

JACARDI overview



€66
Million



Istituto Superiore
di Sanità (Italy)



01 Nov 2023
31 Oct 2027



Number of European
Countries: 21



Number
of Partners: 81

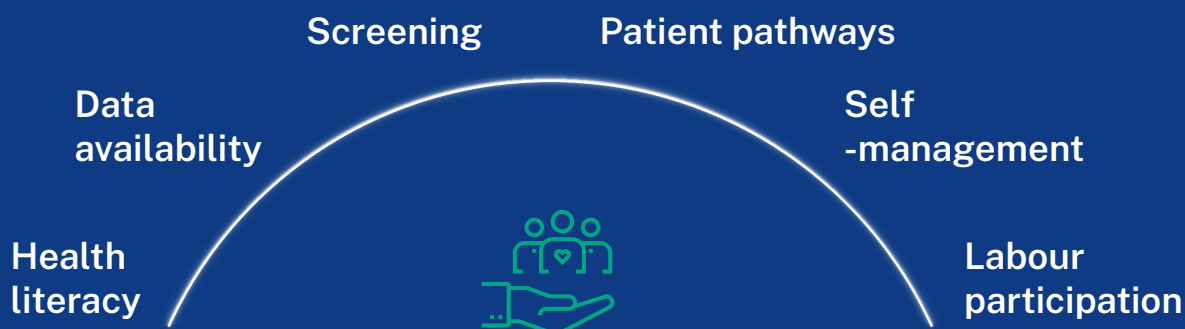


Pilots to be
implemented: 143

The Joint Action on CARdiovascular diseases and DIabetes (JACARDI) is an EU initiative supporting countries in preventing and managing cardiovascular diseases and diabetes.

Through the implementation of **143 pilot projects**, JACARDI fosters collaboration among countries to **develop, test, and evaluate innovative, equitable and sustainable solutions to improve health outcomes across Europe.**

Six focus areas
to cover the entire patient journey



Health Literacy:

The Bridge to Health Equity

Strengthening health literacy consistently improves the three pillars of Non-communicable diseases (NCDs) management: knowledge, attitudes and behaviours. Evidence shows these interventions deliver significant, lasting benefits, making health literacy one of the most effective strategies for preventing and managing NCDs. Specifically, our work focuses on health literacy related to cardiovascular diseases (CVD), diabetes (DM), and the prevention of their associated risk factors. Evidence shows these interventions deliver significant, lasting benefits, making health literacy one of the most effective strategies for preventing and managing NCDs. Specifically, our work focuses on health literacy related to cardiovascular diseases (CVD), diabetes (DM), and the prevention of their associated risk factors.

How JACARDI improves health literacy

- Mapping Institutional Gaps: Identifying policy and budget gaps across Europe regarding CVD, DM, and their specific risk factors.
 - Co-Designing Tailored Solutions: Utilizing the OPHELIA Process to adapt tools across distinct population.
 - Enabling Equitable & Inclusive Access: Overcoming barriers to health resources, with focus on vulnerable and diverse groups.
 - Enhancing System Responsiveness: Training the healthcare workforce to reduce inequalities and move beyond top-down approaches.
-

Work Package Leaders and Co-Leaders



Mounia El Yamani
Senior Expert,
Santé publique France (France)



www.santepubliquefrance.fr/



Ane Fullaondo Zabala
Scientific Director,
Biosistemak Institute for Health
System Research (Basque Country,
Spain)



www.bio-sistemak.eus/en/

Pilots Overview

- Number of pilots: **25**
- Countries involved: **13**

Target population

- Adult/General population
- People with diabetes
- Pregnant women
- People in vulnerable situations, including migrants
- Children and Adolescents

Participating countries



- Croatia
- Czech Republic
- Finland
- France
- Iceland
- Italy
- Lithuania
- Malta
- Poland
- Portugal
- Romania
- Spain
- Ukraine

Changing the System, Empowering the People

JACARDI WP6 focuses on Organizational Health Literacy Responsiveness. We move beyond traditional health education by:

- 1. Mapping Real-World Barriers:** Uncovering operational and structural gaps that specific groups - especially those in vulnerable situations - struggle to navigate healthcare.
- 2. Co-Designing Solutions:** Using the OPHELIA Process to build tools with patients and providers, not just for them.
- 3. Embedding Equity:** Applying and systematically auditing interventions with the JACARDI Equity & Diversity Matrix to ensure all interventions are culturally, linguistically, and socially inclusive.
- 4. Sustaining Systemic Change:** Training the healthcare workforce and engaging community leaders to ensure long-term, sustainable practices.

Our tools in Action

- 1. The Equity Matrix:** A systematic checklist used by 25 pilots to prevent one-size-fits-all failures and reduce health inequalities.
- 2. Capacity Building:** Training healthcare professionals to communicate more effectively and simplify clinical pathways for CVD and DM, thereby enhancing institutional responsiveness.

Key Takeaways

- **From Planning to Action:** We promote the transition from temporary, project-based actions to permanent, sustainable legislative and budgetary commitments across Europe.
- **Grounded Collaboration:** We foster direct synergy between frontline community leaders and national policy-makers to build resilient, health-literate environments.



Co-funded by
the European Union

This project has received funding from the EU4Health Programme 2021-2027 under Grant Agreement 101126953. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Health and Digital Executive Agency (HaDEA). Neither the European Union nor the granting authority can be held responsible for them.