

Workbox for Inclusion: JACARDI helps build workplaces that work for everyone

JACARDI has launched the Workbox for Inclusion, a free, online training programme that helps organisations create more inclusive and health-supportive workplaces. Designed for managers, employers, HR professionals, disability managers and trade union representatives, the Workbox provides practical tools to assess workplace inclusiveness, identify areas for improvement and develop tailored action plans that support employees, including people living with non-communicable diseases such as cardiovascular diseases and diabetes.

Creating working environments that promote health, inclusion and long-term well-being is a key priority for JACARDI. The [Workbox for Inclusion](#) contributes to this goal by offering practical support to organisations, with a particular focus on people living with non-communicable diseases (NCDs).

The programme bridges the gap between policy recommendations and everyday practice, especially in small and medium-sized enterprises, by translating public health principles into clear, actionable steps. The Workbox provides tools to assess workplace inclusiveness and to design tailored action plans. These aim to improve employee well-being, support work ability and foster sustainable inclusion.

By combining evidence-based knowledge with practical guidance, the Workbox strengthens organisational capacity and contributes to healthier and more productive workplaces. With initiatives like this, JACARDI continues to take meaningful steps towards a more equitable society, one that enables, supports and empowers all.

The Workbox was developed by the leadership and co-leadership teams responsible for the Work Package on Labour participation of people living with cardiovascular diseases and diabetes within JACARDI. Its design was led by experts from the [Istituto Neurologico Carlo Besta](#) (Italy), [Poznan University of Medical Sciences](#), and the Department of Health Prevention (Katedra i Zakład Profilaktyki Zdrowotnej), Poland.

Access the [Workbox for Inclusion here](#).

Download the [leaflet here](#).