

From the editors

From local pilots to European impact

JACARDI is entering a phase where the connection between scientific evidence, project implementation, and policy influence is no longer theoretical: it is visible and tangible. While European discussions on cardiovascular health are intensifying, our pilot teams are already testing what works in practice from community-based interventions in Spain to data-driven policy tools in Belgium and early screening results shaping regional strategies in Italy.

This edition brings these strands together: science, health policy, and the reality on the ground. Discover how European collaboration translates into sustainable change, and what this means for the future of prevention and care. This is the moment to take a closer look.

JACARDI Highlights

Supporting the EU Safe Hearts Plan with a new practical guide to screening

The image shows the cover of a guide titled 'JACARDI's Short Guide to Screening'. The cover has a teal-to-blue gradient background. On the right side, there is a large white graphic element consisting of a thick horizontal bar at the top, a curved line below it, and a circular shape at the bottom right. The title is written in white, bold, sans-serif font. Below the title, there is a subtitle in a smaller white font.

JACARDI's Short Guide to Screening

A practical roadmap for strengthening disease prevention across Europe

Discover practical guidance on how screening can transform cardiovascular and diabetes prevention across Europe. Screening is an essential public health tool for addressing two of Europe's most pressing challenges, cardiovascular disease and diabetes. To support decision making by policymakers and public

health professionals, JACARDI experts have developed a practical guide to screening approaches.

As the European Commission is developing an EU protocol on health checks for cardiovascular diseases, JACARDI is working to support it with evidence-based recommendations.

[Discover the guide](#)

Call for papers: join the scientific debate on cardiovascular disease and diabetes



CALL FOR PAPERS

Strengthening the Public Health Response to Cardiovascular Disease and Diabetes

Call for papers  International Journal of Public Health [Open for submissions >](#)

Your research can help shape Europe's approach to cardiovascular disease and diabetes. A new joint special issue by the International Journal of Public Health and Public Health Reviews invites researchers and public health experts to contribute work that advances knowledge on cardiovascular disease and diabetes. The call for papers was developed to support and reflect the objectives of JACARDI, encouraging research that informs practical, equitable, and sustainable responses.

Contribute your research and help shape Europe's response to cardiovascular disease and diabetes.

[Join the call](#)

Equity Lens: Introducing a new series sharing solutions for healthcare equity



Equity in health is essential for better outcomes. Discover how JACARDI is turning principles into action across Europe. Through its new Equity Lens article series, JACARDI shares practical approaches and lessons learned from integrating these principles across its work, including the design and implementation of 143 pilot projects across Europe.

The first article dives into how the JACARDI 4Cs Framework provides a structured approach to translating equity principles into everyday practice.

[Explore the 4Cs Framework](#)

Science to policy news

Cardiovascular health in focus: OECD report and JACARDI experts highlight the path from data to implementation



Alongside the OECD and other key partners, JACARDI experts are turning data into actionable insights for policymakers across Europe. As OECD's new Cardiovascular Health Dashboard shows, over three-quarters of cardiovascular deaths in the EU are linked to modifiable risk factors, with several trends worsening across the region.

At a recent webinar, more than 300 participants from EU institutions, national authorities, research, clinical practice, and patient organisations discussed how

to turn these insights into action.

JACARDI experts contributed key perspectives. Dr Héctor Bueno shared lessons from Spain's national strategy on cardiovascular health, while Dr Benedetta Armocida highlighted how JACARDI's indicator frameworks and cross-sector pilots are helping translate evidence and policy into tangible improvements in prevention, care, and long-term outcomes across Europe.

[Read article](#)

How JACARDI can support the implementation of the EU Safe Hearts Plan



At a high-level webinar organised by the European Commission, Olivér Várhelyi stressed that cardiovascular disease remains Europe's number one killer and that the EU Safe Hearts Plan provides a vital policy tool to address it. He highlighted that making the plan a reality depends on strong cooperation across Member States and stakeholders.

Representatives of JACARDI and its sister Joint Action, JAPreventNCD, presented practical solutions to support implementation. JACARDI showcased its online risk assessment tool selection guide, and screening-focused pilot projects helping turn the plan's ambitions into action.

