prevention of NCD – cardiovascular diseases and diabetes.</p> <p>Raising awareness of the issue of cardiovascular diseases and diabetes, their associated risks, and preventive methods, as well as raising awareness of the issue of sudden death related to NCD, is the focus of the PIA Project's communication and dissemination strategy.</p> <p>It is intended to promote the involvement of multiple stakeholders, including health organizations, patients, children and young people, families, the educational community, vulnerable groups including people displaced from Ukraine, government, and political organizations, through partnerships focused on preventing sudden death related with cardiovascular diseases and diabetes.</p> <p>In addition, the strategy presents a actively share knowledge, research and best practices, facilitating access to educational resources and training programs aimed at children and young people, as well, access to informative materials in accessible language, related to NCDs. Motivating individuals and groups to adopt healthy behaviours and promoting their access to prevention programs is essential to reduce the incidence of sudden death related to NCD. It is expected to influence public policies and health initiatives to integrate prevention strategies of NCDs into national and local health strategies.</p>
<p>What events will be organised?</p> <p>Webinars: At least one open webinar per technical WP will be organised to disseminate results during the last year of the JA.</p> <p>Events: National stakeholder events will be organised to disseminate the results of JACARDI; twinning events and synergies with other Joint Actions or related projects will be prepared and supported</p>	<p>What events will be organised?</p> <p>Social Media Campaigns to raise awareness and health literacy _ <i>#ForMyHealth</i></p> <p>3 Regional events to share learning on project activities within and beyond the Red Cross</p> <p>Initial Project Conference event</p> <p>Final conference event to share learning on project activities within and beyond the Red Cross</p> <p>Project website http://www.preventioninaction.com <ul style="list-style-type: none"> o 4 Newsletters o 4 Press releases o 1 video o 1 common social media calendar </p> <p>1 scientific article Online seminar</p>

	<p>2 Campaigns to raise awareness and health literacy</p> <p>6 Leaflets (NCD prevention materials to be disseminated in the health centres managed by the RC National Societies involved)</p>
<p>Which international conferences are planned to be attended? JACARDI have been presented to many national and international conferences. Currently, we have submitted relevant abstracts and workshop to EPH Conference 2024.</p>	<p>Which international conferences are planned to be attended?</p> <p>3 Regional events to share learning on project activities within and beyond the Red Cross</p> <p>Initial Project Conference event</p> <p>Final conference event to share learning on project activities within and beyond the Red Cross</p>
<p>Deliverables/Milestones on dissemination</p> <ul style="list-style-type: none"> • Communication and Dissemination Strategy (March 2024) • Newsletters: Five online newsletters (08/24-06/25-04/26-02/27-09/27) • -Webinars: Minimum one open-for-all webinar per technical WP will be organised during the last year of the project • Dissemination Report (10/25 - 10/27) • Website (04/24) 	<p>Deliverables/Milestones on dissemination</p> <p>D2.1 – Dissemination and communication Plan - M3</p> <p>D2.2 – Dissemination and Communication materials - Website available with communication activities – M2</p> <p>D2.3 – 3 Regional Red Cross Event report with case studies, tools and lessons learned – M22</p> <p>D2.4 – Initial Project Conference report - M3</p> <p>D2.5 – Final conference event report – M24</p>
<p>Due date for deliverables/milestones See above</p>	<p>Due date for deliverables/milestones See above</p>
<p>Do you think there could be joint activity on this issue?</p>	
<p>Yes, In the following activities:</p> <ul style="list-style-type: none"> • D2.3 – 3 Regional Red Cross Event report with case studies, tools and lessons learned – M22 • D2.5 – Final conference event report – M24 • Social Media Campaigns to raise awareness and health literacy <p>#ForMyHealth</p>	

JACARDI	Action grant PIA
SUSTAINABILITY	
<p>Is there a sustainability strategy/plan?</p> <p>Yes. At pilot level, JACARDI's sustainability approach aims to enable and support the uptake, maintenance, reinforcement and scaling up of the pilot implementations, outputs and results, using a specific methodology based on the experience and results of previous JAs (CHRODIS+, JADECARE) and reports published by the OECD (Guidebook on Best Practices), the EU JRC (Science for Policy Handbook) and the sustainability criteria used to review best practices for the EC Best Practices Portal.</p> <p>Situation analysis at pilot site covers also the perspective of sustainability including stakeholders identification. In Pilot implementation plan, each pilot site will agree on and include at least one concrete action supporting sustainability. The concrete action(s) will be reevaluated at each new PDSA cycle, together with stakeholder board. After the implementation of the activities will end, the pilots will extensively engage with key stakeholders in designing Sustainability action plan, with actions covering at least 2 years after JACARDI ends. At high policy level, JACARDI will work together with JAPreventNCD in establishing and</p>	<p>Is there a sustainability strategy/plan?</p> <p>PIA Project have a sustainability strategy in place, focused on: 1) creating partnerships with local institutions and organizations such as schools, health organizations, Member States with the aim of securing financial, human and material resources that enable the continuation of the developed activities; 2) training of educators, volunteers and the community in order to promote the replication of good practices; 3) scientific analysis of the obtained results; 4) search for sustainable funding from government bodies and funding programs.</p> <p>Consortium Partners have long-term involvement in this area of work and will continue beyond the time span of the action. Therefore, tools developed, and lessons learned will continue to be applied at least in the participating countries, and ongoing work by IFRC and ICRC.</p> <p>All digital tools developed in the project can be updated if needed and adapted. The funds provided for this project allow project partner to raise other external funds and secure their action in the future.</p> <p>PIA sustainability strategy focuses on building strong partnerships, embedding capacity building within</p>

<p>working with Policy Decision Making Forum. JACARDI Joint Action level Sustainability plan will be developed.</p>	<p>communities, leveraging digital tools, and securing long-term funding. Through the structured development of partnerships, capacity building, scientific evaluation, and funding acquisition, PIA project ensures that activities, tools, and lessons learned will continue to benefit participants, institutions, and communities beyond the project's timeframe.</p>
<p>If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?</p>	<p>If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?</p>
<p>4.1.1 Task: SWOT analysis (based on the JADECARE Sustainability framework) specifically focused on factors related to the sustainability of the pilot, supported by guidance material, templates and webinars 4.1.2 Task: methodology and template for the development of individual Sustainability Action Plans (sustainability action plans delivered during year 4) JACARDI supported by guidance material, templates and webinars, and a special training for effective science to policy interaction and communication 4.2.1 Task: A mixed methods approach, including structured interviews and surveys (for example Self-assessment of Competences for Pilot Activity Sustainability), will be utilised to collate information to facilitate consortium members to learn from each other's expertise and experiences in the various stages of the implementation process on how to achieve sustainable pilot implementation, outputs and results.</p>	<p>T2.2 Regional events to share learning on project activities within and beyond the Red Cross: Project partners will organize regional learning events (on-line every 6 month) with the aim of discussions and information exchange to share learning and key finding from the project at national level events with authorities and local stakeholders including Consortium partners; Political representatives of the general health department from each country; IFRC Global First Aid Reference Center. Learning from the action will be consolidated into case studies, tools and documents which can be shared further whit multi-stakeholder.</p>
<p>What events will be organised on this issue?</p>	<p>What events will be organised on this issue?</p>
<p>Achieving sustainable exploitation of JACARDI results after the financing ends is high on agenda of every JACARDI General Assembly and Stakeholders meeting. At pilot level, sustainability is as a principle built within implementation framework of JACARDI pilots, and represented at every methodological meeting. At high-policy level, yearly meetings of Policy Decision Making forum is the main event. As the JACARDI will progress, several workshops at international conferences are foreseen to disseminate and communicate the intermediary results of JACARDI with respect to achieving sustainability.</p>	<ol style="list-style-type: none"> 1) Project website http://www.preventioninaction.com 2) Initial Project Conference event 3) Regional events to share learning on project activities within and beyond the Red Cross _ 25-11-2024 4) Social Media Campaigns to raise awareness and health literacy <i>#ForMyHealth</i> 5) Project Newsletters _ November 2024 6) Project Video _ 2025 7) Scientific article _ July 2025 8) On-line seminar _ July 2025 9) Project Final Conference _ November 2025 10) Pilot project: Sudden Death Prevention Programme 11) Pilot project: Sudden Death Prevention Programme - Testing mobile application and remote health monitoring tool
<p>Have any elements of sustainability been identified? And what are they?</p>	<p>Have any elements of sustainability been identified? And what are they?</p>
<p>At pilot level, the SWOT, supported by Milestone 12, will be based on the JADECARE Sustainability framework and cover its core elements: Policy environment; Ownership of the sustainability; and Culture of collaboration. Sustainability situation analysis will be part of the local situational analysis. Approach will be further developed based on inputs from Task 4.2, supporting learning and knowledge generation within JACARDI consortium.</p>	<p>No</p>
<p>Does the plan include the involvement of European/national/local institutions?</p>	<p>Does the plan include the involvement of European/national/local institutions?</p>
<p>At each pilot level, a network of key stakeholders (stakeholders' board) representing national/ regional or local level will be established to develop and facilitate sustainability-supporting activities during the implementation, and will be the co-creators of</p>	<p>PIA, will organize webinars that bring together stakeholders at the national and European levels to discuss best practices and lessons learned. These webinars will facilitate knowledge sharing and offer opportunities for collaboration between different countries and regions, which is crucial for scaling up</p>

