

From the editors

Different challenges, shared mission

This edition brings news straight from the field, showing the many ways JACARDI is turning shared European goals into practical action across countries, communities, and health systems.

We are proud to share these stories from across Europe — and grateful to all partners who continue to make JACARDI's work visible, meaningful, and rooted in real implementation.

Enjoy the read!

New publication:

JACARDI as a proof-of-concept for Europe's Safe Hearts Plan

A new commentary in the [*International Journal of Public Health*](#) explores how JACARDI supports the translation of Europe's Safe Hearts Plan into practical implementation.

Science to policy

The geography of heart health: Why cardiovascular mortality still depends on where you live in Europe



Following the Safe Hearts Plan JACARDI insights

The geography of heart health

*Why cardiovascular mortality still depends
on where you live in Europe*

Cardiovascular disease remains the leading cause of death in the European Union, but the risk is not shared equally. As Borjana Pervan from the World Heart Federation puts it: “The differences across EU member states are neither genetic nor inevitable.”

[Read the article](#)

JACARDI highlights

Workbox for Inclusion: JACARDI helps build workplaces that work for everyone



Workbox for Inclusion

Promote Inclusion, Well-Being,
Health and Workability of
workers with Chronic Diseases

**Be part of the
solution!**



How can workplaces better support health, inclusion and long-term work ability? JACARDI's Workbox for Inclusion offers a free online training

programme for managers, employers, human resources professionals, disability managers and trade union representatives.

[Read the article](#)

Pilot updates

Relearning life after a heart attack: patients shape recovery in Madrid



The AMIGA pilot led by Dr. Héctor Bueno is co-creating a mobile app with patients, clinicians and researchers to support life after a heart attack, turning uncertainty into guidance, and recovery into a shared journey.

[Read the story](#)

Co-creating health literacy actions with migrant communities in Portugal



In Portugal, the NOVA National School of Public Health is working with migrant communities in the Lisbon Metropolitan Area to co-create culturally responsive health literacy actions on cardiovascular disease and diabetes prevention, shaped by community priorities, peer experts and local organisations.

[Read the story](#)



[Making patient experience count: Finland brings patient voices into diabetes care](#)

The University of Eastern Finland is collecting Patient-Reported Outcome Measures to help care teams see beyond clinical indicators by making patient experiences actionable.

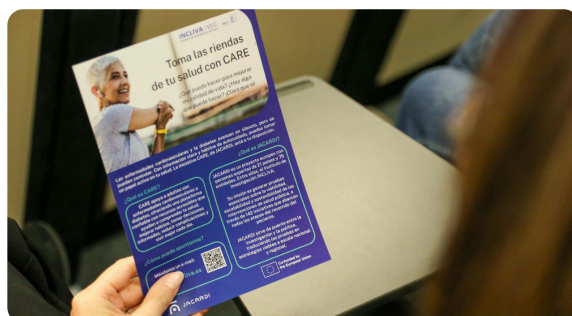


[Basque pilot supports young people to build healthier daily habits](#)

In the Basque Country, Biosistemak is testing how stronger health literacy can help adolescents and young people turn health information into practical choices in daily life.



[Cantabria builds a sustainable health education model for citizens](#)



[JACARDI brings workplace health education to workers and employers in Valencia](#)

INCLIVA is helping bring cardiovascular and diabetes awareness into everyday

Free online courses developed at IDIVAL are helping people living with diabetes and cardiovascular disease build the knowledge and confidence to take a more active role in their care.

working life, with practical online training that supports self-care and more inclusive workplaces.

Explore JACARDI pilots across Europe

Curious to see what JACARDI is doing in your country?



Did you know that our website includes an interactive way to explore JACARDI's 143 pilots across Europe? Visit the "What we do" section, browse our six focus areas, and click on the highlighted countries to see which pilot projects are taking place, what they aim to achieve, and how they support better cardiovascular disease and diabetes prevention and care.

[Explore the pilots](#)

Equity lens

Reframing NCD surveillance for equity-driven health systems

Equity Lens

JACARDI Masterclass Series

Reframing NCD surveillance for equity-driven health systems

Prof. Sarah Cuschieri

Epidemiologist, Associate Professor at the University of Malta



JACARDI

Co-funded by the European Union

Small European states can offer valuable lessons for fairer health monitoring. Drawing on insights from Prof. Sarah Cuschieri, Associate Professor at the University of Malta and JACARDI Advisory Board member, this article explores how countries like Malta can help make hidden inequities visible.

[Read the article](#)

Event highlights

Recent JACARDI events brought partners together to exchange lessons on prevention systems, policy dialogue, scale-up and health literacy.



[Building stronger prevention systems in Ukraine: insights from the Kyiv JACARDI meeting](#)



[Shaping the EU Safe Hearts Plan: JACARDI joins high-level dialogue on regional and local perspectives](#)



[Building the path beyond research: DigiCare4You workshop focuses on scale-up](#)



[Bilbao hosts the second JACARDI meeting on health literacy](#)

Synergies and partner highlights

- [New RESIL-Card tool supports resilient and equitable cardiovascular care across Europe](#)
- [Unmasking the appeal of tobacco and nicotine products: JA PreventNCD and JA-SAFE in conversation on World No Tobacco Day](#)
- [International Diabetes Federation \(IDF\): Empowering the next generation of diabetes advocates: Inside the YLL 2026 Mentors' Weekend in Brussels](#)
- [Open letter on the forthcoming study on ultra-processed foods and the need for comprehensive action on unhealthy diets](#)

Building a coherent European approach to NCD prevention

Three JACARDI deliverables support public health action across Europe

How can public health action become more coordinated, practical, and sustainable across Europe? Three JACARDI deliverables offer part of the answer. Together, they help build a clearer picture of existing practices and gaps, support a shared approach across JACARDI's pilots, and strengthen links with other EU-funded initiatives.

[Read the article](#)

More ways to stay engaged

Thank you for keeping your finger on the JACARDI pulse. Stay connected to explore new insights as they emerge, share key findings, and join the conversation to help turn evidence into impact across Europe.



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