[Read article](#)

[Pilot updates](#)

On the ground across Europe



Discover how JACARDI's pilot teams across Europe are putting their plans into action in Spain, Belgium, France, Finland and Italy.

- [Cantabria health management workshops: Helping people with chronic conditions take control of their heart health in Spain](#)
- [Belgium Diabetes Data Cell: Turning fragmented data into actionable national policy tools](#)
- [French Hypertension Days: Showcasing JACARDI pilots to clinicians and researchers](#)
- [Diabetes education course supports the Bangladeshi community in Italy's Marche region](#)
- [Work ability literacy in action: how Finnish leaders are strengthening workplace resilience](#)
- [Advancing cardiovascular prevention: regional results from the Italian Health Examination Survey](#)

Event highlights

From pilots to policy: insights from the Irish JACARDI Heart Health Symposium



Together with partners from Spain, Hungary, and across Europe, the Irish symposium highlighted how national initiatives link to European efforts. The event, opened with a welcome from Ireland's Minister for Health, brought together clinicians, researchers, policymakers, and patient representatives. Experiences and progress shared by participants highlighted how national initiatives can connect with European efforts to address cardiovascular disease and diabetes.

[Read article](#)

Upcoming events

- [26th International Conference on Integrated Care \(ICIC26\): 13 - 16 April 2026, Birmingham, UK](#)
- [EDEG 2026 – 60th Annual Meeting of the European Diabetes Epidemiology Group: 9 - 12 May 2026, Sopron, Hungary](#)

Science to policy news

Breastfeeding and the first 1000 days: an overlooked frontier for disease prevention and health promotion in Europe



Guest article

In a guest article from JACARDI's sister Joint Action, JA PreventNCD's experts draw attention to an often overlooked frontier in disease prevention: the first 1000 days of life. The article presents decades of compelling scientific evidence linking breastfeeding to lower risks of obesity, diabetes, and cardiovascular disease later in life, while also highlighting benefits for maternal health. Together, these findings show how early life environments can shape health trajectories for decades, and why stronger support for breastfeeding should be part of Europe's strategy to prevent noncommunicable diseases.

[Read article](#)

Partner highlights

- [International Diabetes Federation Europe: Recommendations for EU-wide cardiometabolic health checks](#)
- [European Heart Network: Young Hearts in Action - Turning Europe's commitment to early CVD prevention into lived reality](#)
- [WHO Europe: Rebooting health promotion: marking 40 years of the Ottawa Charter in the WHO European Region](#)
- [European Diabetes Forum: Explainer video on the EU Safe Hearts Plan and an integral approach to cardiovascular health and diabetes](#)

Synergy news

Discover the new Synergies section on the website



Tackling cardiovascular disease and diabetes requires strong collaboration across countries and initiatives. Synergies help projects share knowledge, align strategies, and amplify their impact. The new Synergies page on the website highlights how JACARDI works alongside its advisory boards and other EU funded initiatives. Visit the page to explore the growing ecosystem of partners working together to reduce the burden of cardiovascular disease and diabetes.

[Visit the synergies page](#)

Strengthening European Health: JACARDI at the JARED Consortium Day

JACARDI showcased how coordinated European action can strengthen prevention and care for cardiovascular disease and diabetes at the JARED Consortium Day.

[Read article](#)

Stay connected with JACARDI

Join us on the Health Policy Platform



Join the JACARDI Stakeholder Network on the Health Policy Platform to stay informed, share insights, and help turn evidence into action. The platform is the European Union's collaborative space where health stakeholders, organisations, interest groups, and European Commission officers engage, exchange knowledge, and shape future health policy together.

[Register](#)

More ways to stay engaged



Thank you for keeping your finger on the JACARDI pulse as local pilots start delivering real results and our collaborative efforts are shaping European policy

for better and more equitable cardiovascular and diabetes care.

Stay connected to explore new insights as they emerge, share key findings, and join the conversation to help turn evidence into impact across Europe.

Website

LinkedIn

YouTube

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