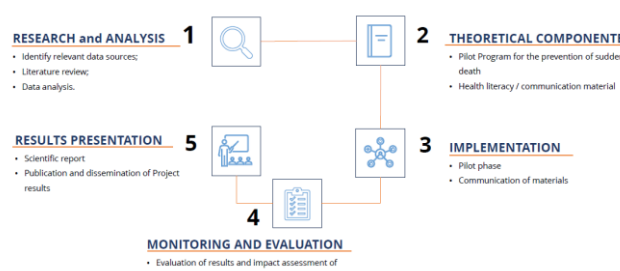
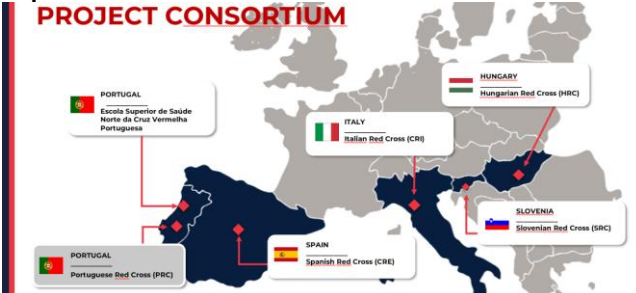
<p>Sustainability action plan. At high-policy level, a Policy Decision Making forum (PDMF) will be established, that will include representation from all relevant DGs and EC agencies as well as multisectoral representation of EU countries' presidencies (Council), links to health attaches, and representatives of relevant EU Parliament bodies. There are also several activities outside WP4 on Sustainability, that facilitate the involvement of other institutions, such as Advisory Board, JACARDI Stakeholder Board, and diverse interactions of partners within Technical WPs, related to their topic.</p>	<p>the project sustainably. Including work with health and education ministries to integrate the program's outcomes into national health strategies and policies. These dialogues will help secure political commitment and long-term funding for continued project activities.</p>
<p>Deliverables/Milestones</p>	<p>Deliverables/Milestones</p>
<ul style="list-style-type: none"> MS12 Methodology for context analysis and identification of key stakeholders Methodology, guidance and templates for context analysis and analysis and stakeholder network building made available to implementing partners MS13 Sustainability action plan methodology. Sustainability Action Plan methodology and templates provided to implementing partners MS14 Training on science-policy interaction and communication. Training of trainers and partners provided to increase their capacity to improve the translation of JACARDI results into policy <p>*Task 4.1. will develop the support to Technical WPs , so each Implementing Partner will develop a Sustainability Action Plan , covering a period of 2 years after the end of JACARDI, and will be linked to Deliverable 3 of each Technical WP ,</p> <ul style="list-style-type: none"> D4.1 Report "Achieving sustainability of JACARDI interventions: lessons learned" 	<p>D2.3 - Red Cross Event report with case studies, tools and lessons learned (M22): The production of a report on case studies, tools and lessons learned from each work package of the project will strengthen cooperation and information exchange between National Societies and with other key organisations involved.</p>
<p>Due date for deliverables/milestones</p>	<p>Due date for deliverables/milestones</p>
<ul style="list-style-type: none"> MS12 Methodology for context analysis - M2- December 2023 MS13 Sustainability action plan methodology - M12 - October 2024 MS14 Training on science-policy interaction and communication-all trainings end by M36 -October 2026 D4.1 Report - August 2027 	<p>D2.3 - Red Cross Event report with case studies, tools and lessons learned – M22</p>
<p align="center">Do you think there could be joint activity on this issue?</p>	
<p>In opinion, there is significant potential for joint activities on sustainability between PIA and JACARDI, as both share common goals in preventing cardiovascular diseases and diabetes, with a focus on scaling up best practices, policy integration, and long-term stakeholder engagement. Joint activities could include co-organizing capacity-building workshops and webinars to share knowledge on best practices, conducting joint focus groups and interviews to gather stakeholder insights, and collaborating on policy dialogues with EU and national health authorities to ensure the integration of project outcomes into health strategies.</p> <p>Additionally, both projects could co-author scientific publications and present findings at conferences to strengthen advocacy for sustainable health practices.</p> <p>Furthermore, they could work together to develop Sustainability Action Plans, sharing methodologies like the SWOT analysis to ensure long-term success. Through these collaborative efforts, PIA and JACARDI can enhance their sustainability strategies, ensuring broader EU-wide impact.</p>	

<p align="center">JACARDI</p>	<p align="center">Action grant PIA</p>
<p align="center">EQUITY</p>	
<p>Is there an equity strategy/plan? Yes</p>	<p>Is there an equity strategy/plan?</p>

	<p>Although an Equity Plan has not been established for the project, the PIA Project can be considered as having an equity strategy, as it is focused on ensuring equal access to its interventions and addressing health inequalities that affect vulnerable populations. The project's structure is aligned with equity principles, promoting preventive health and education in an inclusive and accessible way.</p>
<p>If so, with which elements and on which target population? The “4Cs” framework (Critical reflection; Context and data; Co-design; and inclusive and accessible Communications) for integrating equity and diversity principles. This framework is applied as a lens to be applied in the planned activities by WPs and pilots, elaborated in an equity and diversity maturity matrix aligned with the XV methodological steps for pilot implementation. Additionally, equity and diversity indicators were integrated into harmonized context analysis questionnaires for national focal points of each partner country, as well as into the methodology for pilot assessment and reporting. In particular, equity and diversity perspectives are embedded in the harmonized stepwise methodology for sub-projects, supported with a practical Equity and diversity maturity matrix. The maturity matrix is based on the above JACARDI 4Cs Equity and diversity explanatory framework (Critical reflection; Context and data; Co-design; inclusive and accessible Communications). The content of the matrix is divided into concrete steps related to project planning and implementation, each with three levels of comprehensiveness at which equity and diversity perspectives can be applied in practice: Approaching, Meeting, Exceeding. The sub-projects are encouraged to strive for any of these three levels, considering their available resources and previous experiences in diversity inclusion. JACARDI cross-cuttingly integrate cultural and ethnic diversity, other social determinants and commercial determinants in pilot actions through these tools/activities:</p> <ul style="list-style-type: none"> • Explanatory framework: we have a joint vision and understanding • Glossary: we talk about the same things • Checklist and matrix tool: we have concrete tools • Expert consultations: we have support in implementation • Masterclasses: we learn and reflect together <p>Target population: population in vulnerable situations, including migrants, elderly etc</p>	<p>If so, with which elements and on which target population? The main elements that demonstrate the equity strategy in PIA Project include the focus on vulnerable groups, the accessibility of interventions, the promotion of health in school communities and the involvement of local volunteers. PIA aims to reach vulnerable communities, including displaced people from Ukraine, people from low socio-economic backgrounds and students in challenging educational contexts. The project seeks to ensure that these groups have access to preventive health services and health education by addressing access gaps. All the digital tools and educational materials developed by the project will be adapted and accessible to different population groups, including children and young people, ensuring that interventions are inclusive and suitable for different age groups and contexts. Health promotion in school communities is central to PIA Project, with schools and local communities being the main targets. This ensures that interventions reach diverse audiences, regardless of their level of access to health services, promoting equity in the prevention of diseases such as cardiovascular disease and diabetes in younger populations. In addition, the strategy of engaging volunteers and educators facilitates the dissemination of knowledge and preventive practices in various communities, ensuring that different segments of the population have the same opportunities to prevent and treat non-communicable diseases.</p>
<p>What events will be organised on this issue?</p> <ul style="list-style-type: none"> • Masterclasses have been already conducted • A workshop and abstracts have been submitted to EPH conference 	<p>What events will be organised on this issue?</p>
<p>Does the plan include the involvement of European/national/local institutions? Yes, the task 5.3 is linked with the Stakeholder and experts that have been selected for the Stakeholder advisory board (Lancet Migration European Hub), and Scientific Advisory Board. Considering that the activities of task 5.3 are included transversally all Consortium Partners will be involved.</p>	<p>Does the plan include the involvement of European/national/local institutions? The project emphasizes collaboration with various levels of governance to ensure the long-term impact and sustainability of its interventions. It should be noted that the project has a Stakeholder Matrix, identified by organisation and country.</p>
<p>Deliverables/Milestones D5.1 Methodological framework</p>	<p>Deliverables/Milestones -----</p>

Due date for deliverables/milestones November 2024	Due date for deliverables/milestones ----
Do you think there could be joint activity on this issue?	
<p>Both projects could apply the 4Cs framework (Critical Reflection, Context and Data, Co-Design, Inclusive and Accessible Communications) to integrate equity principles into their interventions. PIA can leverage JACARDI's tools for critical reflection and context analysis when addressing the needs of vulnerable groups, such as displaced people and disadvantaged communities. PIA could also adapt JACARDI's Equity and Diversity Maturity Matrix to assess how well equity and diversity are in project planning and implementation across both projects.</p> <p>Both PIA and JACARDI focus on vulnerable populations, including migrants, low-income communities, and the elderly. They can coordinate efforts to ensure that the health education materials and digital tools are inclusive and accessible to these groups. PIA's mobile health monitoring tool could be used in vulnerable communities, while JACARDI provides an equity framework to ensure cultural and linguistic appropriateness in reaching these populations.</p> <p>Both projects can organize joint masterclasses and workshops focused on equity in health interventions. PIA could participate in JACARDI's existing masterclasses and workshops, such as those planned for the EPH (European Public Health) conference. These events could focus on co-designing interventions tailored to vulnerable populations, with both projects sharing knowledge on how to embed equity in practice. Findings and best practices could also be presented at joint public health events or conferences.</p> <p>PIA and JACARDI can jointly use the checklist and matrix tools developed by JACARDI to ensure that the interventions are aligned with equity principles. PIA can adapt JACARDI's glossary and explanatory framework to ensure consistent language and understanding of equity and diversity across both projects. The checklist and equity matrix could be integrated into PIA's health education programs and digital health tools to meet the needs of diverse and vulnerable populations.</p> <p>Both projects can coordinate on expert consultations to receive advisory support in integrating equity strategies into their interventions. PIA could engage with JACARDI's Stakeholder Advisory Board and the Scientific Advisory Board, particularly on issues related to migration and health inequalities. These consultations could help refine PIA's approach to vulnerable groups and ensure alignment with European health equity goals.</p>	

JACARDI	Action grant PIA
IMPLEMENTATION	
Is there an implementation plan/strategy? Yes	Is there an implementation plan/strategy? Yes
If so, what are the (main) topic(s) of the implementations? JACARDI implementations follow the concept of the Patient Journey: <i>Health Literacy, Data Availability, Screening, Healthcare Pathways, Patients' self-management, Labour participation</i>	If so, what are the (main) topic(s) of the implementations? <div style="border: 1px solid #ccc; padding: 10px; margin-top: 10px;"> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid #ccc; padding: 5px; text-align: center;">3-17</div> <div style="border: 1px solid #ccc; padding: 5px; text-align: center;">ALL PARTNERS (PRC)</div> <div style="border: 1px solid #ccc; padding: 5px; text-align: center;">12-20</div> <div style="border: 1px solid #ccc; padding: 5px; text-align: center;">ALL PARTNERS (PRC)</div> </div> <div style="display: flex; justify-content: space-around; margin-top: 10px;"> <div style="border: 1px solid #ccc; padding: 5px; width: 45%;"> <p style="text-align: center; margin: 0;">WP3</p> <p style="text-align: center; margin: 0;">Prevention of Sudden Death Related to Cardiovascular Disease, Diabetes and Lifestyle Risk Factors</p> <ul style="list-style-type: none"> • D3.1 – Reports of the meeting – Pilot Sudden death prevention Programme working Group (M4) • D3.2 – Sudden death prevention Programme (M12) • D3.3 – Volunteer's training report (M17) • D3.4 – Sudden death prevention Programme – Testing mobile application and remote health monitoring tool (M12) </div> <div style="border: 1px solid #ccc; padding: 5px; width: 45%;"> <p style="text-align: center; margin: 0;">WP4</p> <p style="text-align: center; margin: 0;">Training and raising awareness activities in the educational community</p> <ul style="list-style-type: none"> • D4.1 – Scientific article (M20) • D4.2 – Online seminar report (M20) </div> </div> <div style="margin-top: 10px; border: 1px solid #ccc; padding: 5px;"> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid #ccc; padding: 5px; text-align: center;">3-22</div> <div style="border: 1px solid #ccc; padding: 5px; text-align: center;">WP5</div> <div style="border: 1px solid #ccc; padding: 5px; text-align: center;">ALL PARTNERS (PRC)</div> </div> <p style="text-align: center; margin: 0;">Health promotion and disease prevention</p> <ul style="list-style-type: none"> • D5.1 – Meeting's Reports with all partners to present the results of the needs evaluation (M8) • D5.2 – Health communication material (M20) </div> </div>
Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)? Yes The methodological framework is built around 4 core activities and follows a 15-steps guidelines: <ul style="list-style-type: none"> • Context Analysis • Preparation of pilot project plan • Implementation of the pilot • Multidimension assessment 	Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)?

	<p>METHODOLOGY</p> <p>RESEARCH and ANALYSIS 1</p> <ul style="list-style-type: none"> Identify relevant data sources; Literature review; Data analysis. <p>2 THEORETICAL COMPONENTE</p> <ul style="list-style-type: none"> Pilot Program for the prevention of sudden death Health literacy / communication material <p>3 IMPLEMENTATION</p> <ul style="list-style-type: none"> Pilot phase Communication of materials <p>4 MONITORING AND EVALUATION</p> <ul style="list-style-type: none"> Evaluation of results and impact assessment of the activities <p>5 RESULTS PRESENTATION</p> <ul style="list-style-type: none"> Scientific report Publication and dissemination of Project results 
<p>What is/are the geographical coverage of the implementations? 18 implementing countries</p>	<p>What is/are the geographical coverage of the implementations?</p> <p>PROJECT CONSORTIUM</p> 
<p>What are the expected results of the implementations? The widespread implementation of 143 pilots will ensure extensive coverage and geographic reach. By adopting a unified implementation approach and a multi-assessment methodology, the risk of failure will be minimized, and the analysis of success factors and contextual influences will be facilitated. The resulting roadmap, developed for each of the six thematic areas, will act as proof-of-concept case studies, offering the potential to scale and extend these experiences at national or regional levels. JACARDI will foster cross-national collaboration by maximizing the application of lessons learned through a well-defined strategy. This approach will actively engage key stakeholders, promote the integration and sustainability of methodologies, and achieve significant impact, including fostering effective interaction, cooperation, and co-creation between science and policy.</p>	<p>What are the expected results of the implementations?</p> <ul style="list-style-type: none"> - Sudden death prevention Programme - Sudden death prevention Programme: Testing mobile application and remote health monitoring tool - Health communication material
<p>If there will be any webinars organised on this topic, which ones, when and what will they be about? At least one webinar for each of the six technical WPs will be conducted to disseminate the results achieved.</p>	<p>If there will be any webinars organised on this topic, which ones, when and what will they be about?</p> <ul style="list-style-type: none"> - Online seminar
<p>Deliverables/Milestones</p> <p>Implementation Plan (end of 2024) Final implementation report and Roadmap for scaling-up (Oct 2027) For each of the technical WPs</p>	<p>Deliverables/Milestones</p> <p>D3.2 – Sudden death prevention Programme M12 D3.3 – Volunteer's training report – M17 D3.4 – Sudden death prevention Programme _Testing mobile application and remote health monitoring tool – M12 D4.1 – Scientific article – M20 D4.2 – Online seminar report – M20 D5.2 – Health communication material – M20</p>
<p>Due date for deliverables/milestones</p>	<p>Due date for deliverables/milestones</p>
<p>Do you think there could be joint activity on this issue?</p>	

JACARDI	Action grant PoDiaCar
Main Objective	
Support EU countries to reduce the burden of CVD and DM and related risk factors, both at individual and societal level, while assuring health systems sustainability and equity	PODiaCar aims to improve the fight against pediatric obesity and prevent CVD and T2D risk. To do so, it involves a consortium of universities and health communities from UE countries.
Specific Objectives	
Enhance and promote the implementation of (cross-sectional) best practices, and pilot testing of innovative practices throughout the whole 'patient' journey	Develop a predictive model and screening tool for T2D and CVD risk in children with obesity (based on clinical-anamnestic data and lifestyle behaviours).
	Develop a prototype of digital twin for pediatric obesity management and related complications.
	Creating a multi-channel awareness campaign for healthy lifestyles for nursery/primary schools and families.
Are there any synergies between the objectives or are there common objectives in your view?	
<p>There are clear synergies and common objectives between JACARDI and PODiaCar.</p> <p>Both projects aim to reduce the burden of CVD and diabetes. JACARDI has a broad focus on both diseases across all age groups, while PODiaCar specifically targets pediatric obesity as a means to prevent these diseases and related comorbidities, such as CVD and DT2.</p> <p>JACARDI emphasizes the implementation and promotion of best practices and innovative practices throughout the patient's journey.</p> <p>PODiaCar's development of predictive models, prototype of digital twins, and awareness campaigns can be seen as innovative practices that could be incorporated into the best practices promoted by JACARDI.</p> <p>JACARDI highlights the importance of health system sustainability and equity, which could be enhanced by early prevention strategies in pediatric populations, as seen in PODiaCar.</p> <p>By addressing pediatric obesity and its related complications, PODiaCar contributes to the long-term sustainability of health systems by potentially reducing future healthcare costs and improving health equity.</p> <p>JACARDI's objective includes cross-sectoral best practices, which can be aligned with PODiaCar's multi-channel awareness campaign. Both projects recognize the importance of engaging various stakeholders, such as schools and families, to promote healthy lifestyles.</p> <p>In conclusion, the objectives of these two projects are complementary. The early prevention strategies in PODiaCar can contribute to the long-term goals of JACARDI by addressing risk factors from a young age, thus promoting health system sustainability and equity.</p>	

JACARDI	Action grant PoDiaCar
Dissemination and communication.	
Is there a communication strategy? Yes	Is there a communication strategy? Yes
If so, which tools are part of it? <p>The document details the 7 W's concept, the responsibility framework, including leadership within WP2 and expected contributions from project partners ("WHO"). A clearly defined methodology ("WHOM") is used to identify target audiences (stakeholder groups). The WHAT section provides details on the specific content and messages to be communicated, outlining the process for developing key messages and creating content.</p> <p>The HOW section defines the communication and dissemination framework, including workflow considerations such as inclusive and accessible communication practices and SEO best practices. The document addresses training and support for pilot projects in communication.</p> <p>The WHERE and WHEN section provides details on the specific communication channels and dissemination schedule, covering the JACARDI project website, social media strategy, scientific communication channels (publications and Science to Policy Strategy), and other communication channels such as press releases, newsletters, webinars, and national stakeholder events.</p> <p>JACARDI have developed a Brand Guide and a Visual and Communication Toolkit.</p>	If so, which tools are part of it? <p>Activities will range from basic communication (web platform, brochures, leaflets, social media) to stakeholder involvement (presentation of ideas at events, publications, technical conferences, trade fairs).</p> <p>The dissemination and communication of the operational model will have as its initial production center the model developed in Italy.</p> <p>Subsequently, as the model evolves in Luxembourg, Spain and Malta, communication and dissemination activities will spread throughout Europe.</p> <p>Exploitation of the results will take place through inbound (e.g. blogs, social media, etc.) and outbound (press releases, direct e-mails, etc.) activities, targeting relevant industry sectors and professional associations.</p> <p>In addition, the web platform will serve as the main channel for exploiting the of the systemic model, with pages dedicated to presentation and access conditions.</p> <p>Success stories and a showcase of potential new cases will be presented on dedicated pages.</p> <p>To sum up, the dissemination and communication tools can be divided as following:</p> <ul style="list-style-type: none"> - basic communication: web platform; brochures and leaflets; social media - stakeholder involvement: presentations at events; publications; technical conferences; trade fairs

	<ul style="list-style-type: none"> - inbound activities: blogs; social media - outbound activities: press releases; direct emails
What events will be organised? Webinars: At least one open webinar per technical WP will be organised to disseminate results during the last year of the JA. Events: National stakeholder events will be organised to disseminate the results of JACARDI; twinning events and synergies with other Joint Actions or related projects will be prepared and supported	What events will be organised? Presentations at events; publications; technical conferences; trade fairs
Which international conferences are planned to be attended? JACARDI have been presented to many national and international conferences. Currently, we have submitted relevant abstracts and workshop to EPH Conference 2024.	Which international conferences are planned to be attended? PODiaCar will take part to to many national and international conferences. Currently, we have submitted relevant abstracts and workshop to ESPE and EPSE Meeting 2024.
Deliverables/Milestones on dissemination <ul style="list-style-type: none"> • Communication and Dissemination Strategy (March 2024) • Newsletters: Five online newsletters (08/24-06/25-04/26-02/27-09/27) • -Webinars: Minimum one open-for-all webinar per technical WP will be organised during the last year of the project • Dissemination Report (10/25 - 10/27) • Website (04/24) 	Deliverables/Milestones on dissemination <ul style="list-style-type: none"> • Exploitation plan and periodical reports (October 2026) • Dissemination and communication plan and periodical reports (October 2026) • Web Platform and update (October 2026) • Prototype of brochures, leaflets (May 2024) • Public health guidelines (December 2025) • Planning of Foreseen Activities to Develop Synergies with the JA (July 2024) • Report on the First Period of Activities to Build and Strengthen Synergies with the JA (February 2025) • Programme Closure Joint Event in Brussels (March 2026) • Final Report Closure Joint Event in Brussels (August 2026) • Innovation and knowledge plan (May 2024) • Interim and final evaluation reports (October 2026)
Due date for deliverables/milestones See above	Due date for deliverables/milestones See above
Do you think there could be joint activity on this issue?	
Yes. The JACARDI and PODiaCar projects have significant overlaps in their objectives, communication strategies, and dissemination tools. By collaborating and sharing resources, they can enhance their impact, reach a wider audience, and promote a more cohesive approach to addressing public health challenges related to CVD and T2D. This collaboration could lead to more efficient use of resources, greater visibility, and stronger stakeholder engagement for both projects.	

JACARDI	Action grant PoDiaCar
SUSTAINABILITY	
Is there a sustainability strategy/plan? Yes. At pilot level, JACARDI's sustainability approach aims to enable and support the uptake, maintenance, reinforcement and scaling up of the s pilot implementations, outputs and results, using a specific methodology based on the experience and results of previous JAs (CHRODIS+, JADECARE) and reports published by the OECD (Guidebook on Best Practices), the EU JRC (Science for Policy Handbook) and the sustainability criteria used to review best practices for the EC Best Practices Portal. Situation analysis at pilot site covers also the perspective of sustainability including stakeholders identification. In Pilot implementation plan, each pilot site will agree on and include at least one concrete action supporting sustainability The concrete action(s) will be reevaluated at each new PDSA cycle, together with stakeholder board. After the implementation of the activities will end, the pilots will extensively engage with key stakeholders in designing Sustainability action plan, with actions covering at least 2	Is there a sustainability strategy/plan? Yes. The PoDiaCar project aims to evolve into a European association to ensure the continuity of its activities, focusing on personalised medicine and the innovative use of digital twins to improve paediatric health. The sustainability of the project will be ensured through diversified funding, the involvement of society and medical specialists, and the adoption of an interdisciplinary approach integrating technological and scientific advances.

years after JACARDI ends. At high policy level, JACARDI will work together with JAPreventNCD in establishing and working with Policy Decision Making Forum. JACARDI Joint Action level Sustainability plan will be developed.	
If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?	If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?
4.1.1 Task: SWOT analysis (based on the JADECARE Sustainability framework) specifically focused on factors related to the sustainability of the pilot, supported by guidance material, templates and webinars 4.1.2 Task: methodology and template for the development of individual Sustainability Action Plans (sustainability action plans delivered during year 4) JACARDI supported by guidance material, templates and webinars, and a special training for effective science to policy interaction and communication 4.2.1 Task: A mixed methods approach, including structured interviews and surveys (for example Self-assessment of Competences for Pilot Activity Sustainability), will be utilised to collate information to facilitate consortium members to learn from each other's expertise and experiences in the various stages of the implementation process on how to achieve sustainable pilot implementation, outputs and results.	The sustainability strategy for PODiaCar encompasses a wide range of tools and activities designed to ensure the project's long-term impact and continuity. Through interdisciplinary collaboration and strategic dissemination, the project aims to create a sustainable and innovative ecosystem for managing pediatric obesity and diabetes. Key activities will be: monitoring risks related to obesity, CVD and T2D, fostering collaboration within the COST Action programme; securing structural, national, local funding, and donations from organizations and foundations; using AI, data science, and engineering to identify risk factors and improve health outcomes; supporting ongoing research and community engagement post-project using accumulated big data and dissemination materials. Included methods will be: Delphi method; interviews; focus groups; webinars; workshops and seminars. This strategy ensures the long-term impact and continuity of the PODiaCar project through collaboration, innovation, and comprehensive dissemination efforts.
What events will be organised on this issue?	What events will be organised on this issue?
Achieving sustainable exploitation of JACARDI results after the financing ends is high on agenda of every JACARDI General Assembly and Stakeholders meeting. At pilot level, sustainability is as a principle built within implementation framework of JACARDI pilots, and represented at every methodological meeting. At high-policy level, yearly meetings of Policy Decision Making forum is the main event. As the JACARDI will progress, several workshops at international conferences are foreseen to disseminate and communicate the intermediary results of JACARDI with respect to achieving sustainability.	Achieving sustainable exploitation of PODiaCar is guaranteed by Interviews, focus groups, webinars, workshops and seminars, divulgatives initiatives. Yearly meetings of Policy Decision Making forum are the main event. Several webinars, workshops and seminars are foreseen to disseminate and communicate the intermediary results of PODiaCar with respect to achieving sustainability
Have any elements of sustainability been identified? And what are they?	Have any elements of sustainability been identified? And what are they?
At pilot level, the SWOT, supported by Milestone 12, will be based on the JADECARE Sustainability framework and cover its core elements: Policy environment; Ownership of the sustainability; and Culture of collaboration. Sustainability situation analysis will be part of the local situational analysis. Approach will be further developed based on inputs from Task 4.2, supporting learning and knowledge generation within JACARDI consortium.	The sustainability of the PODiaCar project is supported by a comprehensive strategy that includes ongoing exploitation of results, the establishment of a European association, the development of innovative digital tools, diversified funding sources, an interdisciplinary approach, effective use of big data, and robust community and stakeholder engagement. These elements collectively ensure that the project's impacts will be sustained and expanded beyond its initial implementation phase.
Does the plan include the involvement of European/national/local institutions?	Does the plan include the involvement of European/national/local institutions?
At each pilot level, a network of key stakeholders (stakeholders' board) representing national/ regional or local level will be established to develop and facilitate sustainability-supporting activities during the implementation, and will be the co-creators of Sustainability action plan. At high-policy level, a Policy Decision Making forum (PDMF) will established, that will include representation from all relevant DGs and EC agencies as well as multisectoral representation of EU countries' presidencies (Council), links to health attaches, and representatives of relevant EU Parliament bodies. There	Yes, the sustainability plan for PoDiaCar includes the involvement of European, national, and local institutions. At a European level, PODiaCar will create a network within the COST Action programme to foster collaboration and knowledge sharing across Europe. This involves engagement with European institutions to support the network and its activities. Furthermore, through dialogues with European policymakers, PODiaCar's aim is to integrate project findings into broader health policies, ensuring that the innovations from PoDiaCar are reflected in European health strategies. At national and

<p>are also several activities outside WP4 on Sustainability, that facilitate the involvement of other institutions, such as Advisory Board, JACARDI Stakeholder Board, and diverse interactions of partners within Technical WPs, related to their topic.</p>	<p>local levels, PODiaCar will seek structural and national funding to sustain the project. This involves engaging with national health ministries, research funding bodies, and other relevant national institutions to secure financial support and endorsement. Furthermore, national and local events will help to disseminate project results and engage with national health authorities, medical associations, and other stakeholders. The involvement of these institutions at various levels ensures a comprehensive approach to sustaining and expanding the PoDiaCar project's impact, fostering widespread adoption and integration of its innovative practices and tools across Europe.</p>
<p>Deliverables/Milestones</p>	<p>Deliverables/Milestones</p>
<ul style="list-style-type: none"> MS12 Methodology for context analysis and identification of key stakeholders Methodology, guidance and templates for context analysis and analysis and stakeholder network building made available to implementing partners MS13 Sustainability action plan methodology. Sustainability Action Plan methodology and templates provided to implementing partners MS14 Training on science-policy interaction and communication. Training of trainers and partners provided to increase their capacity to improve the translation of JACARDI results into policy <p>*Task 4.1. will develop the support to Technical WPs , so each Implementing Partner will develop a Sustainability Action Plan , covering a period of 2 years after the end of JACARDI, and will be linked to Deliverable 3 of each Technical WP ,</p> <ul style="list-style-type: none"> D4.1 Report "Achieving sustainability of JACARDI interventions: lessons learned" 	<ul style="list-style-type: none"> Closure Joint Event in Brussels (March 2026)
<p>Due date for deliverables/milestones</p>	<p>Due date for deliverables/milestonesM30</p>
<ul style="list-style-type: none"> MS12 Methodology for context analysis - M2-December 2023 MS13 Sustainability action plan methodology - M12 - October 2024 MS14 Training on science-policy interaction and communication-all trainings end by M36 -ctober 2026 D4.1 Report - August 2027 	
<p>Do you think there could be joint activity on this issue?</p>	
<p>Both the JACARDI and PODiaCar projects have comprehensive sustainability strategies that emphasise the importance of stakeholder involvement, policy integration and long-term planning. The tools used by both projects also show significant overlap. Both projects plan regular events to discuss and promote sustainability. In terms of institutional involvement, both JACARDI and PoDiaCar engage with European, national and local institutions. Given these similarities, there are several possibilities for interaction between JACARDI and PoDiaCar. They could organise joint events, such as workshops, webinars and seminars, to share results and best practices. Collaborative networks or working groups, e.g. within the COST Action Programme or similar platforms, could facilitate continuous collaboration and knowledge sharing. In addition, collaboration to obtain diverse funding from various institutions and sharing of resources and expertise would strengthen the sustainability efforts of both projects.</p>	

JACARDI	Action grant PODiaCar
EQUITY	
<p>Is there an equity strategy/plan? Yes</p>	<p>Is there an equity strategy/plan? Yes</p>

<p>If so, with which elements and on which target population?</p> <p>The “4Cs” framework (Critical reflection; Context and data; Co-design; and inclusive and accessible Communications) for integrating equity and diversity principles. This framework is applied as a lens to be applied in the planned activities by WPs and pilots, elaborated in an equity and diversity maturity matrix aligned with the XV methodological steps for pilot implementation. Additionally, equity and diversity indicators were integrated into harmonized context analysis questionnaires for national focal points of each partner country, as well as into the methodology for pilot assessment and reporting.</p> <p>In particular, equity and diversity perspectives are embedded in the harmonized stepwise methodology for sub-projects, supported with a practical Equity and diversity maturity matrix. The maturity matrix is based on the above JACARDI 4Cs Equity and diversity explanatory framework (Critical reflection; Context and data; Co-design; inclusive and accessible Communications). The content of the matrix is divided into concrete steps related to project planning and implementation, each with three levels of comprehensiveness at which equity and diversity perspectives can be applied in practice: Approaching, Meeting, Exceeding. The sub-projects are encouraged to strive for any of these three levels, considering their available resources and previous experiences in diversity inclusion.</p> <p>JACARDI cross-cuttingly integrate cultural and ethnic diversity, other social determinants and commercial determinants in pilot actions through these tolls/activities:</p> <ul style="list-style-type: none"> • Explanatory framework: we have a joint vision and understanding • Glossary: we talk about the same things • Checklist and matrix tool: we have concrete tools • Expert consultations: we have support in implementation • Masterclasses: we learn and reflect together <p>Target population: population in vulnerable situations, including migrants, elderlies etc</p>	<p>If so, with which elements and on which target population?</p> <p>WP6 enhances equity and inclusion in the PODIACAR project by addressing the needs of disadvantaged and fragile groups, fostering their meaningful participation, and promoting health equity in paediatric obesity prevention and care.</p> <p>This WP aims to ensure the inclusion of disadvantaged and fragile groups, such as migrants, individuals affected by wars, homeless populations, Roma communities, and other vulnerable populations, in the PODIACAR project. It will address their unique needs and challenges related to paediatric obesity by implementing targeted interventions and collaborative efforts.</p>
<p>What events will be organised on this issue?</p> <ul style="list-style-type: none"> • Masterclasses have been already conducted • A workshop and abstracts have been submitted to EPH conference 	<p>What events will be organised on this issue?</p> <ol style="list-style-type: none"> 1. Needs Assessment: Conduct a thorough needs assessment to identify the specific challenges faced by disadvantaged and fragile groups in relation to paediatric obesity. Engage stakeholders, collect data, and understand their circumstances. 2. Tailored Interventions: Develop interventions that are tailored to the needs of these groups. Adapt educational materials, outreach strategies, and support services to ensure accessibility and cultural appropriateness. 3. Collaborative Partnerships: Establish partnerships with NGOs, community organizations, social services, and healthcare providers experienced in working with these groups to leverage their expertise and established connections. 4. Outreach and Engagement: Implement targeted outreach efforts in locations where disadvantaged and fragile groups are present. Conduct awareness campaigns and ensure cultural sensitivity, language accommodation, and involvement of community leaders. 5. Accessible Materials and Resources: Create materials and resources that are accessible to these groups. Consider

	<p>translations, visual aids, simplified language, and cultural relevance to effectively communicate information.</p> <p>6. Training and Capacity Building: Provide training to community health workers, educators, and volunteers within these communities. Empower them to advocate for and support the well-being of disadvantaged and fragile individuals.</p> <p>7. Evaluation and Feedback: Continuously evaluate the effectiveness of interventions. Collect feedback from participants to refine strategies, ensure responsiveness to their needs, and drive ongoing improvement.</p>
<p>Does the plan include the involvement of European/national/local institutions?</p> <p>Yes, the task 5.3 is linked with the Stakeholder and experts that have been selected for the Stakeholder advisory board (Lancet Migration European Hub), and Scientific Advisory Board. Considering that the activities of task 5.3 are included transversally all Consortium Partners will be involved.</p>	<p>Does the plan include the involvement of European/national/local institutions?</p> <p>Yes, the WP6 is linked with the Stakeholder and included transversally all Consortium Partners will be involved. Additionally, a link with associated partners is included.</p>
<p>Deliverables/Milestones</p> <p>D5.1 Methodological framework</p>	<p>Deliverables/Milestones</p> <p>D6.1-D6.4</p>
<p>Due date for deliverables/milestones</p> <p>November 2024</p>	<p>Due date for deliverables/milestones</p> <p>M12-M24</p>
<p>Do you think there could be joint activity on this issue?</p>	

JACARDI	Action grant PoDiaCar
IMPLEMENTATION	
<p>Is there an implementation plan/strategy?</p> <p>Yes</p>	<p>Is there an implementation plan/strategy?</p> <p>YES</p>
<p>If so, what are the (main) topic(s) of the implementations?</p> <p>JACARDI implementations follow the concept of the Patient Journey: <i>Health Literacy, Data Availability, Screening, Healthcare Pathways, Patients' self-management, Labour participation</i></p>	<p>If so, what are the (main) topic(s) of the implementations?</p> <p>Implementation is embedded in several activities of the PoDiaCar Project. Implementation strategies are set within the WP1 (Project management and coordination), specifically within the Task 1.2 "Management and control of the project and its implementation" from Month 1 to Month 36. Project implementation will be based on the impacts generated at all stages through a holistic monitoring approach:</p> <ol style="list-style-type: none"> 1. Design (intervention logic, destinations, missions); 2. Implementation (at the level of Strategic Plan, work programme proposal template, reporting); 3. Evaluation of impacts (through monitoring of Key Impact Pathways, management and implementation data, mid-term and ex-post evaluation).
<p>Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)?</p> <p>Yes</p> <p>The methodological framework is built around 4 core activities and follows a 15-steps guidelines:</p> <ul style="list-style-type: none"> • Context Analysis • Preparation of pilot project plan • Implementation of the pilot • Multidimension assessment 	<p>Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)?</p> <p>Yes</p> <p>The methodological framework is built around a Multidimension assessment and divulgation</p> <p>Implementation of the project is part of the ongoing activities all along the 3-year project (as per indication of Task 1.2). Buzzi will monitor the correct implementation of all WPs on a daily basis and will coordinate activities and collaborations within and between all WP leaders.</p>
<p>What is/are the geographical coverage of the implementations?</p> <p>18 implementing countries</p>	<p>What is/are the geographical coverage of the implementations?</p>

	The implementation strategy covers all WP, and as such all centres involved. Therefore, the geographic coverage includes Italy, Spain, Malta, and Luxembourg
What are the expected results of the implementations? The widespread implementation of 143 pilots will ensure extensive coverage and geographic reach. By adopting a unified implementation approach and a multi-assessment methodology, the risk of failure will be minimized, and the analysis of success factors and contextual influences will be facilitated. The resulting roadmap, developed for each of the six thematic areas, will act as proof-of-concept case studies, offering the potential to scale and extend these experiences at national or regional levels. JACARDI will foster cross-national collaboration by maximizing the application of lessons learned through a well-defined strategy. This approach will actively engage key stakeholders, promote the integration and sustainability of methodologies, and achieve significant impact, including fostering effective interaction, cooperation, and co-creation between science and policy.	What are the expected results of the implementations? Sustain the ongoing activities of the project and implement best practices to reach the deliverables defined within the project.
If there will be any webinars organised on this topic, which ones, when and what will they be about? At least one webinar for each of the six technical WPs will be conducted to disseminate the results achieved.	If there will be any webinars organised on this topic, which ones, when and what will they be about? As implementation is part of the activities all along the 3-year project, implementation strategies will be discussed during the routinely conference meeting and webinar
Deliverables/Milestones Implementation Plan (end of 2024) Final implementation report and Roadmap for scaling-up (Oct 2027) For each of the technical WPs	Deliverables/Milestones
Is there an implementation plan/strategy? Yes	MS4 implementation of targeted outreach and engagement initiatives specifically tailored to involve disadvantaged and fragile groups in the project.
Due date for deliverables/milestones	Due date for deliverables/milestones
	M20 (July 2025)

JACARDI	Action grant EUPr3ventNCDs
Main Objective	
Support EU countries to reduce the burden of CVD and DM and related risk factors, both at individual and societal level, while assuring health systems sustainability and equity	<ul style="list-style-type: none"> - Reduce health inequalities across the EU; - Decrease the spreading of NCDs across the EU, - Foster cooperation and exchanges between the EU Member States.
Specific Objectives	
Enhance and promote the implementation of (cross-sectional) best practices, and pilot testing of innovative practices throughout the whole 'patient' journey	<ul style="list-style-type: none"> - Enhance the cooperation and peer-learning of civil society across the EU in the fight against NCDs, with a special emphasis on stakeholders from Ukraine; - Encourage the exchanges and best practices and mobility opportunities of health and nutrition workforce across the EU; - Improve health literacy of younger generations on NCDs prevention through training on healthy eating habits and childhood obesity; - Reduce health inequalities across the EU (and beyond) through inclusive activities for vulnerable groups; - Raise awareness of citizens at large through participatory and interactive campaigns; - Empower consumers to make better informed and more nutritious food choices through innovative digital tools; - Analyse and assess national policies related to NCDs prevention; - Advocate for new EU policy approaches based on the Member States' needs; - Widely and effectively communicate about the project and give visibility to its activities; - To promote and disseminate the project deliverables among targeted audience across the EU.
Are there any synergies between the objectives or are there common objectives in your view?	
<p>Both projects have the overarching objective of reducing the burden of NCDs in EU Member States, and aim to achieve it by fostering equity across health systems in the EU.</p> <p>In both projects, the practice of exchanging best practices and enhance peer-learning is envisaged to reach the main objective.</p>	
JACARDI	Action grant EUPr3ventNCDs
WP2 Dissemination and communication	
Is there a communication strategy? Yes	Is there a communication strategy? Yes
<p>If so, which tools are part of it?</p> <p>The document details the 7 W's concept, the responsibility framework, including leadership within WP2 and expected contributions from project partners ("WHO"). A clearly defined methodology ("WHOM") is used to identify target audiences (stakeholder groups). The WHAT section provides details on the specific content and messages to be communicated, outlining the process for developing key messages and creating content.</p> <p>The HOW section defines the communication and dissemination framework, including workflow considerations such as inclusive and accessible communication practices and SEO best practices. The document addresses training and support for pilot projects in communication.</p> <p>The WHERE and WHEN section provides details on the specific communication channels and dissemination schedule, covering the JACARDI project website, social media strategy, scientific communication channels (publications and Science to Policy Strategy), and other communication channels such as press releases, newsletters, webinars, and national stakeholder events.</p>	<p>If so, which tools are part of it?</p> <ul style="list-style-type: none"> • Websites: a webpage dedicated to the project to be developed on the websites of all partners, describing the project, its approach and objectives, and all the key information. The content will be updated with initiatives, events, partnerships, and the publication of papers and information material, and relaunched by the partners' social media channels to maximise outreach. • Social media channels: to increase awareness among stakeholders, the partners will develop and coordinate actions on their respective social media accounts (X, Facebook, LinkedIn, Instagram). Messages will focus on communicating about key moments and activities of the project, disseminating results and sharing news related to NCDs prevention (good practices, articles, other initiatives or projects, etc). • Newsletters/special announcements: Project updates, reports on conferences and initiatives and relevant scientific studies will be communicated through newsletters/special announcements on a quarterly basis.

JACARDI have developed a Brand Guide and a Visual and Communication Toolkit.	<ul style="list-style-type: none"> Promotional material: the partners will develop promotional material, including but not limited to flyers, videos, posters, (e-)banners. Media: communication activities will include the drafting and dissemination of press releases and interactions with various media, identified on the basis of target audiences.
What events will be organised? Webinars: At least one open webinar per technical WP will be organised to disseminate results during the last year of the JA. Events: National stakeholder events will be organised to disseminate the results of JACARDI; twinning events and synergies with other Joint Actions or related projects will be prepared and supported	What events will be organised? Policy event: one hybrid policy event will be organised in Brussels to target EU policy makers and relevant civil society stakeholders to present the results of the Policy paper on new policy approaches and the Public health guidelines 4 citizen campaigns on the occasion of the Sugar Awareness Week will be organised in the 4 countries of the partners to spread awareness about NCDs prevention among citizens at large. 4 “Around my kitchen table” events will be organised in the countries of the partners to spread awareness about NCDs prevention among migrants and Ukrainian refugees.
Which international conferences are planned to be attended? JACARDI have been presented to many national and international conferences. Currently, we have submitted relevant abstracts and workshop to EPH Conference 2024.	Which international conferences are planned to be attended? We aim to attend various international conferences, particularly in Brussels. Currently, we plan to attend the “The state of health in the EU” conference in June 2024.
Deliverables/Milestones on dissemination <ul style="list-style-type: none"> Communication and Dissemination Strategy (March 2024) Newsletters: Five online newsletters (08/24-06/25-04/26-02/27-09/27) -Webinars: Minimum one open-for-all webinar per technical WP will be organised during the last year of the project Dissemination Report (10/25 - 10/27) Website (04/24) 	Deliverables/Milestones on dissemination <ul style="list-style-type: none"> Communication toolkit (June 2024) Communication report - Year 1 (January 2024) Communication report - Year 2 (January 2025) Communication report - Year 3 (December 2026)
Due date for deliverables/milestones See above	Due date for deliverables/milestones See above
Do you think there could be joint activity on this issue?	
Project results could be disseminated among the Action Grants so that they could be included into the newsletters of other projects. Project representatives could be invited to events organised by other Action Grants to share their successful experiences in terms of project results and dissemination of the activities. The communication strategies could be circulated among the Action Grants to share best practices and enhance peer learning. Social media posts should be reposted by other Action Grants to maximise outreach.	

JACARDI	Action grant EUPr3ventNCDs
SUSTAINABILITY	
Is there a sustainability strategy/plan? Yes. At pilot level, JACARDI's sustainability approach aims to enable and support the uptake, maintenance, reinforcement and scaling up of the s pilot implementations, outputs and results, using a specific methodology based on the experience and results of previous JAs (CHRODIS+, JADECARE) and reports published by the OECD (Guidebook on Best Practices), the EU JRC (Science for Policy Handbook) and the sustainability criteria used to review best practices for the EC Best Practices Portal.	Is there a sustainability strategy/plan? Yes. We aim to ensure the sustainability of the project impacts beyond the project implementation period through: <ul style="list-style-type: none"> the existing networks of members and partners of the consortium members as well as the networks of the project target groups, who will contribute to the continued dissemination of the project results with a powerful multiplier effect. training and education: building the capacities of the target groups is also contributing to the skills transfer

<p>Situation analysis at pilot site covers also the perspective of sustainability including stakeholders identification. In Pilot implementation plan, each pilot site will agree on and include at least one concrete action supporting sustainability The concrete action(s) will be reevaluated at each new PDSA cycle, together with stakeholder board. After the implementation of the activities will end, the pilots will extensively engage with key stakeholders in designing Sustainability action plan, with actions covering at least 2 years after JACARDI ends. At high policy level, JACARDI will work together with JAPreventNCD in establishing and working with Policy Decision Making Forum. JACARDI Joint Action level Sustainability plan will be developed.</p>	<p>across generations, ensuring the sustainability of the project and its positive impacts on the health and nutrition sector overall.</p> <ul style="list-style-type: none"> • cooperation: the new collaborations or strengthened opportunities established by the target groups or with other EU projects/initiatives will optimise the project results and be implemented by fellow communities across the EU. • policy: ensuring the lasting legacy of the project results through the contribution of the target groups and other relevant stakeholders in the policy debate and shaping of adequate EU policies related to NCDs prevention.
<p>If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?</p>	<p>If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?</p>
<p>4.1.1 Task: SWOT analysis (based on the JADECARE Sustainability framework) specifically focused on factors related to the sustainability of the pilot, supported by guidance material, templates and webinars 4.1.2 Task: methodology and template for the development of individual Sustainability Action Plans (sustainability action plans delivered during year 4) JACARDI supported by guidance material, templates and webinars, and a special training for effective science to policy interaction and communication 4.2.1 Task: A mixed methods approach, including structured interviews and surveys (for example Self-assessment of Competences for Pilot Activity Sustainability), will be utilised to collate information to facilitate consortium members to learn from each other's expertise and experiences in the various stages of the implementation process on how to achieve sustainable pilot implementation, outputs and results.</p>	<p>The consortium members will be able, within the limits of their human and financial resources after the project completion, to continue disseminating the project outcomes beyond its duration thanks to their respective networks, synergies with other projects or initiatives, communication activities and advocacy efforts, etc.</p>
<p>What events will be organised on this issue?</p>	<p>What events will be organised on this issue?</p>
<p>Achieving sustainable exploitation of JACARDI results after the financing ends is high on agenda of every JACARDI General Assembly and Stakeholders meeting. At pilot level, sustainability is as a principle built within implementation framework of JACARDI pilots, and represented at every methodological meeting. At high-policy level, yearly meetings of Policy Decision Making forum is the main event. As the JACARDI will progress, several workshops at international conferences are foreseen to disseminate and communicate the intermediary results of JACARDI with respect to achieving sustainability.</p>	<p>No specific events are foreseen, but all our project activities are designed keeping in mind the sustainability and replicability of the results.</p>
<p>Have any elements of sustainability been identified? And what are they?</p>	<p>Have any elements of sustainability been identified? And what are they?</p>
<p>At pilot level, the SWOT, supported by Milestone 12, will be based on the JADECARE Sustainability framework and cover its core elements: Policy environment; Ownership of the sustainability; and Culture of collaboration. Sustainability situation analysis will be part of the local situational analysis. Approach will be further developed based on inputs from Task 4.2, supporting learning and knowledge generation within JACARDI consortium.</p>	<p>Networking, training, cooperation and policy.</p>
<p>Does the plan include the involvement of European/national/local institutions?</p>	<p>Does the plan include the involvement of European/national/local institutions?</p>

<p>At each pilot level, a network of key stakeholders (stakeholders' board) representing national/ regional or local level will be established to develop and facilitate sustainability-supporting activities during the implementation, and will be the co-creators of Sustainability action plan. At high-policy level, a Policy Decision Making forum (PDMF) will established, that will include representation from all relevant DGs and EC agencies as well as multisectoral representation of EU countries' presidencies (Council), links to health attaches, and representatives of relevant EU Parliament bodies. There are also several activities outside WP4 on Sustainability, that facilitate the involvement of other institutions, such as Advisory Board, JACARDI Stakeholder Board, and diverse interactions of partners within Technical WPs, related to their topic.</p>	<p>The EU will be involved at the policy level.</p>
<p>Deliverables/Milestones</p>	<p>Deliverables/Milestones</p>
<ul style="list-style-type: none"> MS12 Methodology for context analysis and identification of key stakeholders Methodology, guidance and templates for context analysis and analysis and stakeholder network building made available to implementing partners MS13 Sustainability action plan methodology. Sustainability Action Plan methodology and templates provided to implementing partners MS14 Training on science-policy interaction and communication. Training of trainers and partners provided to increase their capacity to improve the translation of JACARDI results into policy <p>Task 4.1. will develop the support to Technical WPs, so each Implementing Partner will develop a Sustainability Action Plan , covering a period of 2 years after the end of JACARDI, and will be linked to Deliverable 3 of each Technical WP,</p> <ul style="list-style-type: none"> D4.1 Report "Achieving sustainability of JACARDI interventions: lessons learned" 	<p>No specific deliverables/milestones are linked to sustainability, but all our project materials are designed keeping in mind the sustainability and replicability of the results.</p>
<p>Due date for deliverables/milestones</p>	<p>Due date for deliverables/milestones</p>
<ul style="list-style-type: none"> MS12 Methodology for context analysis - M2- December 2023 MS13 Sustainability action plan methodology - M12 - October 2024 MS14 Training on science-policy interaction and communication-all trainings end by M36 -ctober 2026 D4.1 Report - August 2027 	<p>N/A</p>
<p align="center">Do you think there could be joint activity on this issue?</p>	
<p>Share good experiences related to ensuring sustainability and replicability of results. Using the network of the various Action Grants to maximise the dissemination efforts through a multiplier effect.</p>	

JACARDI	Action grant EUPr3ventNCDs
EQUITY	
<p>Is there an equity strategy/plan? Yes</p>	<p>Is there an equity strategy/plan? Yes</p>
<p>If so, with which elements and on which target population?</p>	<p>If so, with which elements and on which target population?</p>

<p>The “4Cs” framework (Critical reflection; Context and data; Co-design; and inclusive and accessible Communications) for integrating equity and diversity principles. This framework is applied as a lens to be applied in the planned activities by WPs and pilots, elaborated in an equity and diversity maturity matrix aligned with the XV methodological steps for pilot implementation. Additionally, equity and diversity indicators were integrated into harmonized context analysis questionnaires for national focal points of each partner country, as well as into the methodology for pilot assessment and reporting.</p> <p>In particular, equity and diversity perspectives are embedded in the harmonized stepwise methodology for sub-projects, supported with a practical Equity and diversity maturity matrix. The maturity matrix is based on the above JACARDI 4Cs Equity and diversity explanatory framework (Critical reflection; Context and data; Co-design; inclusive and accessible Communications). The content of the matrix is divided into concrete steps related to project planning and implementation, each with three levels of comprehensiveness at which equity and diversity perspectives can be applied in practice: Approaching, Meeting, Exceeding. The sub-projects are encouraged to strive for any of these three levels, considering their available resources and previous experiences in diversity inclusion.</p> <p>JACARDI cross-cuttingly integrate cultural and ethnic diversity, other social determinants and commercial determinants in pilot actions through these tools/activities:</p> <ul style="list-style-type: none"> • Explanatory framework: we have a joint vision and understanding • Glossary: we talk about the same things • Checklist and matrix tool: we have concrete tools • Expert consultations: we have support in implementation • Masterclasses: we learn and reflect together <p>Target population: population in vulnerable situations, including migrants, elderlies etc</p>	<p>It is an intrinsic core element of the project to develop inclusive activities to reduce health inequalities. Equity and diversity perspectives are embedded into all project activities, and specifically in our trainings for schools in disadvantaged areas, culinary events for migrants/Ukrainian refugees and workshops for Ukrainian health professionals. Vulnerable groups, with a special emphasis on Ukrainians under temporary protection, are the target of our activities. All the schools, NGOs, healthcare professionals, event venues, etc., will be mapped with the aim of including stakeholders belonging to vulnerable groups. The project activities will embed an intercultural dialogue to promote the integration of migrants and will overall aim to reduce inequalities in socio-economically disadvantaged areas.</p>
<p>What events will be organised on this issue?</p> <ul style="list-style-type: none"> • Masterclasses have been already conducted • A workshop and abstracts have been submitted to EPH conference 	<p>What events will be organised on this issue?</p> <ul style="list-style-type: none"> • “Around my kitchen table event”: 4 culinary workshops for migrants and Ukrainian refugees • Other activities (not strictly events) include trainings in schools in socio-economically disadvantaged areas, workshops for Ukrainian professionals, workshops for NGOs to raise the awareness of vulnerable groups about NCDs prevention
<p>Does the plan include the involvement of European/national/local institutions?</p> <p>Yes, the task 5.3 is linked with the Stakeholder and experts that have been selected for the Stakeholder advisory board (Lancet Migration European Hub), and Scientific Advisory Board. Considering that the activities of task 5.3 are included transversally all Consortium Partners will be involved.</p>	<p>Does the plan include the involvement of European/national/local institutions?</p> <p>No</p>
<p>Deliverables/Milestones</p> <p>D5.1 Methodological framework</p>	<p>Deliverables/Milestones</p> <ul style="list-style-type: none"> • Workshops for NGOs and Ukrainian professionals (January 2026) • Trainings in schools (December 2026) • "Around my kitchen table" events (December 2026)
<p>Due date for deliverables/milestones</p> <p>November 2024</p>	<p>Due date for deliverables/milestones</p> <p>See above</p>

Do you think there could be joint activity on this issue?
It could be useful to share among the Action Grants any best practices and lessons learned regarding the embedment of an equity strategy (e.g., how to approach migrants and refugees, how to address children from socio-economically disadvantaged areas, how to raise awareness about NCDs and thus develop a targeted language for a vulnerable communities, etc.).
It might help to share the contacts of the targeted NGOs/medical centres/schools/migrations centres etc. in partner countries, to make sure we are not contacting the same stakeholders (unless we aim to organise joint activities).

JACARDI	Action grant EUPr3ventNCDs
IMPLEMENTATION	
Is there an implementation plan/strategy? Yes	Is there an implementation plan/strategy? Yes
If so, what are the (main) topic(s) of the implementations? JACARDI implementations follow the concept of the Patient Journey: <i>Health Literacy, Data Availability, Screening, Healthcare Pathways, Patients' self-management, Labour participation</i>	If so, what are the (main) topic(s) of the implementations? Coordination, monitoring, reporting and evaluation.
Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)? Yes The methodological framework is built around 4 core activities and follows a 15-steps guidelines: <ul style="list-style-type: none"> • Context Analysis • Preparation of pilot project plan • Implementation of the pilot • Multidimension assessment 	Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)? Yes <ul style="list-style-type: none"> • Establishment of governing bodies (one at project level and one at WP level) to ensure the best possible coordination, decision-making and delivery of results • Continuous and sound technical and financial monitoring and quality control of the project
What is/are the geographical coverage of the implementations? 18 implementing countries	What is/are the geographical coverage of the implementations? Belgium, Lithuania, Croatia, Greece and Italy
What are the expected results of the implementations? The widespread implementation of 143 pilots will ensure extensive coverage and geographic reach. By adopting a unified implementation approach and a multi-assessment methodology, the risk of failure will be minimized, and the analysis of success factors and contextual influences will be facilitated. The resulting roadmap, developed for each of the six thematic areas, will act as proof-of-concept case studies, offering the potential to scale and extend these experiences at national or regional levels. JACARDI will foster cross-national collaboration by maximizing the application of lessons learned through a well-defined strategy. This approach will actively engage key stakeholders, promote the integration and sustainability of methodologies, and achieve significant impact, including fostering effective interaction, cooperation, and co-creation between science and policy.	What are the expected results of the implementations? To deliver the due deliverables/milestones within the timeframe established by the Grant Agreement. Should there be any delays or budget adjustments, we should seek to foresee them in advance, keep the funding authority updated and implement mitigation strategies.
If there will be any webinars organised on this topic, which ones, when and what will they be about? At least one webinar for each of the six technical WPs will be conducted to disseminate the results achieved.	If there will be any webinars organised on this topic, which ones, when and what will they be about? No
Deliverables/Milestones Implementation Plan (end of 2024) Final implementation report and Roadmap for scaling-up (Oct 2027) For each of the technical WPs	Deliverables/Milestones <ul style="list-style-type: none"> • Project management toolkit (March 2024) • Project kick-off meeting (March 2024) • Meetings of the CMB - Year 1 (December 2024) • Technical and financial monitoring reports - Year 1 (January 2025) • Meetings of the CMB - Year 2 (December 2025)

	<ul style="list-style-type: none"> • Meetings of the CMB - Year 3 (December 2026) • Technical and financial monitoring reports - Year 2 (January 2026) • Technical and financial monitoring reports - Year 3 (December 2026)
Due date for deliverables/milestones	Due date for deliverables/milestones
	See above
Do you think there could be joint activity on this issue?	
It could be useful to share best practices on implementation measures to allow other Action Grants to follow positive examples and tackle arising issues.	

JACARDI	Action grant RESIL-Card
Main Objective	
Support EU countries to reduce the burden of CVD and DM and related risk factors, both at individual and societal level, while assuring health systems sustainability and equity	Reduce the burden and ensure continuity of care for patients with cardiovascular diseases (CVDs) in EU Member States, especially during crisis. The main aim is to help cardiovascular stakeholders enhance the preparedness and resilience of European care pathways, thus ensuring continuity of quality care and reducing access inequalities.
Specific Objectives	
Enhance and promote the implementation of (cross-sectional) best practices, and pilot testing of innovative practices throughout the whole 'patient' journey	Identify and document major gaps/barriers, good practices and lessons learned from the COVID pandemic re. CVD care efficiency and resilience in times of crisis.
	Establish a resilience assessment toolkit to support the development of local and regional processes and minimum requirements for resilience.
	Make recommendations and contribute to the development of guidelines for improved care pathways to enhance communication between all patient care levels and between HCPs, patients and families.
	Empower Member States and policy-makers to provide patients and healthcare systems with protocols, monitoring tools, and awareness engines that ensure actionable measures in a variety of scenarios.
	Mobilise and engage all relevant stakeholders in piloting a set of recommendations across sites where pandemic preparedness levels differ.
	Reduce inequalities with respect to awareness, accessibility, and inclusion in care pathways by integrating underrepresented and marginalised social groups.
<p>Are there any synergies between the objectives or are there common objectives in your view?</p> <ul style="list-style-type: none"> - Same general objective, and RESIL-Card's specific objectives matching JACARDI WP6 & WP9 - care pathway improvement for better preparedness and resilience, hence guaranteeing care access and reducing inequalities, both at individual and population level and within different settings. - Build on what already exists and enhance – addressing barriers that hinders the implementation of best-practices in patient care and service pathways to provide an integrated and person-centered approach to care. - Promote the implementation of best practices and pilot testing of innovative practices for care pathways through the pilot-testing of the resilience assessment tool to be developed. - Science to policy interactions and communications to ensure adequate development of guidelines and sustainability of high-level policy. 	

JACARDI	Action grant RESIL-Card
WP2 Dissemination and communication	
Is there a communication strategy? Yes	Is there a communication strategy? Yes
<p>If so, which tools are part of it?</p> <p>The document details the 7 W's concept, the responsibility framework, including leadership within WP2 and expected contributions from project partners ("WHO"). A clearly defined methodology ("WHOM") is used to identify target audiences (stakeholder groups). The WHAT section provides details on the specific content and messages to be communicated, outlining the process for developing key messages and creating content.</p> <p>The HOW section defines the communication and dissemination framework, including workflow considerations such as inclusive and accessible communication practices and SEO best practices. The document addresses training and support for pilot projects in communication.</p> <p>The WHERE and WHEN section provides details on the specific communication channels and dissemination schedule, covering the JACARDI project website, social</p>	<p>If so, which tools are part of it?</p> <p>The communication & dissemination strategy is deliberately broad and comprehensive so that the widest possible relevant audience is reached.</p> <p>This work package (WP3) is managed by an experience lead and all partners will contribute to communication and dissemination activities, leveraging their networks and existing contacts. This will enable a maximisation of the project's results and outcomes, increasing impact and awareness of the work.</p> <p>The direct network of the consortium includes several key stakeholder and opinion leader groups. In addition, the personal outreach of We CARE towards the European and global Interventional community of individual HCPs and their representative national organisations will allow direct dissemination of project deliverables in the field and maximize their impact on patient care.</p> <p>Communication and dissemination tools will include a mix of face to face, print, digital resources and tools to the attention of</p>

media strategy, scientific communication channels (publications and Science to Policy Strategy), and other communication channels such as press releases, newsletters, webinars, and national stakeholder events. JACARDI have developed a Brand Guide and a Visual and Communication Toolkit.	healthcare professionals, a lay patient audience and NGO professionals: Face to face: congresses (national and international), focus groups, NGO meetings Digital: website, social media, newsletters, webinars & videos Others: prints (brochures & leaflets), scientific communications (publications/reports)
What events will be organised? Webinars: At least one open webinar per technical WP will be organised to disseminate results during the last year of the JA. Events: National stakeholder events will be organised to disseminate the results of JACARDI; twinning events and synergies with other Joint Actions or related projects will be prepared and supported	What events will be organised? - Focus groups: scheduled as part of WP1 to refine the outcome of the survey and scoping literature, they will be an opportunity to raise awareness and get an initial endorsement of the participating HCPs, possibly turning them into project advocates in their respective countries. - Dedicated sessions at national congresses (scientific societies or others as relevant) and international conferences: organised to raise awareness and disseminate the results of the project within the cardiovascular care community. - Twinning events: to encourage knowledge and experience sharing and train healthcare professionals/institutions to expand the adoption of the resilience assessment toolkit. - Meetings with NGOs: to communicate on the purpose of the project and its results in order to foster awareness towards patients and public and/or lobbying with national authorities and policy-makers.
Which international conferences are planned to be attended? JACARDI have been presented to many national and international conferences. Currently, we have submitted relevant abstracts and workshop to EPH Conference 2024.	Which international conferences are planned to be attended? In addition to some communication actions, RESIL-Card will have dedicated sessions/events at each annual edition of EuroPCR (the world's leading course in interventional cardiovascular medicine). The possibility to have some visibility during the annual congress of the European Society of Cardiology will also be considered.
Deliverables/Milestones on dissemination <ul style="list-style-type: none"> • Communication and Dissemination Strategy (March 2024) • Newsletters: Five online newsletters (08/24-06/25-04/26-02/27-09/27) • -Webinars: Minimum one open-for-all webinar per technical WP will be organised during the last year of the project • Dissemination Report (10/25 - 10/27) • Website (04/24) 	Deliverables/Milestones on dissemination <ul style="list-style-type: none"> • Press release - announcement of RESIL-Card launch (02/24) • Project website (02/24) • Awareness plan for EuroPCR course (06/24, 06/25 and 06/26)
Due date for deliverables/milestones See above	Due date for deliverables/milestones See above
Do you think there could be joint activity on this issue?	
Joint activity may be considered for the technical WP webinar during the last year of the JA – WP6 and 9 specifically – as well as the events with national stakeholders to introduce RESIL-Card and explain how it fits with JACARDI and the EU4Health work programme.	

JACARDI	Action grant RESIL-Card
SUSTAINABILITY	
Is there a sustainability strategy/plan? Yes. At pilot level, JACARDI's sustainability approach aims to enable and support the uptake, maintenance, reinforcement and scaling up of the s pilot implementations, outputs and results, using a specific methodology based on the experience and results of previous JAs (CHRODIS+, JADECARE) and reports published by the OECD (Guidebook on Best Practices), the EU JRC (Science for Policy Handbook) and the	Is there a sustainability strategy/plan? Although there is no WP dedicated to sustainability per se, the project has planned to ensure the uptake and scaling-up of the pilot implementation, outputs and results: <ul style="list-style-type: none"> • Continued communication and dissemination: We CARE has committed to continue to communicate and disseminate the outputs of the project. This will provide a structured base from which the impacts can be driven going forward.

<p>sustainability criteria used to review best practices for the EC Best Practices Portal.</p> <p>Situation analysis at pilot site covers also the perspective of sustainability including stakeholders identification. In Pilot implementation plan, each pilot site will agree on and include at least one concrete action supporting sustainability. The concrete action(s) will be reevaluated at each new PDSA cycle, together with stakeholder board. After the implementation of the activities will end, the pilots will extensively engage with key stakeholders in designing Sustainability action plan, with actions covering at least 2 years after JACARDI ends. At high policy level, JACARDI will work together with JAPreventNCD in establishing and working with Policy Decision Making Forum. JACARDI Joint Action level Sustainability plan will be developed.</p>	<p>All consortium partners have also identified a wide range of communication and dissemination channels and will continue the work of sharing the project results and outputs among the extensive networks that span Europe, the Ukraine and beyond, including national cardiology and CV societies/working groups of the Member States, an extensive database of EU physicians, nurses and technicians and the PCR Companion database throughout Europe.</p> <ul style="list-style-type: none"> • Science to policy interactions and communications: CatSalut, GISE and AMC UMC's respective networks will provide some opportunities to disseminate the research findings to policy-makers and influence them towards action and implementation of practices/policies that guarantee the continuation of CVD care during crises, thereby preventing increases in CVD burden. • Follow-on funding sought: during the course of the project, the question of sustainability and possibilities for future projects and collaborative work will be raised with other groups. There may be possibilities to work with new partners post-project to refine and adapt the tool to be applied beyond the EU and Ukraine borders. Opportunities will be identified and applications submitted for follow-on funding, aiming to secure more partners/grants that can fund additional future projects, such as new pilot sites or new digital applications supporting CVD patient care. All these opportunities will be explored in order to lay the foundations for further continuation of the action. <p>It is also expected that the range of national organisations, systems and medical/patient societies involved in the pilot phases will be able to continue to implement the knowledge gleaned after the end of the project. These stakeholders will be able to perpetuate the dissemination of the tool, as well as to promote sharing of experiences, barriers, and enablers of its implementation in various settings, improving its applicability.</p> <p>We CARE is a critical entity that will continue the work outlined within this project. It has the capacity, the networks and the connections with other relevant projects and a shared objective of improving CVD patient care that will ensure the synergies and complementarities with other activities, both EU and non-EU funded, that are essential to sustain the effort beyond the project duration.</p>
<p>If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?</p>	<p>If so, it includes what tools (Delphi, interviews, focus group, webinar, workshops, policy dialogues)?</p>
<p>4.1.1 Task: SWOT analysis (based on the JADECARE Sustainability framework) specifically focused on factors related to the sustainability of the pilot, supported by guidance material, templates and webinars</p> <p>4.1.2 Task: methodology and template for the development of individual Sustainability Action Plans (sustainability action plans delivered during year 4) JACARDI supported by guidance material, templates and webinars, and a special training for effective science to policy interaction and communication</p> <p>4.2.1 Task: A mixed methods approach, including structured interviews and surveys (for example Self-assessment of Competences for Pilot Activity Sustainability), will be utilised to collate information to facilitate consortium members to learn from each other's expertise and experiences in the various stages of the</p>	<p>No specific tools or actions have been specifically identified yet; however, they may involve focus groups, workshops, policy dialogues in addition to the communication and dissemination actions (as listed in the relevant section) that will be pursued after the end of the project.</p>

implementation process on how to achieve sustainable pilot implementation, outputs and results.	
What events will be organised on this issue?	What events will be organised on this issue?
Achieving sustainable exploitation of JACARDI results after the financing ends is high on agenda of every JACARDI General Assembly and Stakeholders meeting. At pilot level, sustainability is as a principle built within implementation framework of JACARDI pilots, and represented at every methodological meeting. At high-policy level, yearly meetings of Policy Decision Making forum is the main event. As the JACARDI will progress, several workshops at international conferences are foreseen to disseminate and communicate the intermediary results of JACARDI with respect to achieving sustainability.	Not identified yet.
Have any elements of sustainability been identified? And what are they?	Have any elements of sustainability been identified? And what are they?
At pilot level, the SWOT, supported by Milestone 12, will be based on the JADECARE Sustainability framework and cover its core elements: Policy environment; Ownership of the sustainability; and Culture of collaboration. Sustainability situation analysis will be part of the local situational analysis. Approach will be further developed based on inputs from Task 4.2, supporting learning and knowledge generation within JACARDI consortium.	
Does the plan include the involvement of European/national/local institutions?	Does the plan include the involvement of European/national/local institutions?
At each pilot level, a network of key stakeholders (stakeholders' board) representing national/ regional or local level will be established to develop and facilitate sustainability-supporting activities during the implementation, and will be the co-creators of Sustainability action plan. At high-policy level, a Policy Decision Making forum (PDMF) will be established, that will include representation from all relevant DGs and EC agencies as well as multisectoral representation of EU countries' presidencies (Council), links to health attaches, and representatives of relevant EU Parliament bodies. There are also several activities outside WP4 on Sustainability, that facilitate the involvement of other institutions, such as Advisory Board, JACARDI Stakeholder Board, and diverse interactions of partners within Technical WPs, related to their topic.	Dissemination of the research findings to policy-makers will involve interaction with national and/or regional healthcare authorities according to the health system structure in each Member State.
Deliverables/Milestones	Deliverables/Milestones
<ul style="list-style-type: none"> MS12 Methodology for context analysis and identification of key stakeholders Methodology, guidance and templates for context analysis and analysis and stakeholder network building made available to implementing partners MS13 Sustainability action plan methodology. Sustainability Action Plan methodology and templates provided to implementing partners MS14 Training on science-policy interaction and communication. Training of trainers and partners provided to increase their capacity to improve the translation of JACARDI results into policy <p>*Task 4.1. will develop the support to Technical WPs , so each Implementing Partner will develop a Sustainability Action Plan , covering a period of 2 years after the end of JACARDI, and will be linked to Deliverable 3 of each Technical WP,</p>	N/A

<ul style="list-style-type: none"> D4.1 Report “Achieving sustainability of JACARDI interventions: lessons learned” 	
Due date for deliverables/milestones	Due date for deliverables/milestones
<ul style="list-style-type: none"> MS12 Methodology for context analysis - M2- December 2023 MS13 Sustainability action plan methodology - M12 - October 2024 MS14 Training on science-policy interaction and communication-all trainings end by M36 -ctober 2026 D4.1 Report - August 2027 	N/A
Do you think there could be joint activity on this issue?	

JACARDI	Action grant RESIL-Card
EQUITY	
Is there an equity strategy/plan? Yes	Is there an equity strategy/plan? There is no particular equity strategy per se; however, one of the RESIL-Card specific objectives is to reduce inequalities with respect to awareness, accessibility and inclusion in care pathways by integrating underrepresented and marginalised social groups. As the aim of the project is to make cardiac care pathways more integrated and patient-centred, ALL target groups suffering from or at risk of CVD will be considered: By acknowledging the equity issues, which are inherent in CVD care and are reinforced in crises, through the integration of a range of activities and key stakeholders in the consortium’s broader network that will directly aim to identify and recommend actions to reduce health inequalities, including in Ukraine. Through the set-up of a comprehensive communication and dissemination strategy, with equity in in mind, that reaches the 27 Member States and Ukraine.
If so, with which elements and on which target population? The “4Cs” framework (Critical reflection; Context and data; Co-design; and inclusive and accessible Communications) for integrating equity and diversity principles. This framework is applied as a lens to be applied in the planned activities by WPs and pilots, elaborated in an equity and diversity maturity matrix aligned with the XV methodological steps for pilot implementation. Additionally, equity and diversity indicators were integrated into harmonized context analysis questionnaires for national focal points of each partner country, as well as into the methodology for pilot assessment and reporting. In particular, equity and diversity perspectives are embedded in the harmonized stepwise methodology for sub-projects, supported with a practical Equity and diversity maturity matrix. The maturity matrix is based on the above JACARDI 4Cs Equity and diversity explanatory framework (Critical reflection; Context and data; Co-design; inclusive and accessible Communications). The content of the matrix is divided into concrete steps related to project planning and implementation, each with three levels of comprehensiveness at which equity and diversity perspectives can be applied in practice: Approaching,	If so, with which elements and on which target population? Not only will the project address regions and countries with socio-economic disparities, but it will also include attention to Ukrainians whose access to healthcare is impacted by the ongoing war. The resilience tool will be made accessible via direct communication with prominent Ukrainian cardiologists (who have already been made aware of the project and are members of the Advisosry Board) and via Ukrainian language materials developed in WP3 as part of communication and dissemination.

<p>Meeting, Exceeding. The sub-projects are encouraged to strive for any of these three levels, considering their available resources and previous experiences in diversity inclusion.</p> <p>JACARDI cross-cuttingly integrate cultural and ethnic diversity, other social determinants and commercial determinants in pilot actions through these tools/activities:</p> <ul style="list-style-type: none"> • Explanatory framework: we have a joint vision and understanding • Glossary: we talk about the same things • Checklist and matrix tool: we have concrete tools • Expert consultations: we have support in implementation • Masterclasses: we learn and reflect together <p>Target population: population in vulnerable situations, including migrants, elderly etc</p>	
<p>What events will be organised on this issue?</p> <ul style="list-style-type: none"> • Masterclasses have been already conducted • A workshop and abstracts have been submitted to EPH conference 	<p>What events will be organised on this issue?</p> <ul style="list-style-type: none"> • Workshops with relevant NGOs that could be a relay to advocate the need for a wider adoption of the resilience assessment tool and to further promote patient health literacy. • Meetings with NGOs actively involved with Ukraine to better understand how the project outcomes could meet the needs of the country during the war and/or the rebuilding phase, as well as those of the displaced population in the neighbouring Member States.
<p>Does the plan include the involvement of European/national/local institutions?</p> <p>Yes, the task 5.3 is linked with the Stakeholder and experts that have been selected for the Stakeholder advisory board (Lancet Migration European Hub), and Scientific Advisory Board. Considering that the activities of task 5.3 are included transversally all Consortium Partners will be involved.</p>	<p>Does the plan include the involvement of European/national/local institutions?</p> <p>No</p>
<p>Deliverables/Milestones</p> <p>D5.1 Methodological framework</p>	<p>Deliverables/Milestones</p> <p>N/A</p>
<p>Due date for deliverables/milestones</p> <p>November 2024</p>	<p>Due date for deliverables/milestones</p> <p>N/A</p>
<p>Do you think there could be joint activity on this issue?</p>	

JACARDI	Action grant RESIL-Card
IMPLEMENTATION	
<p>Is there an implementation plan/strategy?</p> <p>Yes</p>	<p>Is there an implementation plan/strategy?</p> <p>Yes</p>
<p>If so, what are the (main) topic(s) of the implementations?</p> <p>JACARDI implementations follow the concept of the Patient Journey: <i>Health Literacy, Data Availability, Screening, Healthcare Pathways, Patients' self-management, Labour participation</i></p>	<p>If so, what are the (main) topic(s) of the implementations?</p> <p>The main topic of implementation for the project is the pilot testing of the resilience assessment tool to be conducted by WP2.</p>
<p>Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)?</p> <p>Yes</p> <p>The methodological framework is built around 4 core activities and follows a 15-steps guidelines:</p> <ul style="list-style-type: none"> • Context Analysis • Preparation of pilot project plan • Implementation of the pilot • Multidimension assessment 	<p>Is there an implementation methodology? If, yes which one (e.g. use of pilot sites)?</p> <p>Yes, the implementation methodology for WP2 will be as follows:</p> <ul style="list-style-type: none"> • Identification of the key performance indicators: To be defined according to the expected performance and applicability of the resilience assessment tool. • Candidate selection for 1st-stage pilot phase: a pool of candidates will be considered for the pilot test according to the selection criteria and their willingness to participate in the study.

	<ul style="list-style-type: none"> • 1st-stage pilot testing: to obtain detailed feedback about the usefulness, comprehensiveness, and applicability of the resilience assessment tool. This first stage will require a moderated presentation of the tool. • 2nd-stage pilot test (official dissemination of the tool): to collect on-line feedback on the resilience assessment tool and its accessibility through unmoderated use.
What is/are the geographical coverage of the implementations? 18 implementing countries	What is/are the geographical coverage of the implementations? The minimal geographical scope for the 1 st -stage of the pilot-testing of the tool will be Catalonia (Spain) and Italy, namely the Lombardy and Campania regions. Further regions and/or countries could be considered at the time of the pilot start pending the willingness of institutions and stakeholders to be part of this phase. The 2 nd -stage pilot test will have a broader geographical scope as it will aim to more widely disseminate the tool to all European Member States.
What are the expected results of the implementations? The widespread implementation of 143 pilots will ensure extensive coverage and geographic reach. By adopting a unified implementation approach and a multi-assessment methodology, the risk of failure will be minimized, and the analysis of success factors and contextual influences will be facilitated. The resulting roadmap, developed for each of the six thematic areas, will act as proof-of-concept case studies, offering the potential to scale and extend these experiences at national or regional levels. JACARDI will foster cross-national collaboration by maximizing the application of lessons learned through a well-defined strategy. This approach will actively engage key stakeholders, promote the integration and sustainability of methodologies, and achieve significant impact, including fostering effective interaction, cooperation, and co-creation between science and policy.	What are the expected results of the implementations? Expected results from the 1 st -stage pilot testing is detailed feedback about the usefulness, comprehensiveness, and applicability of the resilience assessment tool from the institutions and stakeholders who will have applied the tool. These findings will serve to refine the tool before being widely disseminated. The 2nd-stage pilot is expected to collect on-line feedback through unmoderated use with a view to continuously update and improve the tool.
If there will be any webinars organised on this topic, which ones, when and what will they be about? At least one webinar for each of the six technical WPs will be conducted to disseminate the results achieved.	If there will be any webinars organised on this topic, which ones, when and what will they be about? N/A
Deliverables/Milestones Implementation Plan (end of 2024) Final implementation report and Roadmap for scaling-up (Oct 2027) For each of the technical WPs	Deliverables/Milestones <u>Deliverables:</u> <ul style="list-style-type: none"> • Performance indicator set (11/2024) • Report of pilot test (11/2025) • Analysis report (11/2026) <u>Milestones:</u> <ul style="list-style-type: none"> • Start of pilot test (03/2025) • Pilot analysis (09/2026)
Due date for deliverables/milestones	Due date for deliverables/milestones See above
Do you think there could be joint activity on this issue?	

